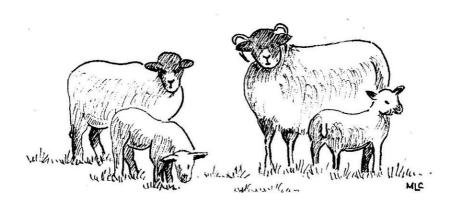
Outlook October 2017



Serving the parishes of

Bedingham Fritton Hardwick Hempnall Morningthorpe Shelton Topcroft Woodton

www.hempnallgroup.co.uk

Hempnall Group Services October 2017

Sunday 1st 16th Sunday after Trinity Green					
Celebrating with the	10.00am	Bedingham Church			
Animals					
Harvest Songs of Praise	5.30pm	Bedingham Church			
Readings: to be arranged					
Sunday 8th 17th Sunday after Trinity Green					
Eucharist (BCP)	8.00am	Morningthorpe Chu	rch		
Eucharist	9.30am	Woodton Church			
Eucharist	9.30am	Hempnall Church			
Eucharist	11.00am	Topcroft Church			
Matins	11.00am	Hardwick Church			
Holy Communion	2.30pm	The Hollies			
Readings: Philippians 3:4b-14, Psalm 42, Matthew 21:33-end					
Sunday 15 th 18 th Sunday after Trinity Green					
Group Iona Communion	10.00am	Hempnall Church			
Service					
(Samaritan's Purse)					
,					
,	ns 4:1-9, Psalm	23, Matthew 22:1-14	ļ		
Readings: Philippia Sunday 22th 19th 9	Sunday after T	rinity	Green		
Readings: Philippia Sunday 22th 19th 5 Eucharist	Sunday after T 9.30am	rinity Woodton Church			
Readings: Philippia Sunday 22th 19th 5 Eucharist Morning Service	Sunday after T 9.30am 9.30am	rinity Woodton Church Hempnall Church			
Readings: Philippia Sunday 22th 19th 5 Eucharist	Sunday after T 9.30am	rinity Woodton Church			
Readings: Philippia Sunday 22th 19th 5 Eucharist Morning Service	Sunday after T 9.30am 9.30am	rinity Woodton Church Hempnall Church			
Readings: Philippia Sunday 22th 19th 5 Eucharist Morning Service Morning Praise	9.30am 9.30am 9.30am 11.00am 11.00am	rinity Woodton Church Hempnall Church Topcroft Church Fritton Church	Green		
Readings: Philippia Sunday 22th 19th S Eucharist Morning Service Morning Praise Matins Readings: 1 Thessaloni	9.30am 9.30am 9.30am 11.00am 11.00am	rinity Woodton Church Hempnall Church Topcroft Church Fritton Church	Green		
Readings: Philippia Sunday 22th 19th S Eucharist Morning Service Morning Praise Matins Readings: 1 Thessaloni	9.30am 9.30am 9.30am 11.00am 11.00am ans 1:1-10, Psa	rinity Woodton Church Hempnall Church Topcroft Church Fritton Church	Green 5-22		
Readings: Philippia Sunday 22th 19th 9 Eucharist Morning Service Morning Praise Matins Readings: 1 Thessaloni Sunday 29th Last	9.30am 9.30am 9.30am 11.00am 11.00am ans 1:1-10, Psa	rinity Woodton Church Hempnall Church Topcroft Church Fritton Church Ilm 91, Mathew 22:15	Green 5-22		
Readings: Philippia Sunday 22th 19th S Eucharist Morning Service Morning Praise Matins Readings: 1 Thessaloni Sunday 29th Last Group Eucharist	9.30am 9.30am 9.30am 11.00am 11.00am ans 1:1-10, Psa	rinity Woodton Church Hempnall Church Topcroft Church Fritton Church Ilm 91, Mathew 22:15	Green 5-22		
Readings: Philippia Sunday 22th 19th S Eucharist Morning Service Morning Praise Matins Readings: 1 Thessaloni Sunday 29th Last Group Eucharist Healing service with	9.30am 9.30am 11.00am 11.00am ans 1:1-10, Psa Sunday after	Woodton Church Hempnall Church Topcroft Church Fritton Church Ilm 91, Mathew 22:15 Frinity Topcroft Church	Green G-22 Green		

Every Thursday at 8.00am there is Holy Communion in Hempnall Church

The Rectory The Street Hemphall Norwich NR15 2AD

Dear Friends,

Don't forget to change your clocks back one hour on 29th October, spring forward, fall back. We have an extra hour's sleep!

On 31st October it is Halloween – hallow means holy, as in the Lord's Prayer and e'en is a shortening for evening – literally All Hallows Eve.

Halloween has its roots in ancient times when the Celts believed the souls of the dead returned to mingle with the living. In order to scare away spirits, people would wear masks and light bonfires. Groups of farmers would go door to door collecting food and materials for a village feast and bonfire. Those who gave were promised prosperity, those who did not received threats of bad luck. An early form of 'trick or treat' which came to the United States in the early 1800's.

Today this is big business for the shops and an opportunity for fancy dress parties.

Wait a minute – Jesus Christ reminds us to be a light in the world to celebrate good rather than evil. We have to remember that some people living by themselves fear this day because they have had tricks played on them. Do not fear Jesus has overcome the powers of evil and darkness by dying on the cross and rising from the dead for each of us.

Enjoy the parties, think of others and don't play nasty tricks.

Michael

Hempnall Church will be celebrating All Soul's Day at 3pm on Sunday 5th November. This is an opportunity to give thanks and remember our loved ones who are no longer with us. We look forward to seeing you.

With love



3

Events for your diary in October



Celebrating with the Animals

at St Andrew's Church, Bedingham

Sunday 1st October at 10.00am

Why not come along and bring your pet!

All are welcome

FOOD BANK

Our next collections will be on 1st October at Bedingham Church and 5th November at Woodton Church. All items donated are very much needed and appreciated. Items can be left in the church office, Monday-Thursday, 9am-1pm.

THE MILL CAFÉ- Hempnall 2nd October and 6th November

10.00am to 2.00pm

for more information contact: Margaret Sparham (Wed and Thurs on 499766 or 499579 at other times)Hempnall Mill Centre, Mill Road, Hempnall. NR15 2LP www.hempnalltrust.org.uk



WOODTON & BEDINGHAM MONDAY CLUB

Next meeting Monday 2nd October at 2pm.

Everyone, ladies and gentlemen, would be most welcome whether you would like to come along to knit, sew, play board games, do puzzles or just come along for a cup of tea and a chat. If you are not able to knit or crochet but would like to try your hand then come along there will always be someone available to offer advice and help.

For further information please contact Pam Mariner on 01508 483796 or Janet Chadwick on 01508 483996

GET TOGETHER AT BASIL AND PAT'S HOME, Church Road, Woodton. **3rd October, 2.30pm,**

Please come, this is a continuation from the 'Get Together at Joyce's house'.

LEARN, PLAY & GROW Children's health & fitness sessions 4th October

Every Wednesday morning 10 - 12 at the Nelson Room Hemphall Village Hall. Ages 0-3 and siblings up to 5 years welcome.

Parents stay and exercise with their children. Perfect family fun! Contact Sheila Hunter 07780557784 Sheila.hunter@learnplaygrow.co.uk

FLU CLINICS

MILLGATES SURGERY HEMPNALL will be holding a Flu Vaccination Clinic at Hempnall Village Hall on the morning of Saturday 7th October 8am – 12 noon

and Poringland Surgery on 14th October 8am - 12

If you are eligible and registered at the practice please phone 499333 or 492929 for an appointment or to make enquiries.

CHURCH WALKS



Our next Church Walk will be on **Sunday 8th October**, meeting at 2.30pm at Bedingham Church – contact: Elisabeth Garrood 482360. Refreshments will be available after the walk.



at Hempnall Church Wednesday 11th October 2pm-3pm Games, Snacks, Story, Crafts come and join us for lots of fun!! ALL WELCOME

WOODTON AND BEDINGHAM LADIES TOGETHER

Next meeting **Wednesday 11th October** at 7.30pm in Woodton Village Hall. The Speaker this month will be Diana Rannick from Opus Alpacas. Visitors are always welcome.

For further information please contact Tricia Gunson on: 01508 482543.

WEA Hempnall Branch

Autumn Course - DATES CHANGED

Russia in Revolution: the USSR and After (David Prynn)

Now starts Wed 11th October, 2.30pm in the Nelson Room at Hempnall Village Hall.

A seven-week course assesses the period from Lenin to Putin. How did the USSR survive economic, political and cultural isolation? What led to its collapse and what has happened since?

There will be seven weekly sessions (no meeting during the schools' half-term, 25th October). Course fee is £55.00 (fee waived for those on benefits).

Apologies for the unavoidable change, but please enrol on-line at www.wea.org.uk or by telephone at 0300 303 3464 (office hours), or for more information call Gill on 01508 499495.

Hempnall Branch AGM is also postponed until Wednesday **11th October** at 4.45pm in the Nelson Room at Hempnall Village Hall.

The Workers' Educational Association is a charity registered in England and Wales (number 1112775) and in Scotland (number SCO39239) and a company limited by guarantee registered in England and Wales (number 2806910). Registered office: 4 Luke St, London EC2A.

AN EVENING WITH DAVID CLAYTON: former station Manager for Radio Norfolk and renowned for his part in "Treasure Quest." David will be giving a talk on his "Journey through The Radio" on **Friday 13th October** in Woodton Village Hall. 7.30pm for 8pm start. Admission £7.50 including light refreshments. Tickets available from Jane 01508 518007 or Christine 482276. Proceeds to Woodton Playing field.



TOPCROFT PHOTOGRAPHIC COMPETITION: This year's competition will be held on **Saturday 14**th **October 2017** at Topcroft Church, to raise funds for the church: **Categories** this year will be:

1. Wildlife, 2. Dawn or Dusk, 3. Landscape, 4. Transport.

You may enter up to four photographs per category. Entry fee 50pence per photograph. Photographs should be no larger than 12" x 8" (A4) and be in a simple mount. No professional photographers please. Entries must not have been offered for sale or have won other competitions.

Entries should be taken **to Topcroft Church** on **Saturday 7**th **Oct** from 10am-11am or from 2pm-3pm.

Judging will take place in the morning of the Saturday 14th October and the church will be open for viewing from 2.30pm. Our judge this year is Robert Taylor who has kindly agreed to comment on the entries. Any enquiries please phone David and Margaret Ferre - 01508 482562.

PERSONAL DEVELOPMENT COURSES at The Mill Centre, Hemphall

At a crossroads in your life? Want to make changes, asking yourself what's the next step? Personal development courses & life mapping with Hilary Thomson of 'The Ministry of Imagination'.

Regular one day courses in South Norfolk, throughout the year. **Next Course October 15th**, 9.30 - 5.30. To Book contact Hilary or please phone Hilary for a chat to find out if this course would be right for you? Tel: 01508 498853.Text: 07779 484330 www.ministryofimagination.co.uk

HOME GROUPS

These are held at the home of David and Kate Daynes, Willow House, Bungay Road, Hempnall at 8.00pm.

Our Home Groups in October will be **Friday 20**th **October** when we will look at Gideon. **Monday 30**th **October**, we will look at Samson.

DROP IN

Hempnall Church, Wednesday 25th October, 2pm - 3pm

A time to sit and chat over refreshments. Everyone welcome. Children's corner. Feel free to bring your knitting / sewing.

For more information contact: Jackie Cook 01362 288195

HEMPNALL CINEMA CLUB

The next film in November (date to be announced) will be the remake hilarious film comedy of "Whisky Galore" Tickets are still only £5, including refreshments, from Ned Potts on 01508 499741 available next month.



TOPCROFT SOCIAL CLUB QUIZ NIGHTS is moving to Saturday Evenings For the winter period 7.30 for 8 p.m. start. Max 6 per team.

Pre Christmas Dates Sept 30th, Oct 14th AND 28TH Nov 11th and 25th Dec For further information please ring Christine on 01508 482268.

LONG STRATTON MEDICAL PRACTICE

FLU CLINICS - If you are eligible for a flu vaccination please speak to our reception team and book into one of our clinics – Thursday 12th October – all day - at Newton Flotman Surgery, and Saturday 14th October – morning only - at Long Stratton Surgery.



OPERATION CHRISTMAS CHILD

It's shoebox season once again! Last year 882,647 boxes were sent from the UK to children all over the world who are living in poverty. Thanks to you all, 200 were from our group of parishes. Each shoebox impacts the life of one child in a very special way as

I hope this true short story illustrates.

In Zambia the children began the countdown 3-2-1 one lady carrying her two year old daughter Patricia excitedly took her box and they opened it together. It soon became clear that the little girl was blind but many of the little gifts inside were perfect for her, a whistle, a cuddly toy that squeaked and a little red tambourine. Everyone could see that this shoebox was meant just for Patricia. Her mother's gratitude and the little girls smile showed just how precious these simple gifts were.

If you would like to get involved please read the leaflet enclosed, it explains just what to do. Things do not have to be new, just in good condition, so it's an ideal time to have a sort out of things your children no longer want. If you don't have your own shoebox you can find some in the back of the churches or collect one from Hempnall Rectory. You will also find a sheet with lots of ideas of things to pack. As you will see from the leaflet the suggested donation has increased this year, but please just donate what you are able to. If you are unable to do a whole box, but have items that would be suitable please drop them off at The Rectory. The completed boxes can be dropped off at Hempnall Rectory or Minnie's shop in Woodton and the deadline is **November 11th**.

Any queries please contact the Rectory 01508 498157 or Claire on 01508 482447

Thank you all for your support. Happy packing!

Future Events For Your Diary



The Hempnall Group of Parishes

COMMEMORATION SERVICE



Remembering our loved ones who have died

Hempnall Church Sunday 5th November at 3pm

Each year we hold a special service to remember and give thanks for those who have died. We warmly invite you, your family and friends to this year's Commemoration Service. You will be very welcome to stay for tea after the service.

If you would like further information please contact: Revd Michael Kingston 01508 498157 or Revd Liz Billett 01508 482366



HEMPNALL CHURCH CHRISTMAS CRAFT FAIR AT HEMPNALL VILLAGE HALL- in aid of St. Margarets Church Hempnall Saturday 11th November, 10.00am-1.00pm

Over 25 stalls! Various gifts of Christmas: furniture, cards, bags, patchwork, jewellery, wood turning, crafts, candles, etc. etc. Refreshments and Raffle. Free entry. For further information

please contact Claire Key 01508 499342.

TOPCROFT PARISH COUNCIL MEETING

to be held at Topcroft Pavilion on: Monday 13th November 2017 - 7.30pm For further details please contact the Clerk:

Tel. 01379 855486 or email: topcroftpc@gmail.com

Website: topcroftpc.norfolkparishes.gov.uk

All Parishioners are welcome

WOODTON CHURCH IS HAVING A CHRISTMAS FAIR on Saturday 9th December from 2 to 3.30 pm at Woodton Village Hall. Father Christmas will be arriving at 2.15 pm with a free gift for all children. There will be raffles, including one for children, a cake stall and games for the children and seasonal refreshments. All welcome.

HARDWICK & SHELTON

Our popular **Christmas Dinner** will be held in the Village Hall, Hardwick on **Saturday 16**th **December.**

Tickets available from Christopher Perry-Yates at the Post Office in the Village Hall on Saturday mornings or telephone (01508) 535128.



WOODTON VILLAGE HALL BREAKFAST CLUB

Two very successful Breakfast Club events have been held to help raise funds for Woodton Village Hall over the summer. Thanks to all from within the village and those from further afield who have supported both events and it has been a

pleasure to welcome people of all ages who have enjoyed an excellent breakfast, a chance to catch up or read the Sunday papers. Our next Breakfast Club will be a **Christmas special on Sunday 17**th **December** from 9.00 – 11.00 am. Please call Mandy to reserve your table 07772 767116 or speak to M Barrie at Woodton Village Stores.

POSADA

We will be having Posada again this year!

POSADA - MAKING ROOM FOR JESUS THIS CHRISTMAS in

Hempnall, Woodton, Bedingham, Shelton and Hardwick

What is Posada?



Posada is an old Mexican Tradition where young people dressed as Mary and Joseph travelled from house to house in their village asking for a room for the night, telling of the imminent arrival of Jesus. On Christmas Eve they would visit the local church to tell the Christmas story and place the figures of Mary and Joseph in the crib.

This year

for our Posada we are using nativity figures made by the children of our schools who will travel from place to place on their way to church on Christmas Eve. Would you be willing to give the (unbreakable) crib figures of Mary and Joseph a home for one night giving them somewhere nice to stay and then pass them on to the next home where they will stay?

All you need to do is ring Michael 01508 498157 or Liz 01508 482366 by **Friday November 3rd**. We will let you know the day Mary and Joseph will come to stay and where to take them for the next night.

Thank YOU

KATH, IAN AND KAREN would like to thank everyone for all the kind messages and cards of sympathy for the sad loss of Arthur.

We were overwhelmed at the wonderful turn out for Arthur's funeral and the love and support we have received has helped us all at this sad time. Thank you to everyone.

Thank you

HEMPNALL CHURCH ROOF FUND APPEAL

Anyone visiting or passing St Margaret's Church recently will have seen that the roof is fixed.

The total cost of roof and associated internal repairs and alarm installation was just under £40,000.

Hemphall PCC is pleased to announce the near completion of the fund-raising efforts with a summary of sources:

- £11,805 insurance claim
- £10,042 in grants from Geoffrey Watling Charity, All Churches Trust, Norfolk Churches Trust and the Listed Places of Worship Scheme
- £7,700 from the Hempnall Church Estate Charity
- £6,860 of donations
- £3,450 from fund-raising events.

A massive thank you to all who have contributed time and money and who supported our many fund-raising events (Craft Fair, Carol Singing, Cheese and Wine, Quiz and Chips, Book Sales, Villages Quiz, Easter Egg Hunt, Coffee Morning and Progressive Supper).

David & Claire Key, Sophie Spaul and the Hempnall PCC

TWAM – Tools With A Mission – This August Keith Lain and Michael Kingston took a trailer load of tools to the Ipswich depot. They were enthusiastically received by the staff who gave us a new understanding of what they will receive. Garden tools in whatever condition, computer screens, computer keyboards, power tools of any description, small electric lawnmowers and sewing machines. Michael and Keith had a tour around the warehouse on this visit. We will be collecting in the Spring for our next delivery in Summer 2018. Please bring your goods for TWAM to Keith tel no 01508 470620. Thank you for your support.



NEED EXTRA OUTDOOR SPACE? to grow vegetables and flowers OR simply to sit and enjoy the countryside.

Town Estate Property Charity – Allotments for rent ONLY £5.00 per year. We currently have allotments for rent on the Mill Road site in Hempnall. Anybody interested should contact Jackie Jackson 01508 499061 jackson.jc@btinternet.com

To book Hempnall Mill Centre please tel/fax Jackie Jackson 01508 499061 e-mail info@hempnallmillcentre.co.uk website: www.hempnallmillcentre.co.uk

Did you know? You can now find information on **The Hempnall Trust** – www.hempnalltrust.org

FRAMINGHAM EARL SINGERS

We had a Hemphall Group choir for many years and Ken Hytch was the last conductor. When the choir disbanded several members joined the Framingham Earl Singers and Ken became their conductor. Now he is about to retire hence this message from the F.E. Singers.

We need to replace our valued Musical Director and Accompanist who will both retire at the end of this year. Our MD has been very ambitious for our 50 member community choir. We have benefited by singing a wide range of music and enjoyed the exciting experience of working with an orchestra at one of our concerts each year.

We are looking for 2 people who are able to offer continued progress with this enthusiastic and happy choir from a firm foundation laid by our MD.

Please ask for details from:-

Amanda Lockett e-mail <u>amandalockett@btinternet.com</u>

Mob: 07775777404

Melanie Belmont e-mail <u>jimbelmont@outlook.com</u>

Tel: 01603 622199

Please look on our website <u>www.framinghamearlsingers.co.uk</u> for further details of our choir - we look forward to hearing from you.

HEMPNALL VILLAGE HALL TOTE WINNERS August 2017

£40 P. Arnold £30 E. Wood £20 M. Moore £15 S. Fox £10 B. Santander The Tote will be finishing at the end of December

BEDINGHAM VILLAGE TOTE – Latest Winners

No. 3 L Trudgill No. 58. Mick and Carol. No. 8. J Watts No.6 L Searle

Happy Birthday to:

Children

- * Thomas Brooke who will be 6 on the 1st
- * Rosanna Brooke who will be 6 on the 1st
- * Evie Hanner who will be 4 on the 17th
- * Oscar Wood who will be 11 on the 27th
- * Emily Pretty who will be 10 on the 30th

Teenage

- * George Burrough who will be 17 on the 12th
- * Max Warde-Aldham who will be 16 on the 13th
- * Louise Starling who will be 15 on the 15th



From the Registers Baptisms

2nd Sept Ellis Edward Hall at Woodton Church

Weddings

9th Sept Peter Schaay and Elizabeth Banham at Topcroft Church 16th Sept Stuart Eastell and Nicola Green at Topcroft church

Funerals

18th Aug Arthur Wilby aged 83 at Woodton Church 6th Sept Carol Coppin aged 69 at Morningthorpe Church

Ann Magdalene Travers (nee Barham)

Died peacefully following a stroke at Yaxley House Care Home on 19th August 2017, aged 73 years, after 5 years of suffering with Alzheimer's disease. Some may remember her helping at Hardwick coffee mornings in the village hall, reading to children at Shelton School, or from dog walks in Tyrells Wood.

It is with sadness that we announce the death of Conal Mahony, former Rector of the Hempnall Group of Churches.

His funeral will be held in Hempnall Church on Wednesday

4th October at 12 noon

CHURCH DIARY October 2017

			1
Wed 4 th	12 noon	Funeral of The Revd Conal	Hempnall Church
		Mahony	
	7.30pm	Treasurer's Meeting	Topcroft Lodge
Sun 8 th	2.30pm	Bedingham Church Walk	Meet at
			Bedingham Church
Tues 10 th	9.30am	Hempnall School Harvest	Hempnall Church
		Festival	
Wed 11 th	2.00pm	The Ark Toddler Group	Hempnall Church
	7.15pm	Deanery Synod	Saxlingham
			Nethergate Church
Thurs 12 th	12.30pm-	Lay Deacons and Intercessors	Quiet Waters
	4.00pm	Day	
Tues 17 th	9.00am	Shelton School Harvest	Shelton Church
		Festival	
Fri 20 th	8.00pm	Home Group at The Daynes'	Willow House
Thurs 26 th	7.00pm	Quiet Prayer	Hempnall Church
Mon 30 th	8.00pm	Home Group at The Daynes'	Willow House

Every Tuesday at 5.00pm Evening Prayer at The Flat Woodton Every Wednesday at 5.00pm Evening Prayer at Hempnall Rectory Every Thursday at 8.00am Eucharist at Hempnall Church

CLERGY: Team Rector Michael Kingston 01508 498157
Team Vicar Liz Billett 01508 482366
Reader Jackie Cook 01362 288195
Group Office (Mon-Thurs 9.00am-1.00pm) 01508 498157



ALL PHONE NUMBERS BEGIN WITH 01508 UNLESS STATED OTHERWISE

ALINE TURNER ACA - bookkeeping, accounts, tax returns, payroll Call 550403 or 07785 528069
AM FLOORING – Flooring installation service in and around Norwich amflooring@live.co.uk 07939 417342
APPLE JUICING SERVICE. Norfolk Scrumpers press, pasteurise, and bottle your apples. 820103
ARCHITECTURAL SERVICES Call Mark Woods for advice and free quotation 498805
ARKSCAPE LANDSCAPE & GARDENING SERVICES Free quotes no job too small 470482
ART WATERCOLOURS FOR BEGINNERS / IMPROVERS from JAN 2018 gill@gilly-marklew.co.uk 499070
BED & BREAKFAST at George's House, Woodton e-mail: julietpeter@googlemail.com Call Juliet 482214
CARPENTER Mark Whitbread Free quotations. No job too small 532605
CARPET AND UPHOLSTERY CLEANING Local reasonable rates David 01379 608529 or 07768757308
CARRY ALL Supplies of quality aggregates, to trade & public free delivery no VAT 536182 or 07850402845
CHIROPODIST/PODIATRIST Samantha McCluskey14 yrs NHS experience HCPC registered 07905 724408
CHRIS CLARKE OIL BOILER SERVICES, servicing & breakdown repairs 07912146619 & 536573
CUNNINGHAM GARAGE A range of services for all motoring needs, cars and commercials 499232
CURTAIN MAKER – Bespoke hand made curtains, own fabric made into quality curtains 07848 463344
DAVID HEWETT FRICS Chartered Building Surveyor CAD drawings & surveying services 499761
ELECTRICIAN Bob Turner – Domestic and Commercial Electrical Contractor 07899794813
FEET – Corns, calluses, nail cutting and more, treated in your home Wendy 01379 676872
GARAGES TO LET. Long Stratton area, Secure, dry, insulated, power. Call Paul 07803 927303
GREENDALE GARDENING SERVICES Grass & Hedge Cutting, Fencing Andy 07802702602 / 531168
HEMPNALL HOME CARE SERVICES: personal care and support in your home Contact Karen 07538 936249
HEMPNALL LAWNMOWER CENTRE Brick Kiln Lane Morningthorpe www.mowdirect.co.uk 473700
HEMPNALL PARISH COUNCIL website address: www.hempnallpc.org
LOCAL SKILLED HANDYMAN AVAILABLE only £12 per hour Call Mike 07534694673 or 494547
NORFOLK WOODBURNERS, Hempnall. Suppliers and Hetas installers. 498393
OSTEOPATH, Cranial-accidents, back, headache. 01953 789629 e-mail acorns.aylsham.clinical@gmail.com
OIL, GAS HEATING AND PLUMBING SERVICES – Alan Bell 07710 515775 or 532393
OLD HALL FARM SHOP, Norwich Road, Woodton for the best Raw Milk in Norfolk 07900 814252
PAINTER & DECORATOR Graham Bull over 25 years experience <u>grahambull071@btinternet.com</u> 482409
PAUL CLARRY PLUMBING & HEATING for all your requirements 07887485676 / 550519
PAWS 4 TRAINING – Puppy, Obedience, Agility Training and Training Worksho 499026 / 07709 539903
PETER MATTHEWSON PLANT HIRE Drainage & Groundworks. Please call for info 482655 / 07850722094
PIANO LESSONS Bedingham. All ages welcome. Marian 482746

PLUMBER: David Millward. Over 30 years' experience all plur	mbing work 07763 359313 / 498005			
PLUMBING, HEATING, BATHROOMS and More. Here to help with every 'Chore'. Alan 499689/07973967570				
RACKHAMS BUILDING SUPPLIES Glass & keys cut, paint m	ixed, all building requirements 01379 853885			
RETRACE ANTIQUES We buy good quality antique, vintage 8	% unusual items 01379 608549.			
R.B. COPPING FUNERAL SERVICES, PORINGLAND	494434			
ROSEDALE FUNERAL HOME Beccles & Bungay, a family bu	usiness 01986 892790/ 01502 714445			
SAFE & SOUND HYGIENE AND PEST CONTROL + garden	maintenance 01379 788865 / 07809226109			
SMALL LICENSED BOARDING CATTERY Established 1987	Reasonable rates 530580			
STRATTON CABS Competitive rates, Airports a speciality Freephone 0800 2800430, 532452 / 01379674791				
S.W. CONTRACTORS Groundwork, Gardens, Fences, Patios	s & Hedge Trimming 495528			
TREE SURGEON NTPC qualified. Alan Bell	Call 532393 or 07710 515775			
VETERINARY SERVICES IN YOUR OWN HOME. Less Stres	s for your pet - Let Rosie come to you. 498718			
WHERRY VETERINARY GROUP Surgeries at Hempnall and	Bungay 01986 892771			
WILLS / ESTATE planning, accredited by Trading Standards,	Rick Mantin 01603 765337 07789 194430			
WINDOW WONDERLAND: window cleaning services contact	Sam Raynes 482679 or 07975579292			
WWW.MOUSE-COMPUTING.CO.UK For all your computer	r problems and advice Mike 07813 026580			

If you would like to advertise on the back pages of our magazine or would like to know more please contact Hempnall Group Office on 01508 498157, Monday-Thursday 9.00am-1.00pm.

Copy for the November issue of Outlook should be delivered/posted to:
Group Office, The Rectory, The Street, Hempnall, NR15 2AD before 15th October

or e-mail: hempnallgroup.office@btinternet.com