

# *Outlook*

## *July/August 2019*



**Serving the parishes of  
Bedingham Fritton Hardwick Hempnall  
Morningthorpe Shelton Topcroft Woodton**

[www.hempnallgroup.co.uk](http://www.hempnallgroup.co.uk)

## Hempnall Group Services July 2019

<b>Sunday 7th</b>		<b>Trinity 3</b>		<b>Green</b>
*Group Service – Torch Trust	10.00am	Topcroft Church		
Holy Communion	2.30pm	The Hollies		
Family Praise	4.00pm	Hempnall Church		
<i>Readings: Isaiah 66:10-14, Galatians 6:1-16, Luke 10:1-11, 16-20</i>				
<b>Sunday 14th</b>		<b>Trinity 4</b>		<b>Green</b>
Eucharist (BCP)	8.00am	Fritton Church		
Eucharist	9.30am	Hempnall Church		
Eucharist	11.00am	Topcroft Church		
Morning Prayer	11.00am	Shelton Church		
<i>Readings: Deuteronomy 30:9-14, Colossians 1:1-14, Luke 10:25-37</i>				
<b>Sunday 21st</b>		<b>Trinity 5</b>		<b>Green</b>
Eucharist	9.30am	Bedingham Church		
Morning Service	9.30am	Hempnall Church		
Eucharist Patronal Festival	11.00am	Hardwick Church		
<i>Readings: Genesis 18:1-10a, Colossians 1:15-28, Luke 10:38-42</i>				
<b>Sunday 28th</b>		<b>Trinity 6</b>		<b>Green</b>
Group Service – Leprosy Mission	10.00am	Woodton Church		
<i>Readings: Genesis 18:20-32, Colossians 2:6-19, Luke 11:1-13</i>				

\* if you are visually impaired, or have a friend who is, please come along to the service on **7<sup>th</sup> July at Topcroft Church** to hear more about the TORCH TRUST and how they could help you.

## August 2019

<b>Sunday 4th</b>		<b>Lammastide</b>		<b>Green</b>
Lammastide Open Air Service	11.00am	The Cooper's field – adjacent to Fritton Church		
Holy Communion	2.30pm	The Hollies		
Family Praise	4.00pm	Hempnall Church		
<i>Readings: to be arranged</i>				

<b>Sunday 11th</b>	<b>Trinity 8</b>	<b>Green</b>
Eucharist (BCP)	8.00am	Morningthorpe Church
Eucharist	9.30am	Hempnall Church
Eucharist	11.00am	Topcroft Church
Matins	11.00am	Hardwick Church
<i>Readings: Genesis 15:1-6, Hebrews 11:1-3, 8-16, Luke 12:32-40</i>		
<b>Sunday 18th</b>	<b>Trinity 9</b>	<b>Green</b>
Eucharist	9.30am	Bedingham Church
Morning Service	9.30am	Hempnall Church
Eucharist Patronal Festival	11.00am	Shelton Church
<i>Readings: Jeremiah 23:23-29, Hebrews 11:29-Ch12:2, Luke 12:49-56</i>		
<b>Sunday 25th</b>	<b>Trinity 10</b>	<b>Green</b>
Eucharist	9.30am	Hempnall Church
Eucharist	9.30am	Woodton Church
Morning Praise	11.00am	Topcroft Church
Matins BCP	11.00am	Fritton Church
<i>Readings: Isaiah 58:9b-14, Hebrews 12:18-29, Luke 13:10-17</i>		

Every Thursday at 8.00am there is Holy Communion in Hempnall Church



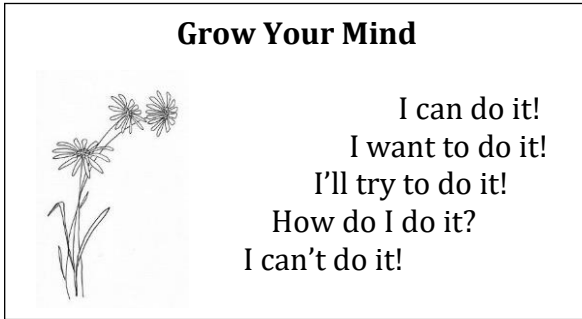
**JULY FAMILY PRAISE**  
**Summer Garden Party**  
**Sunday 7th July**  
 4-5pm Hempnall Church gardens  
 Strawberries and cream. Glass of bubbly.  
 Water games. Fairground games.  
 All very welcome. All free.





Dear Friends,

I was looking at a display in Woodton School, here it is:



This caught my eye as I had been struggling, to produce axiometrical drawings, that is, making things look three D, for a course I have been doing for the past year. I started off with, "I just can't do it", then got so frustrated after trying again and again, and it still didn't turn out right. I nearly gave up. Then I saw this display, it made me "want to do it" and I'm very nearly there. Perhaps by the time you read this I will be able to say, "I can do it!"

Learning can become harder as we get older and the fear of getting it wrong or failing looms large; so much so that sometimes we never start. As I struggled with my drawing I was reminded of Thomas Eddison, inventor of many things, including the light bulb. In the process of his inventions he "failed" many times. He said however, "I have not failed; I've just found 10,000 ways that didn't work". He didn't give up, and neither will I.

It's always worth trying.

"All things are difficult before they are easy", said Thomas Fuller.

With love,



# Events for your diary July & August

## WOODTON & BEDINGHAM MONDAY CLUB

The next 2 meetings of the Monday Club will be **on Monday 1st July and Monday 5th August at 2 p.m.** in Woodton Village Hall. Everyone is most welcome, do come and join us for a pleasant social afternoon.

For further information please contact Pam Mariner on 01508 483796 or Janet Chadwick on 01508 483996

## THE MILL CAFÉ, Hempnall COFFEE & LUNCH

**Dates for your diaries - 1<sup>st</sup> July 5<sup>th</sup> August & 2<sup>nd</sup> September - from 10am – 2pm**

**Lunch begins at 12 midday** Please join us. All welcome!

For more information please contact: Margaret Sparham (Wed and Thurs on 499766 or 499579 at other times)

Hempnall Mill Centre, Mill Road, Hempnall. NR15 2LP

[www.hempnalltrust.org](http://www.hempnalltrust.org) Registered Charity No. 1074433

## HEMPNALL MILL CENTRE – LUNCHEON CLUB

Wednesday and Thursday 10am-2pm **from £5.50**

morning tea or coffee served on arrival from 11am

a two course lunch served at 12 noon, pick up travel can be arranged - for more information: Margaret Sparham (as above).



## COFFEE MORNING July 3<sup>rd</sup> at East View, Hempnall Road

You are warmly invited to a Coffee Morning 10.30am to 12 noon at the Butlers. Come and have a chat and a delicious slice of cake! There will also be a raffle. Proceeds to Woodton Church.

## HEMPNALL W.I.

The next meeting will be on **Wednesday 3<sup>rd</sup> July** at Hempnall Mill Centre when we will hear of **“The beginnings of Sandringham W.I. with Queen Mary in 1919”**, with Maureen Rispin the speaker in costume. Why not come and enjoy?

**On 1<sup>st</sup> August members meet for a Summer Barbecue Event.**

We also hope to visit the Southwold Summer theatre for one of the productions.

New members or visitors are welcome and if you wish to have information about our friendly group please contact Sue Eagle secretary 499559.

*(Please See Page 9 for news of Celebrating Norfolk Day)*

## HARDWICK AND SHELTON CAFE MORNING

**Thursday 4th July. 10.30-12.**

Hardwick Village Hall - All very welcome

**A MEDLEY CONCERT** for a Summer's evening at Bedingham Church, NR35 2DD

**Saturday 6<sup>th</sup> July at 7.30pm**

**With Framingham Earl Singers**

Come and enjoy an evening of music with us

Tickets £10 to include refreshments

Tickets are available from choir members or Church Office

– 01508 498157



**NGS OPEN GARDEN**, The Firs, Church Road, Woodton NR35 2NB

Beautiful garden opening **for charity** for the first time on the **6<sup>th</sup> and 7<sup>th</sup> July**

between 11.00 to 17.30. Homemade refreshments and parking available.

Plants for sale. Adults £4, Children Free. Shirley and Alan would welcome

your support. [www.ngs.org.uk](http://www.ngs.org.uk) for more details.

**CAR BOOT SALE** on **Saturday 6<sup>th</sup> July Woodton Playing Field** beside the Primary School on B1332 NR35 2NB.

Gates open at 9.a.m. Stall holders from 8.a.m. £5.00 per pitch Refreshments available. Tea/Coffee and bacon rolls.

Contact numbers 01508 482276 or 518007. Proceeds to Woodton Playing Field.

### **FOOD BANK**

Once again so many people continue to be generous and thoughtful for those who have so little. Maybe as the time for holidays is approaching, the need might also grow as regular donors go on holiday.

We have had contact from the Food Bank, which is quite concerning, as follows: *“Due to present levels of need we are currently distributing nearly 1 tonne of food per week but only receiving 1.5 tonnes a month. This has left our warehouse considerably low on stock .So instead of holding on average 11 tons of food this has dropped to 4 and a half tons. Which means unless donations increase dramatically over the next 6 to 8 weeks we will have run out of food by the end of August.*

*So we really need to ask all our donors to be as generous as they possibly can be, to help us through this unprecedented crisis.”*

These are the items most needed: Fruit juice, pasta sauce, tinned tomatoes, microwaveable desserts/puddings, tinned fish, instant noodles, instant rice, tinned vegetables, and rice pudding.

Our next collections are **Sunday 7<sup>th</sup> July at Topcroft Church** and **28<sup>th</sup> July at Woodton Church** – or any items can be left at Hempnall Rectory, Mon-Thurs, 9am-1pm. Thank you to everyone for your continued support.

## HEMPNALL PRIMARY SCHOOL SUMMER FETE



**Hempnall Primary School Playing Field**

**Sunday 7th July 2019 12 noon - 3pm**

BBQ, Bar, Puffing Billy Road Train, Football Game, Egg Toss, Stocks, Traditional Games, Tombola, Raffle

If you would like to have a stall at the fete, please contact Laura Johnson on 01508 499536 or email [ljojohns@gmail.com](mailto:ljojohns@gmail.com)

**LAZY LUNCH** - Come and join us for a Ploughman's lunch in the garden at The Chequers, Mill Road, Hempnall on **Wednesday 10<sup>th</sup> July at 12 noon.**

There will be a raffle and a tombola  
Tickets £8.00 from Joy Allen 498236 or Jill Turner 499344



**THE ARK Toddler Group  
at Hempnall Church**

**Wednesday 10<sup>th</sup> July 2pm-3pm**

for pre-school children, up to 4 years - Games,  
Snacks, Story, Crafts.

**ALL WELCOME - Contact: Jackie 01362 288195**

**PLEASE NOTE: THERE WILL BE NO ARK MEETING IN AUGUST the next meeting will be on Wednesday 11<sup>th</sup> September at 2.00pm**

### **WOODTON & BEDINGHAM LADIES TOGETHER**

Our next meeting will be on the **Wednesday 10th July** and our speaker will be Stacey Addison from EACH talking about the work of the Nook. Visitors and new members are always welcome at our monthly meetings which are held in

Woodton Village Hall on the second Wednesday of each month at 7.30 p.m.  
For further information please contact Tricia Gunson on: 01508 482543.  
Our meeting on the **14th August** will be the usual summer garden meeting.

**CHARITY FAMILY FUN DAY on Topcroft Sportsfield on Sunday July 14th** from 1.00 - 4.00pm. BBQ, bar, ice cream stalls games and raffle.

This event is planned and organised by the children in local Home Education group, this year they have chosen "Over the Rainbow" a local charity that supports parents of severely disabled/ill children. Come along and support this excellent cause!!

### **SOUL AND MOTOWN NIGHT**

**Friday 19<sup>th</sup> July, 8.00pm-12.00pm at Topcroft Social Club**

All music played from vinyl – 3 DJ's. Raffle. £5 on the door.

### **WOODTON VILLAGE HALL BREAKFAST CLUB**

Join us for a delicious breakfast with a choice of locally sourced bacon, sausages and eggs plus freshly brewed coffee/tea. Enjoy the Sunday papers, chat with your friends and family and meet other people from Woodton and the surrounding area. On **Sunday 21st July** 9:00am – 11:00am

Book early to reserve your table, call Mandy 07772 767116  
(Breakfast Club is a Fundraiser for the Village Hall).



**JULY WALK - Sunday 21<sup>st</sup> July** A gentle stroll along part of the Rivers Chet and Yare. Please meet at **Hardley Staithe** at 2pm where there is room to park. Tea and cake will be provided after the walk in Topcroft. For further information please contact

David or Margaret on 482562.

**GIN TASTING EVENING** with Janet Peachey of Peachey's Spirits

**Wednesday 24th July at 7.30pm at Topcroft Pavilion**

A great evening for all gin drinkers!

Janet will tell us about how she developed her very successful business and bring some of her wonderful gins for us to taste.

There will also be nibbles to enjoy with your gin.

Tickets £5 each - Please telephone Nicola for tickets or information on 01508 482267 or email [nicolapaints@yahoo.com](mailto:nicolapaints@yahoo.com)

**DITCHINGHAM HALL GARDEN NR35 2JX open Sunday 21 Jul 2 - 5 pm** in aid of Musical Keys charity. Entry £5 children under 16 free. Refreshments and stalls. Do come along to see this wonderful private garden.



**NORFOLK DAY Saturday 27<sup>th</sup> JULY 2019 Hempnall WI** is opening two gardens and inviting people for tea, coffee and Norfolk Cakes for a donation per person. We are supporting Norfolk Admiral Nurses, who provide wonderful support for people who have Dementia, and their Carers. Look out for the bright yellow and black bunting and posters, to tell you times and venues, and celebrate the fact that Norfolk is a wonderful place to live. There will be special Norfolk recipes for cakes, eg 'Norfolk Vinegar Cake', 'Norfolk Honey Cake' and 'Norfolk Shortcake'. You can also try the 'Yarmouth Straws'. So, take a bit of time out on **Saturday July 27<sup>th</sup>**, and come, relax and have a 'good old mardle' with your friends, and enjoy lovely Norfolk refreshments. No need to book, just turn up. Venues: 10am – 12noon at Kate Daynes', Willow House, Bungay Road, NR15 2NG  
2pm – 4pm at Anne Pinder's, Stone Cottage, Fairstead Lane, NR15 2NF

**FITMIX CLASS-** a fun combination of aerobics, salsa, boxing, hiit and toning tracks to music- suitable for all ages and fitness levels (optional weigh in) Mondays 9.30-10.30 and 2-3pm on alternate weeks (ring for dates) at Hempnall Village Hall. Monday 7-8pm at Hempnall Mill Centre  
Wednesday 7-8pm at Hempnall Mill Centre \*Except for first Wednesday of every month\* £4 exercise only £5 with weigh in. Ring or text Catriona on 07918907423or email [catj71@btinternet.com](mailto:catj71@btinternet.com)



**A THANK YOU GET TOGETHER at Hempnall Rectory on Thursday 1<sup>st</sup> August, 6.00-8.00pm.** Refreshments provided. For more information 01508 498157.

## **SUNDAY WALK**

The last of the Sunday walks for this year will take place on **18<sup>th</sup> August** at 2.00pm, meeting at Surlingham Church car park. We will then proceed via part of the Wherryman's Way, alongside the River Yare, stopping at the Ferry House, where tea, drinks and cakes will be available to purchase. After which, we will continue our walk, by field and footpath back to our cars. This is only a short walk, about 2 miles, with no stiles. Why not come and give it a try? Everyone most welcome – for further details contact: Ron on 499428.

# Thank you

## **BACON BUTTIES 2019**

This year's Bacon Butty Brunch took place on a rather chilly May morning but still managed to raise £467.50 for Hempnall Church.

Many thanks to the team of helpers and stalwarts who joined in for their generous support.

## **MISSION DIRECT**

Brian & June would like to thank all those people that generously filled all those jam jars as part of the Lent charity appeal. They collected £306 which will go towards building a classroom for children in Kumi Bazaar School in Uganda. June and Brian will be volunteering for two weeks with Mission Direct as the fourth team to finish off the classroom. This school has over 950 pupils with only 11 classrooms, two were only completed last year.

To find out more details or if anyone would like to contribute a blog has been set up – <https://wonderful.org/fundraiser/kumiugandaschoolsproject-3a61675d>

Every penny raised will go towards the project. Thank you all again.

## **CHRISTIAN AID WEEK**

Thanks to all who supported this effort once more. So far we have raised **£1589.32** which has been sent to Christian Aid. This is a wonderful result considering not all envelopes could be collected, for lack of volunteers.

If you still have an uncollected envelope please ring Jane at the office 01508 498157 or 499405 and we will arrange for someone to collect. Alternatively you can deliver to or /put through letter box at the Rectory, The Street, Hempnall

**Again a big thank you to all givers and collectors.**

## **TOPCROFT OPEN GARDENS**

Thank you to all the gardeners who opened for this event and for all your hard work in making it a successful weekend. Many thanks to all who helped with the refreshments- making cakes, donating tombola prizes, putting up signs to manning car park/gate etc. We raised £3000 which is excellent. Thank you all who supported this event. Daphne

## **HEMPNALL ART CLUB**

We have had another interesting month with various activities.

Marion Crummet came along and taught us how to make snowflakes out of 6 x A4 pieces of printer paper and a tube of glue, the results were amazing. We had a lovely day "Painting in the Garden" at Beech House, Saxlingham. Sylvaine

Poitau from La Shed Photography joined us for an evening to help us to understand different types lighting and get the best from portrait photography. Have a look at our Facebook page to see some of the results. The Art Club Meets 3 times a week, Monday afternoons, Tuesday Mornings and Tuesday Evenings.

If you would like any more information, please telephone Tina on 01508 499376 or contact Christine, email address is [christine@tunmore.plus.com](mailto:christine@tunmore.plus.com)

## Future Events for your diary

### ANNIVERSARY OF JOHN WESLEY'S VISIT TO HEMPSTALL

at the War Memorial, Hempnall on

**Wednesday 4<sup>th</sup> September, 2.00pm.**

John Wesley visited Hempnall on Tuesday 4<sup>th</sup> September 1759, the occasion being that illustrated on the village sign.

This year marks the 260<sup>th</sup> anniversary of the visit.

Please join us (bring a chair) for our annual open air hymn singing at the war memorial to remember this occasion.



**HEMPSTALL W.I.** The September meeting will be on **Wednesday 4<sup>th</sup> September 7.30pm** at Hempnall Mill Centre when Victoria Long of Petite Verte Flowers will demonstrate and talk about **“Beautiful Flower Arrangements for your Home”**. Please come and join us. New members or visitors are welcome and if you wish to have information about our friendly group please contact Sue Eagle secretary 499559.

**GROUP WALK:** A walk is being arranged for **Thursday 5<sup>th</sup> September**, meeting at Sheringham at 10.30am. We will be leaving Hempnall at 9am. Anyone who requires a lift, can give a lift, or for more information please contact David or Margaret on 482562.

### QUIET HALF-DAY AT DISS RECTORY

Do you feel like having some time for yourself just to relax and reflect? Then why not come along to Diss Rectory on

**Thursday 12<sup>th</sup> September, 10.00am-2.00pm.**

Bring and share lunch, everyone welcome.

If you would like a lift please contact  
the Church Office (498157).



## **FRITTON AND MORNINGTHORPE POP-UP PUB EVENING**

**on 13th September, 6.30 - 10.30 pm**

at Friar's Farm, Morningthorpe

Beers, wine and soft drinks

Light bites, Bar games

More details from Judith, 01508 499575

The annual **NORFOLK CHURCHES TRUST BIKE RIDE** is an excellent way of making money for your own church as well as the Norfolk Churches Trust: Please pump up your tyres, or dust off you walking boots, pack a picnic and plan a route to visit as many of the most beautiful churches in Norfolk as you can on **Saturday 14 September 2019**. [norfolkchurchestrust.org.uk/bike-ride](http://norfolkchurchestrust.org.uk/bike-ride)

## **FAMILY PRODUCE SHOW AND AUCTION**

**Saturday September 14<sup>th</sup>** at Topcroft Pavilion, 2.00-4.00 pm

To include garden produce, preserves, baking, cut flowers or simply anything that you would like to show off! Special children's classes too.

All produce to be auctioned at the end of the day.

Judging times to be announced.

*Proceeds to East Anglian Childrens' Hospice.*

Come on people get growing and jamming!

For information please contact Step or Jenny on 01508 482209

## **HEMPNALL VILLAGE HALL COMPUTER SESSIONS**

We hope to begin these sessions on **Tuesday 24<sup>th</sup> September** with tutored help.

Come and practise new techniques and brush up on previously learned skills!

All levels encouraged. Further information from Yvonne Davy 01508 499405 or

email [ydavy01@yahoo.co.uk](mailto:ydavy01@yahoo.co.uk)

## **LIFELONG LEARNING WITHIN REACH - WEA in Hempnall**

Enrolment is open for our Autumn course, **THE EARTH ON FIRE**, with tutor Charles Lewis. Join us to explore the nature and variety of volcanoes, volcanic activity and volcanic landscapes around the world - even in Britain.

We meet on Wednesdays starting **2<sup>nd</sup> October 2019, 2-4pm** (note this is an earlier start than in previous years). It is a seven week course (no meeting 23rd October) held in the Nelson Suite at Hempnall Village Hall. Fee £57.00 (fee waived for those on benefits). For more information call Gill on 01508 499495.

**WEA in Saxlingham Nethergate** - Come along to our new course '**Society and Culture in Medieval East Anglia**' presented by Kate Jewell. Discover Medieval East Anglia, a diverse society with an incredibly rich culture. Explore its urban

centres, power players, parish churches, the riches of its art and its written word and the strong-minded women who played a vital role. £52.00 for the 9 week course which starts on **Thursday 12 September at 1.30pm, until 3pm**, in Saxlingham Village Hall. All welcome. For more information please contact Cathy (499126), Harriet (499667) or Helen (499944).

For both courses, please enrol on-line at [wea.org.uk](http://wea.org.uk) or by telephone on 0300 303 3464 (office hours).

**WOODTON VILLAGE HALL TOTE** - June winners:

£20 - No:15 - J Davies, £10 - No:40 - E Rippingale, £5 - No:2 - E Beveridge.

## Birthdays

*Happy Birthday to:*

### July

#### Children

- \* Sophie Chapman who will be 5 on the 8th
- \* Megan Lea Reeder-Rodger who will be 10 on the 9th
- \* Annabelle Summer Amelia Florance who will be 11 on the 11th
- \* Elizabeth Gray who will be 11 on the 14th
- \* Molly Denny who will be 11 on the 23rd
- \* Lily Denny who will be 8 on the 30th
- \* Archie Christopher Land who will be 9 on the 31st



#### More Birthdays...

#### Teenage

- \* Amy Caird who will be 15 on the 4th
- \* Amelia Joy Cunningham who will be 17 on the 13th
- \* Bethany Cooper who will be 13 on the 14th
- \* Madeline Burrough who will be 16 on the 29th

### August

#### Children

- \* Zoe Chapman who will be 3 on the 2nd
- \* Octavia Wood who will be 10 on the 19th
- \* Cameron John Keeler who will be 10 on the 18th
- \* Isabelle Potter who will be 12 on the 26th



#### Teenage

- \* Ross Maskell who will be 18 on the 17th

# From the Registers



## Baptisms

18<sup>th</sup> May Erin Leanne Hall at Bedingham Church

## Weddings

25<sup>th</sup> May James Bridson and Clare Loughrey-Collett at Topcroft Church

1<sup>st</sup> June Daniel Lilley and Rachael Hubbard at Shelton Church

8<sup>th</sup> June James Staniforth and Laura Peck at Topcroft Church

8<sup>th</sup> June Richard Delf and Claire Reynolds at Hempnall Church

## Funerals

14<sup>th</sup> June Brian Flatt (69 years) at Fritton Church

## CHURCH DIARIES

### July 2019

Tues 2 <sup>nd</sup>	2.30pm	Hymn Choosing	Kath Wilby's home
Thurs 4 <sup>th</sup>	2.30pm	Anglican/Methodist Meeting	Hempnall Rectory
Wed 10 <sup>th</sup>	2.00pm	The Ark Toddler Group	Hempnall Church
Thurs 25 <sup>th</sup>	7.00pm	Quiet Prayer	Hempnall Church
Sat 27 <sup>th</sup>	12.30pm	Wedding of Ben Williams & Abby Maynard	Hempnall Church

### August 2019

Thurs 1 <sup>st</sup>	6.00pm-8.00pm	Get Together	Hempnall Rectory
Thurs 8 <sup>th</sup>	1.00pm	Wedding of Tom Sandy and Liselle Edwards	Woodton Church
Wed 21 <sup>st</sup>	12noon	Wedding of Ian Spencer & Natalie Cullum	Shelton Church
Thurs 29 <sup>th</sup>	7.00pm	Quiet Prayer	Hempnall Church
Sat 31 <sup>st</sup>	1.00pm	Wedding of Grahame Bartlett & Neesha Bloomfield	Hempnall Church

Tuesdays at 5.00pm Evening Prayer at The Flat Woodton  
 Wednesdays at 5.00pm Evening Prayer at Hempnall Rectory  
 Thursdays at 8.00am Eucharist at Hempnall Church

## ALL PHONE NUMBERS BEGIN WITH 01508 UNLESS STATED OTHERWISE

ACRYLIC AND GEL NAILS, coming soon spray tans and eyelash extensions Alice 498655 / 07872 366756

ALINE TURNER ACA - bookkeeping, accounts, tax returns, payroll Call 550403 or 07785 528069

ARCHITECTURAL SERVICES Call Mark Woods for advice and free quotation 498805

ART WATERCOLOURS FOR BEGINNERS / IMPROVERS from JAN 2018 [gill@gilly-marklew.co.uk](mailto:gill@gilly-marklew.co.uk) 499070

CARPENTER Mark Whitbread Free quotations. No job too small 532605

CARPET AND UPHOLSTERY CLEANING Local reasonable rates David 01379 608529 or 07768757308

CARRY ALL Supplies of quality aggregates, to trade & public free delivery no VAT 536182 or 07850402845

CHESS Teaching at all levels. Martin Walker (01508) 492471 email: martinwalker723@gmail.com

CHIMNEY SWEEP-Guild of Master Sweeps-Clean & Friendly-Smoke Test/Certificates Dave 07835 757528

CHRIS BAKER TRANSPORT - Man & Van 531738 or 07821 923489

CHRIS CLARKE OIL BOILER SERVICES, servicing & breakdown repairs 07912146619 & 536573

CLEANERS R US since 2003 provide affordable friendly reliable CRB fully insured cleaners 490808

CUNNINGHAM GARAGE A range of services for all motoring needs, cars and commercials 499232

CURTAIN MAKER – Bespoke hand made curtains, own fabric made into quality curtains 07848 463344

DAVID HEWETT FRICS Chartered Building Surveyor CAD drawings & surveying services 499761

ELECTRICIAN Bob Turner – Domestic and Commercial Electrical Contractor 07899794813

FARM SHOP, raw milk dairy and vineyard 07900 814252

FEET – Corns, calluses, nail cutting and more, treated in your home Wendy 01379 676872

FLORIST – Bouquets, Sympathy, Workshops. Local delivery Victoria [info@petiteverte.co.uk](mailto:info@petiteverte.co.uk) 07703 728738

FOOTCARE Home visits for the treatment of nails, dry skin, corns etc Ring Nicky 0771 9727581

GARAGES TO LET. Long Stratton area, Secure, dry, insulated, power. Call Paul 07803 927303

GREENDALE GARDENING SERVICES Grass & Hedge Cutting, Fencing Andy 07802702602 / 531168

HEMPNALL PARISH COUNCIL website address: [www.hempnallpc.org](http://www.hempnallpc.org)

KITCHEN / BATHROOM Refurb/Doors/ Skirting/ Architrave/ Flooring/ Painting Call Gary 07717 174617

LOCAL SKILLED HANDYMAN AVAILABLE only £17.50per hour Call Mike 07534694673 or 494547

MOP N CARE Elderly personal needs, cleaning, laundry, shopping, companionship call Linda 07951 528722

NORFOLK WOODBURNERS, Hempnall. Suppliers and Hetas installers. 498393

OSTEOPATH, Cranial-accidents, back, headache. 01953 789629 e-mail [reception@norfolkost.co.uk](mailto:reception@norfolkost.co.uk)

OIL, GAS HEATING AND PLUMBING SERVICES – Alan Bell 07710 515775 or 532393

PAINTER & DECORATOR Graham Bull over 25 years experience [grahambull071@btinternet.com](mailto:grahambull071@btinternet.com) 482409

PAUL CLARRY PLUMBING & HEATING for all your requirements 07887485676 / 550519

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Group Office, The Rectory, The Street, Hempnall, NR15 2AD  
**before 15<sup>th</sup> August**

or e-mail: [hempnallgroup.office@btinternet.com](mailto:hempnallgroup.office@btinternet.com)

**We regret any items received after the above date cannot be included.**

If you wish to contact us:

Michael Kingston – Team Rector 01508 498157

Liz Billett – Team Vicar 01508 482366

Jackie Cook – Reader 01362 288195

Church Office, open Mon-Thurs 9am-1pm 01508 498157