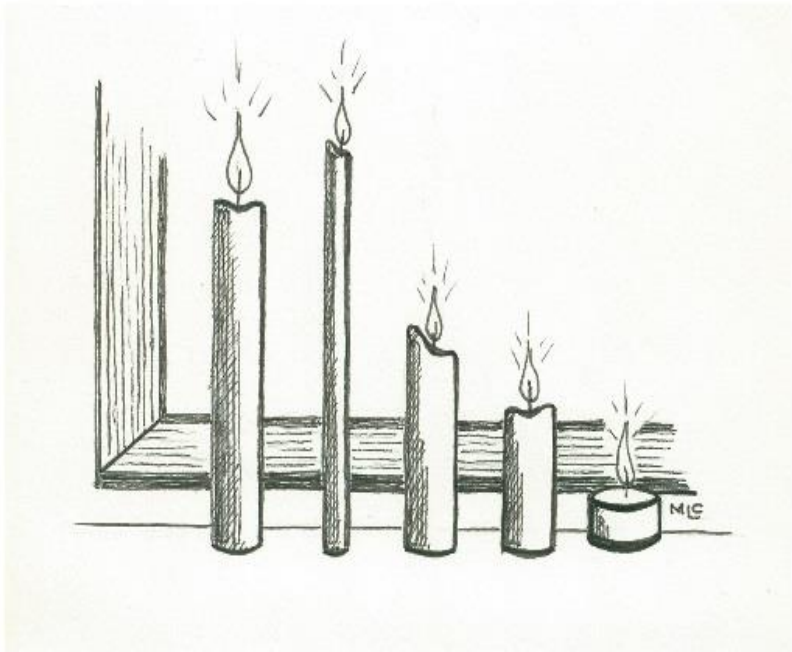


Outlook

November 2015



Serving the parishes of

**Bedingham Fritton Hardwick Hempnall
Morningthorpe Shelton Topcroft Woodton**

www.hempnallgroup.co.uk

Hempnall Group Services

NOVEMBER

Sunday 1st		All Saints' Day	White
Group Eucharist for All Saints	10.00am	Woodton	
Commemoration Service	3.00pm	Hempnall	
<i>Readings: Psalm 33:1-5, Hebrews 12:18-24, Matthew 5:1-12</i>			
Sunday 8th		3rd Sunday before Advent	Red
Eucharist (BCP) with Act of Remembrance	8.00am	Fritton	
Act of Remembrance	9.00am	Bedingham Memorial	
Remembrance Service	9.30am	Woodton	
Remembrance Service	11.00am	Shelton	
Remembrance Service	11.00am	Topcroft	
Act of Remembrance followed by Remembrance Service	10.50am	Hempnall War Memorial Hempnall Church	
Holy Communion	2.30pm	The Hollies	
<i>Readings: Romans 8:31-39, John 15:9-17</i>			
Sunday 15th		2nd Sunday before Advent	Red
Group Eucharist with laying on of hands and anointing	10.00am	Topcroft	
<i>Readings: Daniel 12:1-3, Hebrews 10:11-14(15-18)&19-25, Mark 13:1-8</i>			
Sunday 22nd		Sunday next before Advent	Red
Eucharist	9.30am	Bedingham	
Eucharist	9.30am	Hempnall	
Eucharist	11.00am	Topcroft	
Eucharist	11.00am	Morningthorpe	
<i>Readings: Daniel 7:9-10, 13-14, Revelations 1:4b-8, John 18:33-37</i>			
Sunday 29th		Advent 1 (year C)	Purple
Group Advent Service	10.00am	Hempnall	
Evening Reflection	4.00pm	Hempnall	
<i>Readings: to be arranged</i>			

Every Thursday at 8.00am there is Holy Communion in
Hempnall Church

The Rectory
The Street
Hempnall
NR15 2AD

Dear All

Last month we remembered the 100th anniversary of the execution of Edith Cavell. Did you see the railway carriage outside the Forum or the exhibition in the Forum? What a remarkable lady who was described as 'utterly, unbelievably unselfish and had an almost fanatical sense of service.' A dedicated nurse who because of her faith, took risks to help others.

November is also month to remember.

On All Saints Day 1st Nov we have a time to remember our loved ones. We will be holding a special commemoration service at 3.00pm at St Margaret's Hempnall. Do come if you can.

Then on 5th November we remember Guy Fawkes. An unusual celebration, now very much part of our lives, when we remember the foiled attempt to blow up the Houses of Parliament in 1605.

Then there is Armistice Day on 11th November and we will be holding services on 8th November. 'Outlook' has further information. This will be an opportunity to stop and reflect on past wars and those taking place at present. We may also like to think about the many refugees and migrants who are flooding out of war torn countries onto European shores.

We should give ourselves time to remember all that Jesus has done for us. It is so easy in our busy lives to forget God's goodness to us. We can marvel at the changing colour of the leaves as they fall off the trees; enjoy the blessings of friends and family and I expect there are many other things you can think of. Despite all the problems facing our country, we have so much to be thankful for, compared with many other nations.

Goodness is stronger than evil; love is stronger than hate; light is stronger than darkness; life is stronger than death; victory is ours through him who loved us.

Bishop Desmond Tutu.

Bless you all.



Events for your diary in November:

The Hempnall Group of Parishes

Commemoration Service

Remembering our loved ones who have died

Hempnall Parish Church Sunday 1st November at 3pm



Each year we hold a special service to remember and give thanks for those who have died. We warmly invite you, your family and friends to this year's Commemoration Service. You will be very welcome to stay for tea after the service.

If you would like further information please contact:

Revd Michael Kingston 01508 498157 or Revd Liz Billett 01508 482366

FOODBANK

Once again we are so grateful for all the support the Food Bank is receiving. The next collections are on:

November 1st at Woodton November 29th at Hempnall

January 3rd (2016) at Morningthorpe

As we near Christmas please could you check the 'use by' dates on seasonal items so the gifts can remain edible for longer. Christmas food items welcome.

Thank you for all your careful thoughtfulness.

Food gifts can also be left at The Rectory, The Street, Hempnall

COME AND JOIN US AT HEMPSTALL MILL CAFÉ on Monday 2nd November

Bacon rolls and tea or coffee meal deal, to eat in or take away, from 9am-11am

Homemade scones and cake from 10am, light lunches 12 noon -2pm

at the Mill Centre, Mill Road, Hempnall, NR15 2LP

Phone no: 01508499766

Future dates 7th December and 11th January 2016



HEMPSTALL WOMEN'S INSTITUTE

The next meeting will be on 4th November when we have our **Annual Meeting**.

Afterwards there will be a social time, homemade refreshments and a raffle and the chance for a chat amongst friends. If you would like to know more about our group then please contact our Secretary, Sue Eagle 01508 499559 or just come along to the meeting.

BORDERHOPPA OUTINGS – A great day out!

Borderhoppa has lots going on for our members in November & December including lunches out, visits to Garden Centres and Christmas Fairs and Markets to visit. If you or someone you know would like to join us, please call us on 01379 854800 Membership is £6 for 6 months or £10 for 12 months. Outings are individually priced.



November Outings

Mon 2nd – Dereham - £15

Thurs 12th – The Range, Norwich & lunch at the Village Inn, Little Melton - £15
(lunch extra) Mon 16th – Highways- £14

Mon 21st – Great Yarmouth Christmas fair - £17 Mon 23rd – Ely - £20

CHEER UP A NOVEMBER DAY BY JOINING PAT & ERIC at New Church Farm Fritton (NR15 2QT / Caravan Site) on *Wednesday 4th November for Coffee & Cakes from 10am to 12noon. Everyone Welcome*

This get together is to support a small project in India by Mission Direct to build a Maternity Hospital and Baby Care unit for the lowest caste women in the rural town of Latipur. Brian & June will be volunteering there for two weeks, so please come & join in, eat great cakes and help some of the poorest people in the world.

FRIENDS OF HEMPSTALL SCHOOL FIREWORKS DISPLAY

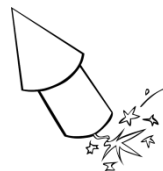
Hempnall Village Hall & Playing Field Saturday 7th November 2015

Come along and join us for another fantastic display from 5pm
(fireworks at 6.45pm)

Licensed Bar, BBQ, Jacket Potatoes, Toffee Apples, Sweets, Glo Sticks, Music and guaranteed good weather*

This will be our largest display to date! Adults £5 - U16's £2 -
Family ticket £12 (2 Adults 2 Children) - Under 2's free
#hempnallfireworks

Disclaimer - good weather not guaranteed.



TOPCROFT PARISH COUNCIL MEETING

at Topcroft Pavilion on:

Monday 9th November 2015 - 7:30pm *All Parishioners of Topcroft are welcome!*

POSADA

We will be having Posada again this year!

POSADA - MAKING ROOM FOR JESUS THIS CHRISTMAS

in Hempnall, Woodton, Bedingham, Shelton and Hardwick



What is Posada?

Posada is an old Mexican Tradition where young people dressed as Mary and Joseph travelled from house to house in their village asking for a room for the night, telling of the imminent arrival of Jesus. On Christmas Eve they would visit the local church to tell the Christmas story and place the figures of Mary and Joseph in the crib. This year for our Posada we are using nativity figures made by the children of our schools who will travel from place to place on their way to church on Christmas Eve.

Would you be willing to give the (unbreakable) crib figures of Mary and Joseph a home for one night giving them somewhere nice to stay and then pass them on to the next home where they will stay?

All you need to do is ring Michael 01508 498157 or Liz 01508 482366 by **November 6th**. We will let you know the day Mary and Joseph will come to stay and where to take them for the next night.

40S SUPPER DANCE ON SATURDAY 7th NOVEMBER

Dancing to the singing group "Timescape" who have performed around Norfolk for many years and are great to dance and listen to.

The dance will be held in **Ditchingham Village Hall from 7-30pm**.

Tickets are £15.00 which includes a buffet and refreshments. Please bring your own drinks. Tickets and enquiries from Tony 01508 482313/Jane518007 Woodton playing field committee.

CHRISTMAS SHOEBOX APPEAL 2015

This year more than ever we are hoping that everyone who reads this will be able to fill a shoe box for a child living in danger, fear or poverty so that they may experience for a short time the wonder of love and know that there are people who do care for them and their families. There has been so much on the news and in the papers about the plight of refugees. How desperate and frightened must families be to flee from their home risking their lives and those of the ones they love. **Operation Christmas child** doesn't discriminate between nationalities or religions, boxes are given to children who need them. This box is probably for some, the only present a child will get this Christmas. I know that the response last year was amazing and we are appealing to your generosity again this year. Please help us to make a difference. Leaflets explaining what to do are still available. Boxes need to be at the drop off points by **10th November** so they can be collected ready for the next step of their journey. **Drop off points this year are Hempnall Rectory and Woodton shop.** Thank you

all, whether you do one box or six boxes seeing the children's faces light up is truly heart-warming. 01508 498157

WOODTON & BEDINGHAM LADIES TOGETHER

Our next meeting on **Wednesday 11th November** when Claire Putterill will give a talk on “ Legal Matters”. This will be an **open meeting - all welcome**. Our talk will be followed as usual by refreshments and a raffle. For further information please contact our Chairman Mrs Sue Willmer on: 01508 482683

CHRISTMAS CRAFT AND GIFT FAYRE.

Thursday November 12th 6.30pm - 9.30pm. Long Stratton High School.

Tombola, Refreshments and Raffle. Grand Prize Draw 8.30pm To book a table please email mealing@mypostoffice.co.uk or call Julia on 01508 499780

CRAFT MARKET Saturday 14th November, 10am-1pm
St Margaret's Church, Hempnall

Craft Stalls selling a vast array of wonderful items to buy. Refreshments available. Free Entry. If you would like to have a stall please phone Claire Key on 01508 499342.



SHELTON WITH HARDWICK COMMUNITY SCHOOL JUMBLE SALE

on Saturday 14th November 2015 at Hempnall Mill Centre 2.30 pm - 4.00 pm

Jumble, Bric-a-Brac, toys, tombola and refreshments. Free entry.

Please do come along and support us. All proceeds will go to our outdoor play equipment appeal. Offers of jumble etc. greatly appreciated.

Please contact Emma Wood on 01508 498454

TOPCROFT SOCIAL CLUB Topcroft Social Club has been there for the community for many years and has been a venue for many enjoyable events. The past year has seen the Club being used as a venue for a wedding, a christening party and a 60th Birthday party!

Over the past few years the Social Club Committee and the Playing Fields Committee have been raising money for the refurbishment of the external aspect of the building to ensure it remains a focal part of the community for many more years to come. This work is now nearing completion and thoughts now go to how to give the inside of the building, the bar and the meeting room a facelift. We have linked with the Cricket Club, who are also wishing to upgrade their facilities to ensure the women's and young people's teams are catered for. The Playing Fields has also supported local football teams in the winter months.

It is a great pity therefore that many people in the community do not take advantage of this wonderful facility and help support its ongoing development and viability as other facilities close.

The bar is open Thursday and Saturday 8pm until 11pm

Future events include **Quiz nights, Saturdays - 14th, 21st and 28th November** £2 per person, teams of 4, prize money of £30

The club is run entirely by volunteers and all takings go to support the building.

So come and join us, enjoy a drink, a chat and a game of pool!

Follow the club on Facebook 07901551757



WOODTON PUBLIC ACCESS DEFIBRILLATOR

The last training date for 2015 will be on **Friday 20th November**, commencing at 7.00pm in Woodton Village Hall. Should you wish to attend, or for further information please contact Mat Phillips matdphillips@aol.com 01508 483948 / 07794 745212

HEMPNALL CINEMA CLUB Our next film is on **Friday 20th November**, is 'MR. HOLMES' a new heart-warming light drama, starring Oscar Nominee, Ian McKellen, an elegant and absorbing British film that has wide appeal. Tickets are still only £5 including refreshments and will be on sale the first week in November. Our November film is usually a sell out, so be sure to get your ticket early from Ned Potts on 01508 499741.

COFFEE MORNING AT HEMPNALL MILL CENTRE - on Saturday 21st November from 10am until 12 noon usual stalls - cakes , raffle, tombola, refreshments etc . Proceeds go towards Lunch Club Social funds. **ALL WELCOME**

WOODTON PLAYING FIELD AGM WILL BE HELD ON MONDAY 23rd NOVEMBER at 7pm in **Woodton Village Hall**.

All welcome to attend to help support this village amenity

SINGERS NEEDED

As we are not having a Carol Concert this year, there will not be a choir practising complicated music. If you would still like to sing in a choir for occasional services please come for a meeting on

Tuesday 24th November at 7.30pm at Hempnall Church. The first occasional service is the Carol Service on **Sunday 20th December**, 4.00pm at Fritton Church. For any further details please phone Maggie Kingston 498157

HEMPNALL VILLAGE HALL AGM - 26th November at 7.30pm in the Nelson Room.
Please come and join us to hear what has been happening over the past year and come with ideas for the future! This is an opportunity to support the committee trustees who work so hard to provide this excellent facility for the community in the Hempnall area. Refreshments will be served.

CEILIDH at STREET FARM BARNs in TOPCROFT on Saturday 28th November. A proper barn dance in a barn! Live ceilidh band and caller. £8.00 per ticket. Profits to Quidenham Children's hospice, Norfolk. Bring your own booze but light refreshments available - Teas/coffees/soft drinks etc.
Tickets on the door or in advance from Hannah on hannah@hannahgiffard.com, but numbers limited so booking recommended.

CHRISTMAS PRIZE FAMILY BINGO.

On Monday 30th November in Woodton Village Hall at 7-30pm.

There will be a raffle with refreshments at half time.

Come and enjoy the evening with the family.

Enquiries to Tony01508 482313/Chris 482276/

Woodton playing field committee



Future events for your diary:

BINGO AT HEMPNALL MILL CENTRE on Friday 4th December. Starting at 7.30pm
proceeds towards luncheon club Funds **ALL WELCOME**

HARDWICK VILLAGE HALL - CAFE MORNING

A Christmas Fayre will be held at the Cafe Morning on **Thursday 3rd December** from 10.30am-12noon. Items for sale will include home-made Christmas puddings, mince pies, cakes and other produce. There will also be a raffle.

Our Cafe mornings are held on the first Thursday of every month, (except January), so come and join in these friendly gatherings.

SOCIAL EVENING

On **Friday 11th December** we are holding a social evening at the home of Jane and Richard, Stag Farm Barn on School Road, Bedingham, where we can all enjoy a seasonal buffet and mulled wine in friendly company. Tickets will be limited so please book early on 01508 482421. Further details on tickets and time will be in December Outlook.



FRAMINGHAM EARL SINGERS CHRISTMAS CONCERT ON SATURDAY 12TH DECEMBER At Central Baptist Church, Duke Street in Norwich Conducted by Kenneth Ian Hÿtch (who conducted at Hempnall)

There will be carols that you all know including audience carols.

We will also be performing Fantasia on Christmas Carols by Vaughan Williams with soloists Anthony Joule, baritone and Minty Caldicott-Bull, cellist

Tickets which include seasonal refreshments are available- phone 01508 499421

www.framinghamearlsingers.co.uk for £8 or buy on the door for £9.50

ADVENT CALENDAR

As we prepare, watch and wait for the coming of Jesus, please visit our Advent Calendar displayed in Hempnall and Woodton church. Each day there are a few words offering a different "thought for the day". You are also invited to take an Advent Blessing, Prayer card home. Clare Andrews and Jackie Cook

Thank you....

The Hempnall Trust and Mill Centre

The Hempnall Trust is very pleased to have received two grants recently.

The first is from The Big Lottery Fund to upgrade our heating system which will make the main hall warmer and also more efficient.

Our second grant is from The Norfolk Community Foundation – Saracen's Norfolk Fund and has provided us with enough money to buy 30 new chairs.

However, we need to buy 10 more chairs and so we will be fundraising in the next few months as we need another £1000. All ideas and donations will be much appreciated. Please contact Jean Griffiths 01508 499421

jeangriffiths1950@gmail.com Look out for our new leaflet which will explain what The Hempnall Trust can offer to the residents of Hempnall.

Easy Walks 2015



We enjoyed eight church walks again this year. Each was organised by someone from the village concerned. The first was from Hardwick church taking us through gentle

undulating countryside on a lovely April day. Next was a short walk round Bedingham Green on another sunny day. For the Hempnall walk it was damper but we were led on an interesting route through water meadows. Woodton gave splendid views across the valley to the church and Morningthorpe provided a gentle amble through farmland. Topcroft was very wet so fewer people ventured out and Fritton, following the Lammas Service, was hot so it was good to walk down shady lanes and along the picturesque common. The final walk of the eight took place in early September from Shelton Church on a perfect sunny, warm afternoon, across fields and along quiet country lanes in beautiful countryside. A most enjoyable end to the series of walks.

A record number of people took part this year and all greatly appreciated the opportunity to discover new footpaths in convivial company and be treated to splendid teas served at the end of each walk.

Our hearty thanks go to the organisers of the walks and the tea makers.

If you would like to explore the footpaths around the Group there are now, in addition to the original packs of short walks, packs of longer walks available in the churches.



ANY "OVER 60s" are welcome to join

us at **Hempnall Mill Centre**. There is good food, good company as well as outings, bowls, bingo etc. on Wednesdays and Thursdays each week. The cost is only £4 a day for a coffee and hot lunch. Local pick up service also available.

Contact Margaret on 499766 Wednesday and Thursdays - other time's 499579

DO YOU LIKE FOOTBALL AND WANT TO ENCOURAGE LOCAL SPORT?

Maybe you have children who are keen to play football and would like to play for a local team.

HEMPNALL FOOTBALL CLUB is looking for help in running and developing the club. We have a team in Division One of the Anglian Combination and a reserve team in Division Five as well as a Veterans team. We would like to offer youth football to local youngsters but need interested parents to help us to organise it for their footballing children.

Hempnall playing field is owned and administered by the Parish Council but the football club pays for, and maintains, the football pitch. If anyone has some time

on their hands and could help with pitch maintenance or home match-day issues like pitch preparation and hospitality after the game, we would be keen to hear from you. Only a few hours from time to time are needed and no regular commitment. To keep local football healthy and to develop it in our village we need some more support.

Local sport is enjoyable and important for the well-being of the participants and the supporters. If you agree and could help by joining in in some way please contact: Trevor Shurmer (secretary) on 01508 499688 or Steven Griffiths on 01508 499421. Thanks.

STOCKING FILLERS

Reduced to less than half price! The Golden Harvest book now £4 and Hotchpotch now £2, **or buy both books for just £5.**

These would make brilliant stocking fillers and give an insight into our villages. Available from our churches or telephone 498157.

HEMPNALL VILLAGE HALL TOTE WINNERS September 2015

£40 P. Tweeddale £30 R. Moss £20 A. Loome
£15 R. P. Otty £10 J. Braddock

BEDINGHAM 49 CLUB WINNERS

Winners for the last 4 weeks are No. 22 R Hadman. No. 26. P Marriner.
No.4. J Burrage. No. 8. J Watts

WOODTON VILLAGE HALL TOTE WINNERS – October 2015

No. 37. E. Searle £20.00 No.29. M. Codling £10.0.0 No.12 A. Gunson
£5.00 No.63 R. Platford £5.00 No.30 R. Hannant £5.00

If anyone would like to join the Tote and be a winner please contact Jean Holden 01508 482316

Need somewhere to hold a function?

Anniversary celebration, children's party, christening, birthday party, family & friends get-together; the **Mill Centre in Hempnall** is available for hire. Please call Jackie Jackson on 01508 499061 or email jackson.jc@btinternet.com

TOPCROFT LADIES CRICKET TEAM,

Congratulations to Topcroft Ladies Cricket Team who reached the top of the League in only their second season and played Fakenham in the winner takes all final. "It all bodes very well for the future of women's cricket in Norfolk."

Topcroft CC is delighted to announce that Kate Thompson has taken on the role

of Women and Girl's Co-ordinator at the club. Kate is an experienced Level 2 coach. The club is looking to expand their Ladies section for next season as well as starting a girls team. Anyone keen to find out more information are asked to contact Kate on 07757 152052 or katethompson45@gmail.com

Pictured are; Back Row l-r: Jason Reynolds (Coach), Rebecca Rhodes, Jane Ray, Kathryn Critchell, Sara Worley, Maureen Ellis, Kate Thompson, David Reeder (Coach).

Front Row l-r: Charlotte Sim, Karen Reeder, Keri Boorman (Capt), Sarah Banns, Jo Dewhurst.



TOOLS WITH A MISSION – If you have any unwanted gardening tools, workshop tools or sewing machines TWAM can refurbish them and send them to people overseas so they can earn a living. Just Google TWAM to see their website. Keith Lain will be taking a load to the Ipswich depot in the next few weeks; please phone him on 01508 470620 for collection.



Town Estate Property Charity – Allotments for rent

We currently have allotments for rent on the Mill Road site Rent is £10.00 per year (or £5.00 for half an allotment or part thereof) Anybody interested should contact **Jackie Jackson 01508 499061** jackson.jc@btinternet.com



"Happy Birthday to"

Children:

* Alfie Tyrell who will be 9 on the 22nd

Teenage:

* Theo Wood who will be 13 on the 4th

* Thomas Sussams who will be 16 on the 9th

* Thomas Lloyd who will be 13 on the 17th

* Danielle Bond who will be 15 on the 18th

* Marcus Lloyd who will be 16 on the 21st

* Tristan Cunningham who will be 17 on the 23rd

CHURCH DIARY

November 2015

Tues 3 rd	2.30pm	Get Together at Joyce's	Home of Joyce Andrews Chapel Hill, Woodton
Wed 4 th	2.30pm	United Worship Meeting	Kate Dayne's home
Thurs 12 th	2.15pm	Parish Share review meeting	Diocesan House
	7pm for 7.30pm	Joint PCC Meeting	Hempnall School
Sat 14 th	10.00am -1.00pm	Craft Market	Hempnall Church
Thurs 19 th	2.30pm	Hymn Choosing	3 Highfield, Woodton
Thurs 26 th	7.30pm	Quiet Prayer	Hempnall Church

Every Tuesday at 5.00pm Evening Prayer at Llamedos (Bill Clutten's)

Every Wednesday at 5.00pm Evening Prayer at Hempnall Rectory

Every Thursday at 8.00am there is Holy Communion in Hempnall Church

CLERGY: Team Rector Michael Kingston 01508 498157
 Team Vicar Liz Billett 01508 482366
 Reader Jackie Cook 01362 288195
 Group Office (Mon-Thurs 9.00am-1.00pm) 01508 498157

From the Registers

Baptisms

27 th September	Layla Marie Cooke	Hempnall Church
11 th October	Harrison Tyler Ciocan	Topcroft Church
11 th October	Betty Rose Keal and Hector Albert Keal	Woodton Church

Funerals

8 th October	Margery Champion aged 107	Topcroft Church
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ALL PHONE NUMBERS BEGIN WITH 01508 UNLESS STATED OTHERWISE

ALINE TURNER ACA - bookkeeping, accounts, tax returns, payroll	Call 550403 or 07785 528069
ARCHITECTURAL SERVICES Call Mark Woods for advice and free quotation	498805
ANDRE SANTANDER All plumbing, repairs, tiling and bathrooms	499283 or 07775 575796
ARKSCAPE LANDSCAPE & GARDENING SERVICES Free quotes no job too small	470482
BANNER ROOFING SERVICES LTD Quality felt and fibreglass flat roofing	07766604054 or 498444
BEAUTY THERAPIST in Hempnall offering Sienna X Spray Tans	Barley Moyes 498855/07789722533
BED & BREAKFAST at George's House, Woodton www.rossmag.com/georges/	Call Juliet 482214
BUILDER Small works and maintenance, sand blasting	D W Beckett 499435
CARPENTER Mark Whitbread Free quotations. No job too small	532605
CARPET AND UPHOLSTERY CLEANING Local reasonable rates	David 01379 608529 or 07768757308
CARRY ALL Supplies of quality aggregates, to trade & public free delivery no VAT	536182 or 07850402845
CHILDMINDER in Hempnall. 2/3 year old funding approved. Level 3 qualified.	Helen 07754 942987
CHIMNEY SWEEP	Ring James 07990 655340 or 07944 743681
CHRIS BAKER TRANSPORT Removals and House Clearance	531738 or 07785306249
CHRIS CLARKE OIL BOILER SERVICES, servicing & breakdown repairs	07912146619 & 536573
CUNNINGHAM GARAGE A range of services for all motoring needs, cars and commercials	499232
DAVID HEWETT FRICS Chartered Building Surveyor CAD drawings & surveying services	499761
Do YOU need a cleaner? Local, vetted insured ladies £10.50 per hour (min 2 pw)	0845 504 9133
ELECTRICIAN Bob Turner – Domestic and Commercial Electrical Contractor	07899794813
FEET – Have your feet treated at home – nails cut, corns and dry skin removal etc.	Nicky 07719727581
FLORIST, Tyler Lilley Flowers, weddings, sympathy, events tylerlilleyflowers.co.uk	531282
GARAGES TO LET. Long Stratton area, Secure, dry, insulated, power.	Call Paul 07803 927303
GREENDALE GARDENING SERVICES Grass & Hedge Cutting, Fencing	Andy 07802702602 / 531168
HEMPNALL LAWNMOWER CENTRE Brick Kiln Lane Morningthorpe	www.mowdirect.co.uk 473700
HEMPNALL PARISH COUNCIL	website address: www.hempnallpc.org
INDEPENDENT FINANCIAL ADVISER:	Contact Philip Edwards on 499496 or 07917296773
JOHN GODDARD Gardening, driving & Agricultural work, Reliable & Experienced	07875121788 or 531055
LLOYD JOHNSON FINANCIAL CONSULTANT, Mortgages, Investments, Protection	483972 / 07780 330768
LOCAL SKILLED HANDYMAN AVAILABLE only £12 per hour	Call Mike 07534694673 or 494547
MUSIC TUITION in Topcroft: Piano Keyboard Guitar Bass Drums Vocals Theory. Deive Montaigne	483787
NORFOLK WOODBURNERS, Hempnall. Suppliers and Hetas installers.	498393
NURSERY SCHOOL – SPRING-BOARD Saxlingham Nethergate	Contact: Joanne/Julie 498796

- OIL, GAS HEATING AND PLUMBING SERVICES – Alan Bell 07710 515775 or 532393
- OSTEOPATH Yvonne Ayliffe - for treatment of Back, Nerves and Joints 01953 789629 /07770 652839
- PAINTER & DECORATOR Graham Bull over 25 years experience grahambull071@btinternet.com 482409
- PAUL CLARRY PLUMBING & HEATING for all your requirements 07887485676 / 550519
- PAWS 4 TRAINING – Puppy Life Skills, Obedience, Agility and 1-2-1 Training 499026 / 07709 539903
- PETER MATTHEWSON PLANT HIRE Drainage & Groundworks. Please call for info 482655 / 07850722094
- PLUMBER/ELECTRICIAN/BLOCKED DRAINS & LOOS minor or major jobs James 07896335618 or 482243
PLUMBING, HEATING, BATHROOMS and More. Here to help with every 'Chore'. Alan
499689/07973967570
- RACKHAMS BUILDING SUPPLIES Glass & keys cut, paint mixed, all building requirements 01379 853885
- R.B. COPPING FUNERAL SERVICES, PORINGLAND 494434
- R. H. TREE SERVICES contact Robert Herring 482552 or 07926751987
- ROSEDALE FUNERAL HOME Beccles & Bungay, a family business 01986 892790/ 01502 714445
- R.S TREE CARE. All aspects of tree care undertaken, firewood supplier. 01986 896154 or 07990 510412
- SAFE & SOUND HYGIENE AND PEST CONTROL + garden maintenance 01379 788865 / 07809226109
- SMALL LICENSED BOARDING CATTERY Established 1987 Reasonable rates 530580
- STRATTON CABS Competitive rates, Airports a speciality Freephone 0800 2800430, 532452 / 01379674791
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