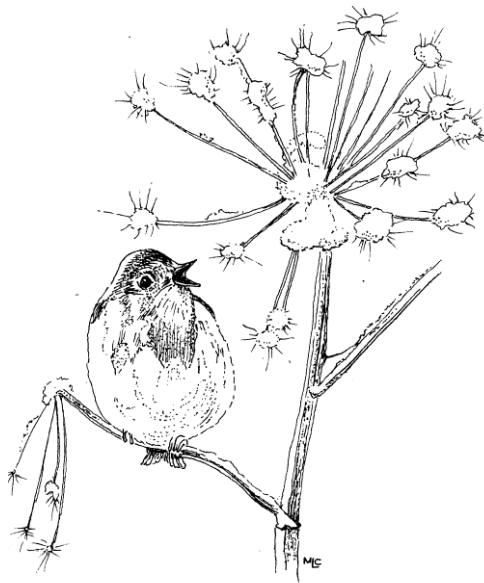


Outlook

April 2016



Serving the parishes of

**Bedingham Fritton Hardwick Hempnall
Morningthorpe Shelton Topcroft Woodton**

www.hempnallgroup.co.uk

Hempnall Group Services April

Sunday 3rd		2nd Sunday of Easter	White
Iona Group Service	10.00am	Woodton	
<i>Readings: to be arranged</i>			
Sunday 10th		3rd Sunday of Easter	White
Eucharist (BCP)	8.00am	Morningthorpe	
Eucharist	9.30am	Woodton	
Eucharist	9.30am	Hempnall	
Baptism	11.00am	Topcroft	
Matins	11.00am	Hardwick	
<i>Readings: Acts 9:1-6, Revelations 5:11-14, John 21:1-19</i>			
Sunday 17th		4th Sunday of Easter	White
Eucharist	8.00am	Topcroft	
Eucharist	9.30am	Bedingham	
Morning Service	9.30am	Hempnall	
Eucharist	11.00am	Shelton	
<i>Readings: Acts 9:36-43, Revelations 7:9-17, John 10:22-30</i>			
Sunday 24th		5th Sunday of Easter	White
Eucharist	9.30am	Woodton	
Eucharist	9.30am	Hempnall	
Eucharist	11.00am	Fritton	
Morning Praise	11.00am	Topcroft	
<i>Readings: Acts 11:1-18, Revelations 21:1-6, John 13:31-35</i>			

Every Thursday at 8.00am there is Holy Communion in
Hempnall Church



The Rectory, The Street, Hempnall, Norwich, NR15 2AD

Dear All

Easter has now come and gone and hopefully we can look forward to some fine weather, getting in the garden or visiting family or different places.

No doubt some of you have visited Winchester. Have you ever been to the cathedral? If you look at the stained glass window above the main entrance, you will see a unique mosaic pattern, not found in any other church in England. The pattern is stunning when viewed from the inside of the cathedral and the sun is pouring through.

When originally installed the stained glass would have depicted images of popular saints and illustrations from the bible. However, the victorious Roundheads in 1650, during the English Civil War, ransacked the place and smashed all the stained glass in a drunken frenzy.

The residents were horrified and collected and stored all the glass pieces. They were stored secretly until the monarchy was restored in 1660 and King Charles came to the throne. The plan was to repair the glass and restore the window to its original condition. Sadly this was impossible so the fragments were randomly joined together to make the mosaic pattern seen today and admired and enjoyed by all visitors to the cathedral.

Sometimes our lives can be shattered by events – bereavement, illness, loss of job, wars, famine – and we wonder whether we can put things back together again.

The stained glass in Winchester Cathedral shows me we have a God of hope and love who as the psalmist says 'holds us in the palm of his hand'. It is he who can put us back together again, not necessarily the same, but as something our Lord sees as beautiful and for his glory.

A warm welcome to new residents in our villages. As usual, there are lots of things going on this spring organised by the churches and the local community. Do come along and make yourself known.

With love

A handwritten signature in purple ink that reads "Michael". The script is cursive and fluid.

Events for your diary in April

DANCE YOURSELF FIT

Starting Saturday 1st April 9.30am -10.30am at Hempnall Village Hall cost £4 per class. These classes are new for a trial period of 6 weeks. My classes are friendly with easy to follow routines with a mix of dance and aerobics. Music from modern to 60s and original Zumba music that you will find so infectious it will become addictive, with simple follow my lead steps, so together we can stay fit and healthy, tone up, gain stamina and balance and improve co-ordination. Suitable for all ages and abilities so even if you have two left feet it absolutely does not matter!

A great way to meet people, make new friends and have fun.

Qualified instructor with five years' experience. Contact Pearl 01508 578042 text 07799012397 email pearlforzumba@yahoo.com

EASTER BINGO

at Hempnall Mill Centre on Saturday 2nd April - doors open 7pm for 7.30pm start. ALL WELCOME
Proceeds to Lunch Club social funds



FOOD BANKS

We are so grateful to people who have supported the FOOD BANK in the past. If you would like to donate any items, please drop these off at Hempnall Rectory, Monday-Thursday 9am-1pm. All items are so appreciated by the recipients. Next collections will be on: **3rd April** at Woodton Church and **1st May** at Fritton Church.

COME AND JOIN US AT HEMPNALL MILL CAFÉ on Monday 4th April

Tea or coffee, homemade scones and cake from 10am and light lunches from 12 noon -2pm at the Mill Centre, Mill Road Hempnall NR15 2LP

For more information contact Margaret Sparham -Phone no: 01508499766 on Café days only 9am – 2pm

or 01508 499579 at other times. **Future dates - 9th May & 6th June**



HEMPNALL WOMEN'S INSTITUTE

The next meeting will be on **Wednesday 6th April at 7.30pm at the Mill Centre Hempnall** when Margaret Johnson will speak on **"Women's Fiction"**. Margaret has recovered from her accident and will replace the original speaker for this month. There will be a social time, refreshments, trading stall with the theme of "gardening", a raffle and the chance for a chat amongst friends. If you would like to know more about our group then please contact our Secretary, Sue Eagle 01508 499559 or just come along to the meeting.

HOME GROUP The Home Group will be meeting on **7th April and 21st April** at 7.30pm at the home of Kate Daynes, Willow House, Bungay Road, Hempnall



BORDERHOPPA MEMBERS OUTINGS

Borderhoppa has lots going on for our members in 2016 including lunches out, visits to garden centres and places of interest. If you or someone you know would like to join us, please call us on 01379 854800.

Membership is £6 for 6 months or £10 for 12 months, outings individually priced.

April 2016

Thurs 7th – Lunch at Chip Inn, Long Stratton - £5 (lunch extra)

Thurs 14th – Lunch at Half Moon, Rushall - £5 (lunch extra)

Mon 25th – Stowmarket - £12

HEMPNALL VILLAGE LITTER-PICK – THURSDAY 7th APRIL

Meet at the Village Hall at 1.30pm. Let's **"Clean for the Queen"**. See the notice below about equipment. Please contact either Yvonne Davy 01508 499405 or Janette Franks 498523. **Volunteers will be very welcome!**

WOODTON VILLAGE LITTERPICK – Saturday 9 April 2016 from 10 am. Meet outside Woodton Stores. This is part of the annual Big South Norfolk Litter Pick and to tidy up our village in celebration of the Queen's 90th Birthday. Volunteers will be provided with litter pickers, gloves and hi-visibility vests, waste and recycling sacks. **If you can spare an hour or two to help with the litter pick,**

please contact: Daphne Littleboy on 01508 482479 or email:

daphnelittleboy@hotmail.com



HEMPNALL COMPUTER CLUB meets on Friday 8th April at 7.15pm in the **Loft Hempnall Village Hall** for the new term. New members welcome contact Diane Freeman 499062

MOUSE RACING Topcroft Social Club, **Saturday April 9th 7 pm** Tickets £5 phone 482268 or 482722

WALKS IN APRIL - the first two for 2016

Two Sunday afternoon walks coming up will provide an opportunity to get to know more about the area in which we live

10th April Shelton/Hardwick

Meet at Shelton Church at 3.00pm for a pleasant walk with good views across the countryside. Contact: Josephine Murgatroyd: 01508 530453.

24th April Bedingham

Meet at Bedingham Church at 3.00pm.

This walk will follow a mixture of footpaths and quiet roads with views of both Bedingham and Woodton churches. Contact: Elisabeth Garrod: 01508 482360

Both walks will take about an hour and a half and will be rounded off with tea and cake.



HEMPNALL NEW PARENTS & TODDLERS GROUP Commencing from Tuesday 12th April. 9.00am-11.00am – contact: Diane Ingram 498549.

PILATES at Hempnall Village Hall Classes begin again on **Monday 11th & Tuesday 12th April** . Please see the website for further details www.nuttsaboutpilates.co.uk or phone Carin 01603503718/07963320694

WOODTON & BEDINGHAM LADIES TOGETHER

Next meeting Wednesday **13th April** at 7.30 p.m. in Woodton Village Hall.

Our speaker will be Tricia Black talking about her work as a Radiographer.

Visitors are always welcome.

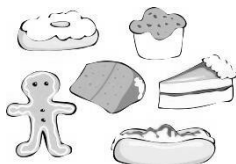
For further information please contact Tricia Gunson on: 01508 482543.

LADIES SHOPPING AND PAMPERING CHARITY NIGHT AT HEMPNALL VILLAGE HALL, Friday 15th April 7.30pm-9.30pm

Lots of fab stalls including Mae and Mabel Pop Up Boutique, Duck and Divas, Phoenix Cards, Peony Floral Design, Usborne Books, Scentsy, Happy Feet Reflexology, Silent Auction and many more.

Entry is £2.50 to include a glass of wine. Cake and nibbles available to purchase throughout the evening. Guaranteed to be a great evening so come along with your friends and have a well deserved night out whilst raising money for **Roy Castle Lung Cancer Foundation and Children with Cancer UK**.

Anyone still wishing to book a stall please contact Sarah Shipley 01508 482716 (sarahshipley1@icloud.com), Rebecca Mayhew 01508 482248 or Rachel Shreeve 01508 499128



**CAKE SALE & COFFEE MORNING Saturday 16th April at
St Margaret's Church, Hempnall, 10am-12noon.**

Cakes for sale, books, plants, bric-a-brac, raffle and refreshments.

Proceeds to St Margaret's Church and the Nepal Relief Fund.

If you could help in any way by donating cakes, books, plants or raffle prizes, it would be very much appreciated. Items can be taken to Claire Key (01508 499342) or Melanie Hook (01508 498187).

**FRIENDS OF HEMPNALL SCHOOL QUIZ & CHIPS
Hempnall Village Hall - Saturday 16th April - 7:30pm**

Teams of up to 4 people

£8 per person (price includes meal)

Licensed Bar & Raffle

To book a team or for more information please telephone:

Laura Johnson on 01508 499536

Limited places - please book early!

QUIZ NIGHT at Woodton Village Hall, Saturday 16 April, 7 pm.

Tickets £7.50 in advance from: Sarah Patey (01508 483838) or Daphne Littleboy (01508 482479) or on the door.

Includes Hot Dogs (veg option), cake, plus tea and coffee.

Please bring your own alcoholic drink.

Proceeds to Woodton Church.

TOPCROFT SOCIAL CLUB QUIZ NIGHT Saturday 16th April. Doors open at 8 p.m. for 8.30 start. £2 per person.

Dates for the Summer months once every four weeks on a Friday evening. Friday 13th May - 10th June - 8th July - 5th August - 2nd and 30th September.

**FRAMINGHAM EARL SINGERS CONCERT SATURDAY 16TH APRIL
7.30PM AT CENTRAL BAPTIST CHURCH, DUKE STREET NORWICH**



Gloria - Vivaldi

Cantique de Jean Racine – Faure

The Armed Man - Karl Jenkins

Conductor - Kenneth Ian Hytch (who conducted our Group Concerts)

Soloist - Lisa Cassidy

Tickets £8 in advance from Jean Griffiths 01508499421

or on line at www.framinghamearlsingers.co.uk or £10 on the door.

COMPUTER CLASSES AT HEMPSTALL VILLAGE HALL

Why not come to the friendly computer classes at Hempnall Village Hall where our Tutor can answer your computer problems?

The new sessions begin on **Tuesday 19th and Thursday 21st April** for 6 weeks sessions.

It's fun to learn the new technology including Windows 10!

Contact Yvonne Davy 01508 499405.



THE AGM OF BEDINGHAM PARISH MEETING will be held in Woodton Village Hall on **Tuesday the 19th of April** at 7.45 pm.

7.00 p.m. Prior to the AGM please meet at Phone Box corner for the opening of the new notice board.

7.15 p.m. Drinks and nibbles to celebrate the "Bedingham Book" at Woodton Village Hall

7.45 p.m. AGM. All parishioners very welcome.

TOPCROFT SOCIAL CLUB ANNUAL GENERAL MEETING

The Annual General Meeting of the Topcroft Social Club will be held on **Wednesday 20th April** at 7.30 pm , in the Social Club.

The last twelve months have seen a great deal of investment in the fabric of the Social Club and the Pavilion, funded by the Social Club and the Recreation Committee, with a contribution from South Norfolk Council and I am sure that all who have seen the new Pavilion Room will agree this has made a significant

addition to this excellent community facility. The next year will see further development, together with the Cricket Club to enhance the facilities for the women's and children's cricket teams and also to the facilities available to the Social Club members and other users. We recognise that AGMs are not at the top of many peoples "night out "list but as this is still very much at an early stage of thinking we would urge all members to come to the AGM and get involved to shape the future development.

Sandra Hebden

Secretary to the Topcroft Social Club

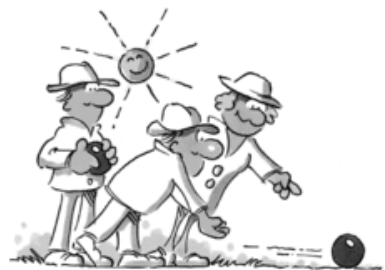


QUEEN'S 90TH BIRTHDAY CELEBRATION – Social Evening on Thursday 21st April, 8.00pm at the Topcroft Social Club/Pavilion. The beacon will be lit. The bar and light refreshments available. Please just come and bring a plate of nibbles if you wish.

WOODTON PAROCHIAL CHURCH COUNCIL ANNUAL GENERAL MEETING will be held on **Thursday 21 April** at 7 pm in Woodton Village Hall Meeting Room. All welcome.

PROGRESSIVE SUPPER Saturday 23rd April, 6.30pm start at 2 Kerrison's Cottage, venues to be confirmed. Tickets available from Daphne 07850 709297. Limited numbers so book early.

SAXLINGHAM BOWLS CLUB Open day on **Saturday 30th April at 1.30pm** at the Playing Field. ***Come along and have a go at Bowls. Coaching for beginners.*** Experienced Bowlers are welcome too. Ring: Chris Lacey on 01508 499700



BEECHES BOWLS CLUB, Fritton Road, Fritton
New members wanted – young or old.
Would you like to join a friendly Club? Come along on Saturday mornings in April and May, 10.30am. Equipment will be available to use and experienced club members to help. Flat

bottomed shoes would be useful. You will be very welcome! For further details please contact: Ken Day 01379 854498, Roger Clark 482481, Ray Hollands 499726.

Future Events For Your Diary

TOPCROFT PARISH COUNCIL MEETINGS

to be held at Topcroft Pavilion on:

- **Monday 9th May** at 7.30pm (Parish Meeting and AGM)
- **Monday 11th July** at 7.30pm

THE HEMPSTALL CINEMA CLUB Thank you to all of our club patrons who came along on Friday 18th March making our Full House showing of `THE LADY IN THE VAN`, a very enjoyable success. We received many requests to try and get the newly released, hilarious British Film, "DAD'S ARMY", an all-out laugh by a cast of top British character actors, and I am pleased to say, we have obtained the rights to show the film on **FRIDAY 13th MAY** one month before the D.V.D. release date. Tickets will be on sale from **MONDAY 25th APRIL**. Tickets are still only £5 including refreshments, and as we are sure this will be another sell out, to avoid disappointment, be sure to get your tickets early from Ned Potts on 01508 499741.

PAWS IN THE PARK

Sunday 15th May at The Ditchingham Estate.

Gates open 10.30-11.30am.

Calling all dog owners, ramblers, walkers. You can do a 2 mile, 5 mile or 7 mile walk on the private Ditchingham Estate. Adults £5, children and dogs free. Refreshments available.

Meet at Beaters Hall Retreat, off Belsey Bridge

Road, NR35 2JX. For further information phone: 01986 892728



CHRISTIAN AID WEEK 15th – 21st MAY

Morsheda is a young mother of four living in Bangladesh. She has no land, few assets and no savings.

For Morsheda's family living on low-lying islands in the Brahmaputra River, floods are a terrifying part of everyday life. Morsheda can't even count on having a safe place to call home: the single-room, corrugated-iron house she shares with her children has been flooded four times.



'I feel very scared of the river. When I look at it I keep thinking "it is coming".'

Dangers all around

One year, her humble house filled up to her knees with floodwater. To stay dry, and keep away from the dangerous snakes that now swam through her home she raised her bed up on bricks. But during the night she was woken by a loud splash. In the pitch black, her baby son had fallen into the inky water. He could have drowned in moments.

Race against time

In a bad year, huge waves crashed against her house, giving her less than an hour to uproot her home and scramble to safety. Racing against time, she gathered her terrified children together and hastily made a raft from a banana tree.

At any moment, it could have tipped and plunged them into the swirling waters, but it was their only hope. She put her youngest daughter in a cooking pot and clung to it as it floated in the current.

'My children were so scared. My sister was holding them very tightly and we were panicking because my neighbour's child was washed away.'

The floods are coming

Morsheda and her children live a precarious life. They know that the floods will come again, and soon. But we can lift our neighbours like Morsheda to safety.

Just £250 is enough for a Christian Aid Home Safety Package. It could flood-proof Morsheda's home, raising it eight foot on an earth plinth, so that she has a safe place to rebuild, keep livestock and grow crops. It could also buy a goat, seeds and a wormery to help produce compost – all of which will give her a long-term income and a solid foundation for a new life.

'If I could raise my house then I would feel much safer living here with my children.'

From 15-21 May, our Group will join with more than 20,000 others across the country for the sake of people like Morsheda. Across the UK and Ireland we will deliver 7 million envelopes to our local neighbours to raise money for our global neighbours in need. It's an opportunity to reach out to our community, and to make sure some of the world's poorest people have enough to eat and a safe place to live.

A Home Safety Package from Christian Aid could raise Morsheda's home on an earth plinth, safe from the flood plain, and give her resources to invest in things like farm animals, seeds and a composting kit – giving her the tools she needs to build a better future. A new chance at life for Morsheda costs as little as £250.

Can you deliver and collect Christian Aid envelopes to your neighbours to help raise money this Christian Aid Week? Contact Yvonne Davy 499405 or the office 498157 if you can get involved.

ADVANCE NOTICE Jill's Grills will be open on Friday 20th May for BACON BUTTIES! More details to follow next month.



SHELTON WITH HARDWICK COMMUNITY SCHOOL JUMBLE SALE

on **Saturday 21st May** at **Hempnall Mill Centre 2.30 pm - 4.00 pm**

Jumble, Bric-a-Brac, toys, tombola and refreshments. Free entry.

Please do come along and support us. All proceeds will go towards our outdoor play equipment appeal. Offers of jumble etc greatly appreciated.

Please contact Emma Wood on 01508 498454 or email spwood@btinternet.com

FLOWER FESTIVAL AT ST. CATHERINE'S, FRITTON

This year is the 300th anniversary of the birth of Capability Brown, arguably England's greatest landscape gardener. To celebrate this anniversary Visit England has declared 2016 'Year of the English Garden'. St Catherine's church, Fritton, will be having a flower festival to commemorate this event and to raise

funds in order to lay stone outside the Church porch. The flower festival will be held on the **18th and 19th June** and the theme is "My Favourite Book". Over the weekend we will be serving refreshments and ploughman's lunches, at specified times. We will also be having a Home Produce stall selling homemade cakes, preserves and other mouth-watering goodies. Even if you don't fancy flower arranging, you could bring a cake along for the produce stall. Anyone interested in taking part please ring Sandra Mahé on 01508 499308.

TOPCROFT OPEN GARDEN WEEKEND Sunday 29th May and Bank Holiday Monday 30th May, 11.00am to 5.00pm. Refreshments available all day. No dogs please. Further details in May or from Jackie on 01508 482267 or Daphne 07850 709297.

FRIENDS OF BEDINGHAM CHURCH are hoping to hold an **open garden event** on **Sunday June 5th**, also the garden party at the Jarvis house on **Friday July 8th**.

TOPCROFT FLOWER FESTIVAL

The theme this year is 'Village Life'. If you would like to join us to make a flower arrangement you will be most welcome. St. Margaret's Church **16th and 17th July**. For more information please ring Jackie 01508 482 267

FUTURE WALKS

Date		Contact:	Tel:
17 th July	Woodton	Daphne Littleboy	482479
7 th August	Fritton/Morningthorpe	Pat Parsons or Brian & June Cutting	498106 499600
4 th Sept	Topcroft	Margaret & David Ferre	482562
18 th Sep	Hempnall	Ron Cooper	499428

All walks begin at 3.00pm except on 7th August when the walk will follow the Lammas picnic lunch.

TOPCROFT PHOTOGRAPHIC COMPETITION: This year's competition will be held on **Saturday 1st October 2016** at Topcroft Church, to raise funds for the church:

Categories this year will be:

- 1. Architecture**
- 2. Animal or Bird in the countryside**
- 3. The Seasons**
- 4. Trains, Boats and Planes**

You may enter up to four photographs per category. Entry fee 50pence per photograph. Photographs should be no larger than 12" x 8" (A4) and be in a simple mount. No professional photographers please. Entries must not have been offered for sale or have won other competitions.

Details relating to entry will be in the September edition of Outlook. (Enquiries to David and Margaret Ferre – Tel. 01508 482562).

FOOD BANKS

There has been so much generous support for the **Food Bank** over the past two years that we hope to visit the warehouse/distribution centre in Eye this summer. If you might be interested to see what happens there, please could you let me know so we can make arrangements?

Penny Wall – Learning & Growing Team: 01986 895159.

We are so grateful to people who have supported the FOOD BANK in the past. If you would like to donate any items, please drop these off at Hempnall Rectory, Monday-Thursday 9am-1pm. All items are so appreciated by the recipients. Our next collection from church will be on: 3rd April at Woodton Church and 1st May at Fritton Church.

HEMPNALL MILL CENTRE LUNCHEON CLUB



Wednesdays and Thursdays from £4.50

Morning tea or coffee served on arrival from 11am. A two course lunch served at 12 noon. Pick up travel can be arranged - for more information contact: Margaret Sparham (Wed and Thurs on 499766 or 499579 at other times).



Borderhoppa Dial-a-Ride service

Borderhoppa buses are available to people of all ages who are unable to use ordinary bus services either because of mobility difficulties or because there isn't a bus service for them to use.

You can use a Borderhoppa bus to take you shopping, for doctors or other appointments, visit a friend or relative or to attend your local community group/club. Borderhoppa can also connect you with bus and train services to Norwich, Ipswich and beyond.

All drivers are fully trained. Borderhoppa buses pick users up from their door and will take them back again. Most vehicles are fitted with wheelchair lifts to make them fully accessible.

To use the dial-a-ride service all passengers need to become members. This costs £6 for 6 months or £10 for 12 months. Fares are priced according to distance travelled.

Membership forms are available to download from our website borderhoppa.org or you can request one by calling our office on 01379 854800.

THE VIDİYAL TRUST

Report of Pat Atkinson's Trip to India in January 2016

Pat says, for the past 4 years the reports have been set against severe droughts, there has been virtually no rain in Madurai during this period, and in our slum the situation has been so bad that for the past 3 years the standpipe has only been available for a couple of hours twice a week. The rains have come via a typhoon - a big relief all round, except for those who made their homes on the river bed which has been dry for several years, and these homes were washed away. Conditions in the slums because of sewage became a big problem. The sudden change in weather has led to viral infections, typhoid and other water related diseases.

Mavelikara

I have spent time with Jacob talking about the future of one of our buildings. We have decided because of government changes to settle the residential children back with families (if they had one) and to known carers if they did not. This has worked out well and Jacob sees the children regularly. The sponsorship goes further as we do not have to pay for home running, just food and upkeep, so we are able (from sponsorship donations) to put a small amount in to a bank account for the children too. This will be a great help for them when they move out of care. The boys home became our Montessori nursery, which is being run on a semi commercial basis all profit supporting some free places and helping with our tuition centre costs. £7,000 of this was met by our Mavelikara trustees. This left the girls home, hence the discussion and decision making. The home has 4 dormitory areas, 2 smaller rooms, toilets and showers. At present it is used by the 57 tuition centre children morning and evening, and one of the dorms is occupied by 5 grannies, who come to spend each day with us.

Pat Atkinson will be speaking at Norwich Cathedral on Sunday 19th June at 3.30pm.

Community Surveyors for Wood Green Common

Help Put Local Wildlife on the Map This summer Norfolk Wildlife Trust will be carrying out wildflower surveys and creating a habitat map for the common in Wood Green. We are looking for a small group of people from the local area to help us carry out these surveys by becoming Community Wildlife Surveyors. This project is a fantastic opportunity for people to develop skills in wildlife recording, learn more about local wildlife and to make a real difference to wildlife conservation. So if you have an enthusiasm for wildlife conservation, have an interest in wildlife and are interested in learning how to carry out a plant survey and improve your skills in wildflower identification then get in touch! To find out more about becoming a Community Wildlife Surveyor please email Gemma at gemmaw@norfolkwildlifetrust.org.uk or phone her on 01603 625540.

BEDINGHAM HISTORY

I have a few copies of 'Bedingham 1066 to 2001 AD' left. Anyone with links to Bedingham is very welcome to have a copy. All we ask for is a contribution to Bedingham Church in return. Phone 01508 482235.

Thank you....

FRITTON AND MORNINGTHORPE QUIZ AND BINGO NIGHT 11TH MARCH

Thank you to everyone for making this enjoyable fundraising evening so successful. As a result of your support and generosity we are able to send over £580.00 divided between the two churches and All Hallows Hospital.

Thank you, to all you good people for the wonderful job you did for the **Spring Clean** at Topcroft Church. So many good comments about the church being well cared for and loved. Jackie

WOMEN'S WORLD DAY OF PRAYER On Friday 4th March we had a super service, this year arranged by the women from Cuba, with the theme "Receive Children, Receive Me." 22 people attended – including 3 men. We had a lovely lunch and afternoon tea. We learnt about Cuba and how the country is changing as the American embargo is being lifted. The country needs our prayers for a just and fair society to develop. The service reminded us that children and everyone are accepted by Jesus, so we too should strive for the best life for children. The amount donated was £123.15. Thank you to all who helped in the service and in bringing food for us. Maggie Kingston.

BEDINGHAM 59 CLUB WINNERS

A Binks. No 42. E Howman. No 55. K Shilling No 47. S Williamson No 1

HEMPNALL VILLAGE HALL TOTE WINNERS February 2016

£40 P. Hastings £30 K. Rust £20 D.Hewett

£15 Y. Davy £10 M. Wright

If you would like to join Hempnall Village Hall Tote at only 50p per number per month - please contact Valerie Carter 01508 498181

This is a way of supporting this great Hempnall asset- the Village Hall.

URGENT - Lost Memorabilia!

Please check your book cases or shelves

Bill Clutten from Woodton has lent some papers and a book relating to the building of a **railway and bridge in the Far East** during the Second World War to someone. Bill desperately needs these items returned. Please help if you can.

Call Bill on 01508 482295.

Happy Birthday to:

Children

- * Millie Hanner who will be 6 on the 2nd
- * Harry DJ Shreeve who will be 10 on the 9th
- * Elliot Storey who will be 3 on the 12th
- * Matthew James Buck who will be 5 on the 12th
- * Eleanor Pretty who will be 10 on the 14th
- * Leocadia Wood who will be 5 on the 27th



Teenage

- * Fern Broom who will be 15 on the 1st
- * Sam Yaxley who will be 17 on the 10th
- * Matilda Warde-Aldham who will be 16 on the 18th
- * Alessandro Maruca who will be 14 on the 18th

From the Registers

Funerals

19 th Feb	Gwendoline Read (aged 70)	Bedingham Church
10 th Mar	Kenneth (Kenny) Brown (aged 84)	Woodton Church

Burial of Ashes

10 th Mar	Mary Kybird (aged 85)	Hardwick Church
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CHURCH DIARY

April 2016

Tues 5 th	2.30pm	Get Together at Joyce's Chapel Hill, Woodton	Home of Joyce Andrew's
Thurs 7 th	7.30pm	Home Group at Kate Daynes'	Willow House, Hempnall
Sun 10 th	3.00pm	Hardwick & Shelton Church Walk	Meet at Shelton Church
Wed 13 th	7.00pm	Fritton & Morningthorpe PCC AGM	Friars Farm Barn
Thurs 14 th	7.00pm	Hardwick & Shelton PC AGM	Hardwick Church
Sat 16 th	7.00pm	Quiz Evening	Woodton Village Hall
Wed 20 th	7.00pm	Hempnall PCC AGM	Hempnall Church
Thurs 21 st	7.00pm	Woodton PCC AGM	Woodton Village Hall
	7.30pm	Home Group at Kate Daynes'	Willow House Hempnall
Sat 23 rd	6.30pm	Topcroft Progressive Supper	Start at 2 Kerrison Cottage
Sun 24 th	3.00pm	Bedingham Church Walk	Meet @ Bedingham Church
Wed 27 th	7.00pm	Bedingham PCC AGM	The Flat
Thurs 28 th	7.30pm	Topcroft PCC AGM	Topcroft Pavilion
	7.00pm	Quiet Prayer	Hempnall Church

Every Tuesday at 5.00pm Evening Prayer at Llamados (Bill Clutten's)
 Every Wednesday at 5.00pm Evening Prayer at Hempnall Rectory
 Every Thursday at 8.00am there is Holy Communion in Hempnall Church

CLERGY: Team Rector Michael Kingston 01508 498157
 Team Vicar Liz Billett 01508 482366
 Reader Jackie Cook 01362 288195
 Group Office (Mon-Thurs 9.00am-1.00pm) 01508 498157

ALL PHONE NUMBERS BEGIN WITH 01508 UNLESS STATED OTHERWISE

ALINE TURNER ACA - bookkeeping, accounts, tax returns, payroll	Call 550403 or 07785 528069
ANDRE SANTANDER All plumbing, repairs, tiling and bathrooms	499283 or 07775 575796
ARCHITECTURAL SERVICES Call Mark Woods for advice and free quotation	498805
ARKSCAPE LANDSCAPE & GARDENING SERVICES Free quotes no job too small	470482
BANNER ROOFING SERVICES LTD Quality felt and fibreglass flat roofing	07766604054 or 498444
BEAUTY THERAPIST in Hempnall offering Sienna X Spray Tans	Barley Moyes 498855/07789722533
BED & BREAKFAST at George's House, Woodton www.rossmag.com/georges/ Call Juliet	482214
BUILDER Small works and maintenance, sand blasting	D W Beckett 499435
CARPENTER Mark Whitbread Free quotations. No job too small	532605
CARPET AND UPHOLSTERY CLEANING Local reasonable rates	David 01379 608529 or 07768757308
CARRY ALL Supplies of quality aggregates, to trade & public free delivery no VAT	536182 or 07850402845
CHILDMINDER in Hempnall. 2/3 year old funding approved. Level 3 qualified.	Helen 07754 942987
CHIMNEY SWEEP	Ring James 07990 655340 or 07944 743681
CHRIS BAKER TRANSPORT Removals and House Clearance	531738 or 07785306249
CHRIS CLARKE OIL BOILER SERVICES, servicing & breakdown repairs	07912146619 & 536573
CUNNINGHAM GARAGE A range of services for all motoring needs, cars and commercials	499232
DAVID HEWETT FRICS Chartered Building Surveyor CAD drawings & surveying services	499761
Do YOU need a cleaner? Local, vetted insured ladies £10.50 per hour (min 2 pw)	0845 504 9133
ELECTRICIAN Bob Turner – Domestic and Commercial Electrical Contractor	07899794813
FEET – Corns, calluses, nail cutting and more, treated in your home	Wendy 01379 676872
FEET – Have your feet treated at home – nails cut, corns and dry skin removal etc.	Nicky 07719727581
FLORIST, Tyler Lilley Flowers, weddings, sympathy, events tylerlilleyflowers.co.uk	531282
GARAGES TO LET. Long Stratton area, Secure, dry, insulated, power.	Call Paul 07803 927303
GREENDALE GARDENING SERVICES Grass & Hedge Cutting, Fencing	Andy 07802702602 / 531168
HEMPNALL HOME CARE SERVICES: personal care and support in your home Contact Karen	07538 936249
HEMPNALL LAWNMOWER CENTRE Brick Kiln Lane Morningthorpe www.mowdirect.co.uk	473700
HEMPNALL PARISH COUNCIL	website address: www.hempnallpc.org
INDEPENDENT FINANCIAL ADVISER:	Contact Philip Edwards on 499496 or 07917296773
JOHN GODDARD Gardening, driving & Agricultural work, Reliable & Experienced	07875121788 or 531055
LLOYD JOHNSON FINANCIAL CONSULTANT, Mortgages, Investments, Protection	483972 / 07780 330768
LOCAL SKILLED HANDYMAN AVAILABLE only £12 per hour	Call Mike 07534694673 or 494547
NORFOLK WOODBURNERS, Hempnall. Suppliers and Hetas installers.	498393

More Adverts inside back cover

NURSERY SCHOOL – SPRING-BOARD Saxlingham Nethergate Contact: Joanne/Julie 498796
OIL, GAS HEATING AND PLUMBING SERVICES – Alan Bell 07710 515775 or 532393
OSTEOPATHY, Cranial-accidents, back, headache. 01953 789629 e-mail acorns.aylsham.clinical@gmail.com
PAINTER & DECORATOR Graham Bull over 25 years experience grahambull071@btinternet.com 482409
PAUL CLARRY PLUMBING & HEATING for all your requirements 07887485676 / 550519
PAWS 4 TRAINING – Puppy Life Skills, Obedience, Agility and 1-2-1 Training 499026 / 07709 539903
PETER MATTHEWSON PLANT HIRE Drainage & Groundworks. Please call for info 482655 / 07850722094
PIANO LESSONS Bedingham. All ages welcome. Marian 482746
PLASTERING – Gary of Jarman Plastering Services 482709 or 0771 7174617
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R.B. COPPING FUNERAL SERVICES, PORINGLAND 494434
R. H. TREE SERVICES contact Robert Herring 482552 or 07926751987
ROSEDALE FUNERAL HOME Beccles & Bungay, a family business 01986 892790/ 01502 714445
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TUTOR 3Rs science to GCSE, revision support. Contact Storm fayre@me.com 07939 242262
WHERRY VETERINARY GROUP Surgeries at Hempnall and Bungay 01986 892771
WINDOW WONDERLAND: window cleaning services contact Sam Raynes 482679 or 07975579292
www.mouse-computing.co.uk For all your computer problems & advice Mike 07813026580

**Copy for the May issue of Outlook should be
delivered/posted to:
Group Office, The Rectory, The Street, Hempnall, NR15 2AD
before 15th April**

or e-mail: hempnallgroup.office@btinternet.com