



Village News

Produced by The Hempnall Group of Parishes



August 2021

Thought for the month...

Hello Everyone,

Butterflies are beautiful aren't they? Did you know that they cannot fly if they are cold; their wings are transparent; they taste with their feet; their bright colours dissuade some potential predators by suggesting bad taste; they are also a food source to predators like birds, spiders and other animals; Before winter the Monarch butterfly migrates up to 2000 miles, forming huge colonies in Mexico and parts of California. Worldwide there are an estimated 17,500 species, 59 of which are from the UK.



Butterflies have long been used by ecologists as an indicator as to the health of our eco-system. Birds plan their whole breeding season around when caterpillars are most abundant. Plants need pollinators for reproduction. Along with the bee populations it seems there has been a decrease in numbers of butterflies.

Butterflies have a very long history on Earth. Scientists have discovered butterfly fossils dating back to 40 million years ago. Let it not be in our time that their decline becomes irreversible. Planet Earth is our only habitat; there is nowhere else to go. Creation is entrusted to our care and keeping, by our Creator God. We all have a part to play.

You may have heard of the "Butterfly Effect", small changes in one area can result in a large difference elsewhere. So what can we do?

This summer why not take part in the Big Butterfly Count 2021; you have until the 8th August. All you have to do is count how many butterflies you see in 15minutes, then record your finding at <https://butterfly-conservation.org/news-and-blog/big-butterfly-count-2020-the-results>

Thank you

Liz

From the Revd Keith James

This is perhaps Sheenagh Pugh's most famous poem. She was born in 1950, studied at Bristol University, and became the Creative Writer Educator at Glamorgan University where she taught until her retirement in 2008. She now lives in Shetland.

For me her work is all about hope and possibility. During the past seemingly endless months of Lockdown with all its rules, regulations and restrictions, many, like me, will have experienced a feeling of despair and helplessness. Sheenagh reminds us that things can and will change. I hope you feel that way too.

~Revd Keith James~



Sometimes

*Sometimes things don't go, after all
from bad to worse. Some years, muscadel
faces down frost; green thrives; the crops don't fail,
sometimes a man aims high, and all goes well.*

*A people sometimes will step back from war;
elect an honest man; decide they care
enough, that they can't leave some stranger poor.
Some men become what they were born for.*

*Sometimes our best efforts do not go
amiss; sometimes we do as we meant to.
The sun will sometimes melt a field of sorrow
that seemed hard frozen: may it happen for you.*

~Sheenagh Pugh (b. 1950)~

OUR SERVICES IN AUGUST

1st August 2021 | 9th after Trinity

10:00am | Group Family Praise
at Hempnall Church

To reserve your seat please contact
Claire Key Email: clairekey58@yahoo.co.uk

8th August 2021 | 10th after Trinity

9:30am | Eucharist at Hempnall Church
11:00am | Eucharist at Topcroft Church
4:00pm | Church in the Park, Family
Praise at Hempnall Church

15th August 2021 | 11th after Trinity

9:30am | Eucharist at Bedingham
9:30am | Morning Service at Hempnall
11:00am | Eucharist at Topcroft

22nd August 2021 | 12th after Trinity

9:30am | Eucharist at Woodton
11:00am | Morning Praise at Topcroft
11:00am | Eucharist at Morningthorpe
4:00pm | Church in the Park, Family
Praise at Hempnall Church
6:00pm | Evening Service via Zoom



29th August 2021 | 13th after Trinity

10:00am | Group Eucharist at Shelton

Bedingham Parish Meeting

The next Parish Meeting
will be held at 7.00pm on 14 September 2021
at Woodton Village Hall

All Bedingham residents are warmly invited to attend;
the agenda
will be sent by email.

Please email BedinghamParish@gmail.com to subscribe



As we are all enjoying more freedom please take pride in
our lovely villages and remember to take your litter home
with you.

DEPWADE DEANERY



**Annual
Walk, Tea and Deanery Evening Service**

12th September 2021

**St. Mary's Church
Long Stratton**

**Join us for a walk at 4pm
Tea at 5pm
Deanery Evening
Service at 6pm**

Everyone welcome



Local News

On **Sunday 22nd August at 2pm**, please join us for a walk starting from **Shelton Church**.

The walk will last about one and a half hours and will include Wood Green. This will be an ideal location for a pause in the walk, so please feel free to bring some refreshments and take the opportunity to have a chat with the other walkers.

For further information please phone David and Josephine on: 01508 530453.

Let's Walk



12 Circular walks in South Norfolk

£2.00

Let's Walk Again



Circular walks in south Norfolk

£2.00

Let's Walk Further



Circular walks in south Norfolk

£3.00

We have 3 walk books available from our churches or the church office, 01508 498157.

Post Card from Fritton



Fritton and Morningthorpe PCC is hoping to compensate in some way for loss of church collection monies during 2020 and 2021 by selling postcards of St. Catherine's, Fritton. Tilly Cooper has drawn a picture of the church which has been reproduced on good quality, standard sized postcards.

These postcards can be bought at a cost of 50p each, in bundles of 10s and 20s. If you would like to buy some please contact:

Susanna Cooper - frittonsusanna@gmail.com Tel: 01508 498297

Please make your payment to the following bank account:

Sort code 20-26-34, Account number 20688533, Account name Fritton and Morningthorpe PCC. Please reference your payment "postcards"



HEMPNALL VILLAGE HALL

Good News Hempnall Village Hall is beginning to open up again! **Hempnall Art Club** is meeting on a limited scale. **Pilates** exercise classes, **Yoga, Fitmix, Boexercise** and **Ballroom Dancing** are all meeting again. Some **parties** are in the pipeline

and we hope to start **WEA courses** and **Computer classes** in the Autumn.

WATCH THIS SPACE!

More information about booking the village hall can be found on there website.
<http://www.hempnallvillagehall.co.uk/> or by calling 01508 499406

CLEANER(S) REQUIRED as soon as possible for Hempnall Village Hall.

Can be one or two people or job shared.

Good rates of pay and flexible working.

Labour saving equipment available.

Please apply to either Damian Ashcroft 01508 499162

or email the booking clerk Sarah Batchelor

hempnallvhbooking@gmail.com as soon as possible.

Topcroft Parish Council

Meeting Dates 2021

Monday 13th September 2021 at 7.30pm

Monday 8th November 2021 at 7.30pm

Planning meetings are arranged as and when required.

The agenda is displayed 3 days before the meeting on the noticeboards & website: www.topcroftpc.norfolkparishes.gov.uk

The meetings are held in the pavilion.

For further details contact the Clerk email: topcroftpc@gmail.com

~ All Parishioners Welcome ~

News from Woodton Primary School - July 2021

We have had a wonderful Summer term at Woodton Primary and managed to pack a lot in!

We have had several Curriculum Days, starting with VE Day where we had a picnic and celebration outside whilst learning about what it would have been like to experience VE day in 1945. We then had a Day of Welcome where we were



learning to welcome and understand the issues experienced by refugees and asylum seekers. This linked well with our Black Lives Matter Day where we shared stories and biographies to celebrate the diversity of our world. In mid-June our creativity was sparked when we held a Computing Day and focused on creating dioramas (shoe box scenes) and stop frame animation – Hollywood here we

come! A little while after this, on the 21st of June, we celebrated World Music Day by making and playing instruments and learning about music from different cultures – the Indian bells can still be heard tinkling in the corridors. To round off our curriculum days we held a Faith Day, exploring Buddhism – we learned about how Buddhists pray, how to meditate, created our own mandalas, and learned about the Bodhi Tree.



If that wasn't enough, we've also squeezed in a trip to the Time and Tide Museum in Yarmouth – with a sneaky visit to the beach – where we learned how to be a pirate and Navy Admiral. As this goes to print our Year Sixes are preparing to move on to pastures new and are celebrating their time with us with a visit to Bewilderwood. We wish them all luck and best wishes as they move on to the next exciting

stage of their education – but will miss them enormously.

The summer term wouldn't be the same if we hadn't held our annual Sports Day, albeit without our normal cheering crown of parents and family. The children

had a wonderful time and eagerly cheered on their houses – happily making up for the lack of adult voices! Another end of year tradition that couldn't be abandoned in these altered times is the Key Stage Two Production. Although we didn't take over the Village Hall as we normally would, we are creating a video compilation to share on our website – squint and it'll be as if you were there.

For more photos and information about what we have been up to, please visit the school website:

<http://www.ellinghamandwoodton.co.uk/woodton-primary/gallery-2/>



Woodton United Charities have launched a new website for the residents of Woodton. It can be found at <https://woodtonunitedcharities.co.uk/> Please logon to get details of help available and to download an application form.

Do you need any financial help with Education costs, Transport costs, heating or financial assistance in any times of need? All Grants are considered at the discretion of the Trustees, and treated in confidence. Application forms can also be collected from Ian Butler. He can be contacted on 01508 482451.

We are also looking to fill the post of **Secretary**. It involves minute taking at four meetings per year and a small amount of general administration to aid the Charity. This is a paid role.

If you feel you can spare the time to help this noble Charity please email Woodtonunitedcharities@gmail.com.



South Norfolk Community Awards 2021

Say thank you to local volunteers in the community and volunteer them for a South Norfolk Community Award today.

Winners will receive £250 to donate to a charity or community group of their choice.

View the categories and nominate easily online at southnorfolkandbroadland.gov.uk/CommunityAwards or call 01508 533816.

Sponsored by Clarion Housing.

At **HEALTHWATCH NORFOLK** we are launching a project alongside Healthwatch Suffolk to find out how people affected by cancer have accessed their appointments during the pandemic. We are working with the people in charge of cancer services in Norfolk and Suffolk to help shape the way appointments are accessed in the future, so it is vital that we get as much feedback as possible to get an authentic sense of patient opinion. If you live in Norfolk or Waveney and have had a cancer diagnosis, referral, or treatment since March 2020, Healthwatch Norfolk and Suffolk would love to hear from you. If you would like to participate, please contact Healthwatch Norfolk by calling 0808 1689669, or emailing enquiries@healthwatchnorfolk.co.uk. Alternatively, the survey can be completed online by visiting www.smartsurvey.co.uk/s/cancerappointments/



Healthwatch Norfolk and Healthwatch Suffolk are the independent voices for patients and service users in our counties. We gather your views of health and social care services to ensure they are heard by the people in charge. For more information about what we do, visit our websites www.healthwatchnorfolk.co.uk and www.healthwatchesuffolk.co.uk.”



It has been a long time since our members have been able to enjoy the weekly outings with us, but we are happy to announce that we are hoping to start these again in September 2021. If you would like a copy of our outings leaflet when it is ready, please contact us.

We are currently looking for more trustees and volunteer drivers to support our vital community transport service. Our services provide a lifeline in the community so anyone who can help would be making a worthwhile contribution to local life. If you have some spare time and would be interested in helping us, we would love to hear from you.

For all enquiries, please contact the office on 01379 854800 or email adminborderhoppa@btconnect.com.

A Big

THANK YOU



Hempnall Group of Parishes

For donating 217kgs of food, equivalent to 310 meals
Your donations make a **BIG** difference to local people in
crisis.



Matthew Scade

Matthew Scade Project Manager

Waveney foodbank is part of the Trussell Trust's UK wide foodbank network.

Registered Charity Number 1151679 | Registered in England and Wales

Food Bank

Items for our Food Bank are still needed; we are very grateful to all who continue to contribute during this difficult time. Our next collection will be on: **Sunday 5th September. Any items can be left at Hempnall Church Office Mon-Thu, 9am-12:30pm. Please phone before arrival - 498157**



Save Norfolk's Churches. Take part in the Bike Ride & Walk, Saturday 11th September 2021

For more details please see the Norfolk Churches Website:
<https://norfolkchurchestrust.org.uk/bike-ride-walk/>

Endorsed by the Bishop of Norwich

"I am delighted to support the Norfolk Churches Trust Bike Ride and would encourage you to show your support by taking a ride or drive around our beautiful county. Our churches are sacred and special places – treasure troves of memory for generations of people. They belong to all the community and this is a great opportunity to play your part in their repair and preservation for future generations."



August in the Garden

August is usually one of the hottest months of the year - making watering essential. Try to use grey water wherever possible, especially as water butts may be running low if it has been a dry summer. August is traditionally holiday-time, so you might need to enlist the help of friends and family to look after the garden while you are away. When you are at home, take the time to prune *Wisteria* and summer-flowering shrubs such as lavender once they've finished flowering.



TOP TEN TO DO LIST

1. Prune *Wisteria*
2. Don't delay summer pruning fruits trained as restricted forms
3. Deadhead flowering plants regularly
4. Watering! - particularly containers, and new plants, preferably with grey recycled water or stored rainwater
5. Collect seed from garden plants
6. Harvest sweetcorn and other vegetables as they become ready
7. Continue cutting out old fruited canes on raspberries
8. Lift and pot up rooted strawberry runners
9. Keep ponds and water features topped up
10. Feed the soil with green manures



BERGH APTON ARTS

presents



A TRAIL LIKE NONE OTHER

8-12 & 22-26 SEPTEMBER

Info & Tickets

<https://bacat2021.wixsite.com/bacat>

Info 01508 480696

'One for the Rook' is an acknowledgement and celebration of the wild world around us, the creatures, plants and insects which are our 'neighbours'. We follow in the footsteps of those beautiful and influential books, 'Lost Words' and 'Lost Spells' written by Robert Macfarlane and illustrated by Jackie Morris. Although 'following' it is very much our own pathway we have created..

The event is a 'trail' of about 1.5 miles in the countryside around the village of Bergh Apton. There are a dozen 'stop, look and listen' places, some with music and words to enjoy. The 'trail' opens in the church porch which becomes a tiny theatre and then, the intrepid 'travellers' go off to be interested, intrigued and inspired and, to keep wits sharp, there is a puzzle full of trickery to solve. The trail finishes in the body of the church where there is music and readings to listen to, lanterns to admire and a CD to buy!

The 'One for the Rook' trail is quiet, contemplative and can be walked as a meditation.

Happy Birthday to....

Children

Zoe Chapman who will be 5 on the 2nd

Cameron John Keeler who will be 12 on the 18th

Octavia Wood who will be 12 on the 19th

Teenage

Isabelle Potter who will be 14 on the 26th



From the Registers....

Baptisms

11th July 2021, Christopher Niall May at Hempnall Church

24th July 2021, Harper Adelaide Holland at Hempnall Church

Weddings

25th July 2021, John Joyce and Daphne Littleboy at Woodton Church

Funerals

2nd July 2021, Colin Ivan Mattless, aged 90 years, burial of ashes at Shelton Church

5th July 2021, Eva Catchpole, aged 88 years at Topcroft Church



Need Help?....

ALINE TURNER ACA - bookkeeping, accounts, tax returns, payroll - 01508 550403 or 07785 528069
ART WARTERCOLOURS FOR GEGINNERS & IMPROVERS - gill@gilly-marklew.co.uk - 01508 499070
BLACK CAT CYCLES - Mobile repairs & services - service@blackcatcycles.co.uk - 07996 403794
CARPENTER - Mark Whitbread, Free quotations, No job too small - 01508 532605
CARPET AND UPHOLSTERY CLEANING - Local reasonable rates - David - 01379 608529 or 07768 757308
CARRY ALL - Supplies of quality aggregates, to Trade & Public, Free delivery, No VAT - 01508 536182 or 07850 402845
CHESS TUITION - Teaching at all levels - Martin Walker - martinwalker723@gmail.com - 01508 492471
CHIMNEY SWEEP - Guild of Master Sweeps, Clean & Friendly, Smoke /test/Certificates - Dave 07835 757528
CHRIS BAKER TRANSPORT - Man & Van - 01508 531738 or 07821 923489
CHRIS CLARKE OIL BOILER SERVICES - Servicing: 07912 146619, Breakdowns: 07377 516660
DAVID HEWETT FRICS - Chartered Building Surveyor CAD drawings & surveying services - 01508 499761
ELECTRICIAN - Bob Turner - Domestic & Commercial Electrical Contractor - 07899 794813
FARM SHOP, CAFÉ & BUTCHERY, Norwich Road, Woodton for the best Raw Milk in Norfolk - 07900 814252
FEET - Corns, calluses, nail cutting & more, treated in you home - Wendy - 01379 676872
GARAGES TO LET - Long Stratton area, Secure, dry, insulated, power - David - 07770 587981
HAMPNALL PARISH COUNCIL- Website Address www.hempnallpc.org
NEW SALON - Hempnall - Gel & Acrylic Nails, Lashes, Brows, Waxing, Hairdresser & Barber - 07872 366756
NORFOLK WOODBURNERS -Hempnall - Woodburner Supplier & Installer - 01508 498393
OIL, GAS HEATING AND PLUMBING SERVICES - Alan Bell - 07710 515775 or 01508 532393
OSTEOPATH - Cranial-accidents, back, headache - reception@norfolkost.co.uk - 01953 789629
PAINTING, DECORATING, FLOORING & FLOOR RESTORATION, WOOD PAINTING & STRIPPING - Seb - 07821 973612
PAUL CLARRY PLUMBING & HEATING - For all your requirements - 07887 485676 or 01508 550519
PETER MATTHEWSON PLANT HIRE - Drainage & Groundworks - Please call for info. 01508 482655 or 07850 722094
PIANO LESSONS - Bedingham - All ages welcome - Marian - 01508 482746
PLUMBER - David Milward - Over 30 years' experience all plumbing work - 07763 359313 or 01508 498005
R. B. COPPING FUNERAL SERVICES, PORINGLAND - 01508 494434
ROSEDALE FUNERAL HOME - Beccles & Bungay, a family business - 01986 892790 or 01502 714445
S. W. CONTRACTORS Groundwork, Gardens, Fences, Patios & Hedge Trimming - 01508 495528
SAFE & SOUND HYGIENE AND PEST CONTROL & GARDEN MAINTENANCE - 01379 788865 or 07809 226109

TK GARDEN MAINTENANCE - Hedge trimming, Tree care, Lawn mowing, Garden clearance - 07858 723357
TUTOR MATHS & SCIENCE TO G.C.S.E. - Contact Storm Roberts - fayre@me.com - 07771 857255 or 01508 482621
UPHOLSTERY & SOFT FURNISHINGS, Woodton - outoftheburrough@gmail.com - 07771 857255 or 01508 482621
WINDOW WONDERLAND - Window cleaning services - Contact Sammy Raynes - 01508 482679 or 07975 579292

More adverts inside back cover....

Contact us....

Liz Billett – Team Vicar [07891 854219](tel:07891854219) or 01508 482366

Group Office, open Mon-Thurs 9am-12.30pm

Telephone: 01508 498157

Our email: hempnallgroup.office@btinternet.com

Our website: www.hempnallgroup.co.uk



Items for the September issue of Village News should be delivered/posted to:
Group Office, The Rectory, The Street, Hempnall, NR15 2AD
before 15th August
or e-mail: hempnallgroup.office@btinternet.com