



Village News

Produced by The Hempsall Group of Parishes



September 2022

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SEPTEMBER WALK

Walk – Thursday 22 September at Horsey

This is a 5 mile circular walk on mainly flat ground.

There is a shorter option of 2.5 miles. Meet at the National Trust car park by Horsey Drainage Mill at 10 am. A lunch at 1 pm is planned at Poppylands, a

1940's style café with artefacts and shop. If you would like more information to join the walk and/or lunch, please let Daphne and John know (01508 494318) or email daphnelittleboy@hotmail.com as the café requires numbers for lunch.



More dates for your diaries!

Autumn Walks 2022

23rd October Margaret and David Ferre 01508 482562

20th November Daphne and John Joyce 01508 494318

Winter Walks 2023

26th February Shirley and Keith Mayer 01508 499465

19th March Josephine & David Murgatroyd
01508 530453

23rd April Sue and David Banham 01508 498223

All welcome!

Please contact the walk leader for more information.

BEDINGHAM 59 CLUB WINNERS

23.7.22 26 P. Marriner

06.8.22 20 B. Seaman

30.7.23 12 M. & K. Irons

13.8.23 59 S. Osman-Davies

TOPCROFT PHOTOGRAPHIC COMPETITION

This year's competition will be held on Saturday 10th September 2022 at Topcroft Church, to raise funds for the church. This year there will be a separate class for young people age 12 and under.



Categories this year will be:

Wildlife
Architecture
Landscape/Seascape

You may enter up to five photographs per category. Entry fee £1 per photograph. Photographs should be no larger than 12" x 8" (A4) and be in a simple mount. No professional photographers please. Entries must not have been offered for sale or have won other competitions.

Entries should be taken to Topcroft Church on Saturday 3rd September from 10am-11am or from 2pm-3pm.

Judging will take place in the morning of the Saturday 10th September and the church will be open for viewing from 2.30pm. Our judge this year is David Penrose who has kindly agreed to comment on the entries.

Any enquiries please phone David and Margaret Ferre - 01508 482562. – or email davidandmargaretbeaula@btinternet.com

Let's Walk



12 Circular walks in South Norfolk

Let's Walk Again



Circular walks in south Norfolk

Let's Walk Further



Circular walks in south Norfolk

We have 3 walk books available, at £3 each, from our churches or the church office, 01508 498157.

Bedingham Residents...

Our next Parish Meeting

will be held on
13th September at 7pm
in the **Village Hall**,
with our usual social gathering
to follow.

Everyone in the Parish is welcome

Please send any items for the agenda to
bedinghamparish@gmail.com
by 31st August.

If you would like to be added to the
parish mailing list please email the
address above.

Look forward to seeing you
Thank you



Sunday 11th September

Deanery Walk 4pm

Gather in the car park of
Seething Village Hall

Deanery Tea 5pm

Served in Seething Village
Hall

Deanery Service 6pm

Worship together in St
Margaret's Church,
Seething



Hempnall Mill Centre
Mill Road
Hempnall
NR15 2LP



The Mill Bar



UPCOMING EVENTS



3 Sept - 4pm - Family Olympics, Gray's Pizza Truck
Music by Graham McGrotty

10 Sept - 7pm - Elvis Tribute by Andy Ottley*

22 Sept - 7pm - Clairvoyance Evening with Julia Edge*

30 Sept - 2nd Oct - Mill Bar Beer Festival
& Gray's Pizza Truck (1st Oct only)

29 Oct - 5pm - Children's Halloween Party

5 Nov - Fireworks After Party

Follow Us on Facebook & Instagram for Updates & Events

*Ticketed Event - Tickets Available Mill Bar or 07824324026

Hempnall Art Club

ART EXHIBITION

October 15th & 16th

10-30 to 4-00

Art works for sale by club members
and invited local artists

Hempnall Village Hall
Bungay Road
Hempnall, NR15 2NG

Home made cakes
Tea and coffee

Supporting East Anglian Air Ambulance
Free entry



Saxlingham Christmas Fair

The Christmas Fair will be held in Saxlingham Village Hall on **Saturday 19th November**.

There will be Christmas gift stalls, book stall, cake stall, raffle and refreshments.

Put the date in your diary and pop along to the Village Hall.

If you would like to have a stall at the Fair please email Lynn at robbosax@me.com



CHRISTMAS SHOE BOXES—OPERATION CHRISTMAS CHILD

The mission of Operation Christmas Child is to show God's love in a tangible way to children in need around the world, and together with the local church worldwide, to share the Good News of Jesus Christ.

A small shoebox can have a big impact. What goes into the box is fun, but what comes out of it is eternal. Be a part of changing children's lives all over the world through the power of a simple gift with Operation Christmas Child.

*We will be collecting shoe boxes again this year, boxes are available from the Group Office. Boxes should be returned to the Group Office by **Tuesday 1st November 2022** (Office Mon-Thu, 9am-12:30pm. Please phone before arrival – 01508 498157)*

HEMPNALL TRUST

HEMPNALL MILL AND BAR – LATEST NEWS

The Mill Bar at Hempnall Mill has reopened. The bar is open every Friday evening from 6pm and the regular Fish & Chip van is in the car park.

Special events are planned for the first Saturday of each month from 1pm, so please come along and enjoy a relaxing evening in our new comfortable surroundings.

Latest updates <https://www.facebook.com/themillbarhempnall>

MILL HALL

After an extensive redecoration, the Hall has re-opened for Private Function hire, such as parties, conferences (capacity 60 people), childcare and yoga. To book please fill out the form on our website <https://www.hempnallmill.co.uk> or Tel: 07504 699534 / Email: hempnallmillcentre@gmail.com.

The Mill Bar may be available on application and catering may be available by our cook Simon Wilkin Tel: 01986 894560 / 07999 349715

Volunteers to help run the MILL BAR (full training provided) contact Debbie Ashford Tel. 01508 498242 / Email: cds.debbie@gmail.com

LUNCH CLUB

The Lunch Club provides Take Away lunches on Wednesdays and Thursdays delivered by volunteers and a Table service at The Mill on Thursdays.

If you would like to receive meals, please apply to Margaret Sparham.

Volunteers especially kitchen volunteers for Thursdays Tel. 01508 499766 or 01508 499579

HEMPNALL TRUST GRANTS

From time to time, we all need help be that because of ill health, disability, bereavement, relationship breakdown, lack of transport or telecommunications and most recently Covid with its effects on work, child care and our ability to make ends meet. Residents of Hempnall, who are in need or suffering hardship, can apply to The Hempnall Trust for a Grant to assist them.

All applications are dealt with in complete confidence.

Applications can be made for oneself or on behalf of another, if you think a neighbour might be in difficulty, perhaps suggest they apply.

Grant applications can be made throughout the year.

Grant levels are reviewed annually by the board of Trustees against Trust Guidelines.

To apply, please download, print and complete the application form from our website <http://hempnalltrust.org.uk/grants/> or collect one from the Mill, School, Surgery, Rectory or the Village Hall and return to:

Sarah Batchelor, Hempnall Trust Secretary, Hempnall Mill, Mill Road, Norwich NR15 2LP.

If you need help to fill in the form, please Tel: 07765 030209 / 01508 499406 / Email hempnalltrust@gmail.com

HEMPNALL TRUST ALLOTMENTS

Contact: Ian Nelson BF FCA CT CLCA

Secretary & Treasurer of The Church & Town Estates Property Charity

Email: ctepropertycharity@gmail.com

Tel: 07752 490884

Correspondence: c/o Karinya, Bungay Rd, Hempnall, Norwich, Norfolk, NR15 2NG

HEATING GRANTS

Dear Hempnall residents,

Due to the current financial challenges that many charities & organisations are facing, including our own Hempnall Trust, with regards to the global downturn in return on investments, the Hempnall Trust is having to make some difficult decisions to enable us to continue to meet the needs of our community.

One of these decisions is to withdraw the annual Heating Grants, until further notice. This is not a decision we have taken lightly.

We're aware that this is an unwelcome situation for many, but it will enable the Trust to continue serving those in need within our Hempnall Community

There is The Winter Fuel Payment scheme available from the UK Government & further details can be obtained here:

[Winter Fuel Payment: Overview - GOV.UK \(www.gov.uk\)](http://www.gov.uk)

The Trust is still offering the In Need grants & these can be accessed from the Trust's website here:

[Grants « Hempnall Trust](#)

Thank you all for your understanding & support through these difficult times



Serving the community

Borderhoppa, a registered not for profit charity, provides a range of community services in south Norfolk and north Suffolk.

Our service allows people of all ages without access to other forms of transport to carry out everyday tasks such as shopping, attend GP appointments, visit friends and relatives or to attend a local club/community group.

The door to door dial-a-ride service has been providing a successful and reliable service since 2002.

We also run regular outings for members throughout the year including trips to the coast, gardens, shopping trips, boat trips and pub lunches.

If you are a member of a local not for profit community group, you can hire the minibuses for outings. Go to destinations of your choice, visit your favourite places and enjoy shopping trips.

We are also looking for more volunteer drivers and trustees to support our vital community transport service. Tom Clarke, Borderhoppa manager, said "Our services really do provide a lifeline for some of the most vulnerable people in our community so anyone who can help us would be making a massive contribution to local life. If you have some spare time and would be interested in helping us we would love to hear from you".

For a copy of the 2022 outings leaflet and for any other information regarding the services we provide please call the office: 01379 854800, email: adminborderhoppa@btconnect.com or visit our website: borderhoppa.org.uk

Borderhoppa Outings September 2022

Thu 1st	Mystery Tour	Price TBC
Mon 5th	Africa Alive, Kessingland	Fare £15.00
Mon 12th	Lunch at The Old Ram, Tivetshall	Fare £7.00
Mon 19th	Thetford Town & Garden Centre	Fare £15.00
Mon 26th	Cherry Lane Garden Centre & Goodies Farm Shop	Fare £7.00

Focus on Woodton Village.....



Woodton Village Sign

fully-equipped playground and is the site of Woodton Football Club. This club meets each week with a full schedule of fixtures during the playing season.

The Woodton United Charity will shortly own this field and its trustees work hard to monitor those in need within the village offering grants to many residents. Applications are not means-tested and all those suffering bereavement are given a grant towards funeral expenses.

Woodton is a small rural community of approximately 430 residents with much to offer and a beautiful church – All Saints Church, situated on Church Road.

The village has an active and expanding Primary School with a good Ofsted rating. Adjoining the school is the privately run Stepping Stones Nursery. Both are run by excellent staff providing a happy and fun environment for young local children. The field beside the school has a large and



All Saints' Church, Woodton



Woodton Community Wood sign

The acquisition of land from South Norfolk planted in the Millennium has led to an ambitious and highly successful project creating Woodton Community Wood and the Raven's Den play area. Its central location makes the Wood the hub of the Woodton community where the school visit weekly for Forest School sessions. Visits from Father Christmas, Easter trails, Halloween events and a purpose-built BBQ for all to use are just some of what this beautiful area offers. All this is the result of grant applications and generous donations, the vision at its instigation, continuing maintenance and future plans being possible because of the dedicated and enthusiastic group of volunteers who regularly give their time.



Paths - Saffron Housing grant

The King's Head pub is situated in the heart of Woodton offering good food, Sunday lunches and a friendly service both inside and in the pub garden.

Woodton Village Hall has a large hall accommodating up to 100 people and also a smaller meeting room. Both are available for rental for parties and other functions. The hall is also used for regular keep fit classes and other group activities, big breakfasts on some Sundays and plans to instal Wi-Fi connection soon.

Sadly Woodton Stores closed in April 2022 and is greatly missed by not only Woodton residents, but many other local villages and also what was a steady flow of passing trade. It is hoped that this much needed facility will be re-instated in the future.

The development of 23 houses is well under way in land off The Street with a further four dwellings planned shortly. In addition, three other sites have been ear-marked for development in the near future. Hopefully these will lead to more young families joining the community and using the facilities that the village offers.



Norfolk Churches Trust – Sponsored Bike Ride – Sat 10 September

For over 30 years, the Norfolk Churches Trust has organised this annual event to encourage cyclists, walkers, horse riders – and car drivers – to get out and about around the county’s churches (most of which are open for the day) and to raise some money in the process for our wonderful heritage.



Anyone can join in: the idea is to work out your own route, as long or short as you like, starting and stopping at any location. Families cycle gently round the lanes in our Group, others take the opportunity to visit on foot many of the historic churches in Norwich and a few intrepid riders go much further afield.

Participants are invited to seek sponsorship for their efforts and the money collected is divided between the church of your own choosing and the Trust itself (which makes grants to churches - including several in the Group over the years - to help with major repair projects). Last year the total raised across the county was an amazing £130,000.

If not taking part yourself, you can still support the event by making a donation should you wish, either directly or by sponsoring others. For sponsorship forms and further information, see notices in your local church, contact the Group Administrator on 01508 498157 or visit the Trust’s website at:

[https://
norfolkchurchestrust.org.uk/bike-
ride-walk/](https://norfolkchurchestrust.org.uk/bike-ride-walk/)

Have fun! And don’t forget, if passing through Hempnall, to stop off at the Plant Sale in the church there between 11am-3pm, in aid of Garden Twinning (see separate notice): we can reserve items for you to collect later.



**Plant and Produce Sale
in aid of Garden Twinning
Hempnall Church
Saturday 10th September 2022
11.00am-3.00pm.**



This is our final event in aid of this year's charity so do try to support it in whatever way suits you.

There will be:

- *Delicious refreshments***
- *Cake and produce Stall***
- *Plants and pots***
- *Hand made cards***
- *Second hand books***
- *Raffle***

We would welcome any plants or produce or raffle prizes (with a garden theme) or contributions to refreshments, including cakes, or just come along on the day.

If you have any ideas or want anything collected do be in touch.

Jackie Leggett 01508 482267,
Liam Pilgrim 01508 530924, Jill Turner 01508 499344

OVER 600 CHURCHES AND CHAPELS OPEN TO VISIT NEAR YOU!

Sponsored by **savills**

WIN £1,000 FOR YOUR CHURCH*

BIKE, WALK, DRIVE... IN THE NORFOLK COUNTRYSIDE

A fun day out for all, stopping off at as many Churches and Chapels as you can!

Sponsored by the
Eastern Daily Press

Saturday 10th September 2022
9.00 am - 5.00 pm

COMING SOON!

THE FRIENDS OF HEMPALL SCHOOL

FIREWORKS DISPLAY

5 

HEMPALL VILLAGE HALL & PLAYING FIELD NR15 2NG



DESPERATELY SEEKING DRIVER VOLUNTEERS!

Do you have SPARE TIME and a desire to HELP OTHERS?

Paul King (volunteer) says, "I particularly like taking the older people out for day trips – going to care homes to pick them up. It's good, it's fun, I really enjoy it.

You are bringing a bit of light into their lives because they are often living a very lonely existence. There is a social aspect to the work, they enjoy meeting old friends as well as chatting to people they've never met before.

It's satisfying to see when people are grateful and knowing you are fulfilling an essential role for the community. Without this service I think a lot of people would really, really struggle.

The BACT team take everything seriously from training to safety to maintenance of vehicles; making sure drivers are OK to drive."

If this sounds appealing and you would like to know more, please contact us on 01986 896896. | www.bactcommunitytransport.org.uk



Mobile library timetable

Stop number	Village	Arrival time	Departure time	Stop name	Postcode
2	Hempnall	09:50	10:10	Old Market Way (Bainard Rise)	NR15 2LZ
4	Hempnall Green	10:20	10:45	Three Horseshoes	NR15 2NN
6	Topcroft	10:50	11:00	The Old Chapel	NR35 2BL
8	Topcroft	11:05	11:20	Church Road	NR35 2BH
10	Hempnall	11:25	11:40	Road Green Farm	NR15 2NQ
12	Hempnall	11:45	12:10	Millfields	NR15 2NE
14	Hempnall	12:15	12:35	Roland Drive	NR15 2RB
16	Hempnall	12:40	12:55	Fairstead Lane	NR15 2NF

DATE OF NEXT VISIT:

- 08 September 2022
- 03 November 2022
- 01 December 2022
- 29 December 2022
- 26 January 2023
- 23 February 2023
- 23 March 2023

Route No: CEN423 Calls on: Thursday Normally every: 28 days

Please note this information is subject to change or amendment both on a permanent and temporary basis. For all enquiries about this route please call 01603 222303.

LONG STRATTON MEDICAL PARTNERSHIP

Swan Lane Surgery, Swan Lane, Tharston, Norwich, Norfolk, NR15 2UY Tel: 01508 530781

Patient Survey

Please see a summary infographic giving details of a recent patient survey which has been undertaken by the NHS which shows details of our performance Vs the National Average and the local ICS (Integrated Care System, formerly known as the CCG Clinical Commissioning Group for Norfolk & Waveney)

We are very pleased with the feedback received. We know we have areas to improve and are doing our absolute best to work hard and provide a robust and reliable service to our patients in and around the Long Stratton and Newton Flotman area. We are working hard to improve the accessibility to the Practice as the first slide clearly shows that this is the area requiring focus.

We have appointed another Nurse Practitioner who starts with us this week (04.08.22), and are actively seeking to recruit another GP to our team. We are also working with system providers to give a multi-channel option for booking appointments and interacting with the surgery other than by telephone.

Healthwatch recently conducted a much more localised survey, and we await the findings of that with anticipation when they report back to our Patient Participation Group. However, picking out some of the highlights we would like to recognise the fact that the "Helpfulness of Receptionists" score came out as 90% Vs the National Average of 82% and the ICS average of 84%.

The second of the 2 charts is probably where we gained most satisfaction because EVERY category measured scored higher than the NHS National average and the local ICS average, and these figures represent the experience that patients have during their appointment. For more information visit <https://www.gp-patient.co.uk/>.

We know that our staff sickness has had a significant impact on our service over recent months. We too have been affected by COVID and the rise in infection and, because of the work we do with vulnerable people, we have to isolate away from work for longer periods which creates pressure on appointment availability, which is critical at the moment. Please remember, we catch infections the same way as anyone else, and the risk of spreading infection to others is far higher in a GP surgery so please help us by wearing a face covering at all times when you come into the surgery, use the sanitiser provided and help us keep you all safe and well.

GP PATIENT SURVEY

Results from the 2022 survey

Long Stratton Medical Partnership



Practice details

Long Stratton Medical Partnership

Swan Lane Surgery, Long Stratton, Norwich NR15 2UY

D82037 Practice code

266 surveys sent out

120 surveys sent back

45% completion rate

Overall experience

Good overall experience of this GP practice



Comparisons with National results or those of the ICS (Integrated Care System) are indicative only, and may not be statistically significant.

Data by Ipsos

Accessing the practice

Good overall experience of making an appointment



Easy to get through to this GP practice by phone



Helpfulness of receptionists at this GP practice



Satisfied with the general practice appointment times available



Offered a choice of appointment when last tried to make a general practice appointment



Satisfied with the appointment offered



For more information about this practice, please go to: <https://gp-patient.co.uk/PatientExperiences?practicecode=D82037>



GP PATIENT SURVEY

Results from the 2022 survey

Long Stratton Medical Partnership



Practice details

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Swan Lane Surgery, Long Stratton, Norwich NR15 2UY

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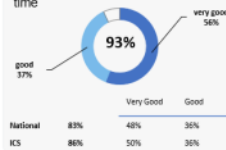


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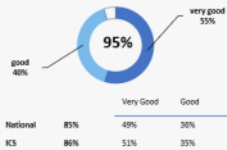
Data by Ipsos

Appointment experience

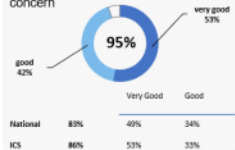
The healthcare professional was good at giving the patient enough time



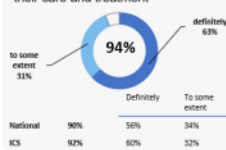
The healthcare professional was good at listening to the patient



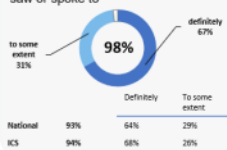
The healthcare professional was good at treating the patient with care and concern



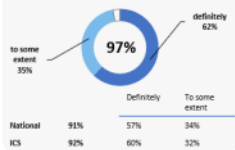
The patient was involved as much as they wanted to be in decisions about their care and treatment



The patient had confidence and trust in the healthcare professional they saw or spoke to



The patient's needs were met



For more information about this practice, please go to: <https://gp-patient.co.uk/PatientExperiences?practicecode=D82037>



Just for fun answers to August's Quiz...



As promised the answers to last months quiz. I wonder how many of you guessed their real names?

1. Cary Grant is Archibald Leach
2. Boris Karloff is William Henry Pratt
3. Marilyn Monroe is Norma Jeane Mortenson
4. John Wayne is Marion Robert Morrison
5. Fred Astaire is Frederick Austerlitz
6. Elvis Costello is Declan McManus
7. Elton John is Reginald Kenneth Dwight
8. Lady Gaga is Stefani Angelina Germanotta
9. Meatloaf is Michael Lee Aday
10. Freddy Mercury is Frederick Bulsara
11. Alice Cooper is Vincent Furnier

FOOD BANK

Items for our Food Bank are still needed; we are very grateful to all who continue to contribute during this difficult time.

Our next collections will be on:

**Sunday 4th September 2022. Any items can be left at
Hempnall Church Office Mon-Thu, 9am-12:30pm.
Please phone before arrival - 498157**

URGENTLY NEEDED FOOD ITEMS

SUGAR, UHT FRUIT JUICE, INSTANT MASH

NO PEANUT BUTTER PLEASE

HYGIENE—MALE & FEMALE DEODORANT

ANIMALS—DOG, RABBIT & GUINEA PIG FOOD (NOT CAT)

The Garden in September....

Late summer progresses into autumn

September is generally a cooler, gustier month than August and the days are noticeably shorter. While there's not as much to do in the ornamental garden at this time of the year, if you have a fruit or vegetable patch, you'll be busy reaping the rewards of harvest. It's also time to get out and start planting spring-flowering bulbs for next year and you can collect seeds for next summer's colour too. Make the most of the remaining warmth while you can!

1. Divide herbaceous perennials
2. Pick autumn raspberries.
3. Collect and sow seed from perennials and hardy annuals.
4. Dig up remaining potatoes before slug damage spoils them.
5. Net ponds before leaf fall gets underway.
6. Start to reduce the frequency of houseplant watering.
7. Clean out cold frames and greenhouses so that they are ready for use in the autumn.
8. Cover leafy vegetable crops with bird-proof netting.



9. Keep up with watering of new plants, using rain or grey water if possible.



10. Plant spring flowering bulbs.



Thoughts for the month...

Community — what a lovely word, a coming together, growing together, being together in communion with each other. The picture of a bunch of grapes seems to epitomise the phrase.

We see a close group of different sizes and shapes, some at the top, some at the tip; in the middle are the ones holding everything together which are themselves attached to the vine.

Jesus talks at length in John's Gospel about the vine. "I am the Vine you are the branches". There is a vital and life-giving relationship within the branch and within the vine.

A symbol of harvest time is the wine produced from the grapes as well as the bread from the grains. We celebrate the harvest and share in the communion of bread and wine as part of a community - many grapes, many grains coming together as God's family in thankfulness and praise.

Throughout the pandemic so many people helped each other to cope and kept an eye open for those who were struggling. Food Banks were, and sadly still are, a sign of the reality of community at that time.



One of the special things about the Hempnall Group is the feeling of community, of sharing and of relating to one another. Each of the 8 churches of the Hempnall Group has its own individuality but they are also a part of a community of people working together, supporting and valuing each other.

We, like the bunches of grapes on God's vine, are linked together with Him and each other, and His world...

~Penny~

Our Church Services...

Sunday 4th Sep 2022 12th Sunday after Trinity	10:00am Group Eucharist (Service conducted by the Right Revd. Bishop David Gillett, retired Bishop of Bolton)	Topcroft Church
	4:00pm Family Praise	Hempnall Church
Sunday 11th Sep 2022 13th Sunday after Trinity	11:00am Eucharist (Service conducted by the Revd Lynn Chapman, The Rural Dean, Priest in Charge of the Brooke Benefice)	Topcroft Church
Sunday 18th Sep 2022 14th Sunday after Trinity	10:00am Harvest Eucharist (Service to be conducted by the Revd Cate Turner, Assistant Curate, Bramerton Group Ministry, Thurton Benefice)	Bedingham Church
Sunday 25th Sep 2022 15th Sunday after Trinity	9:30am Harvest Thanksgiving	Woodton Church
	9:30 am Harvest Thanksgiving	Shelton Church
	9:30 am Harvest Thanksgiving	Hempnall Church
	11:00 am Harvest Thanksgiving	Morningthorpe Church
	6:00pm Evening Prayer in the Methodist Tradition	Via Zoom

Happy Birthday to....

Children

Abigail Gray who will be 10 on the 10th

Teenage

Samuel Alexander Johnson who will be 14 on the 21st

Daisy Alice Gosling who will be 13 on the 24th



From the Registers....

Baptisms

14th August 2022, Isaac & Jacob Delf, baptised at All Saints' Church, Woodton

Marriages

6th August 2022, Toby Grainger & Alice Bamber, married at St Catherine's Church, Fritton

Funerals

3rd August 2022, Nigel Carl Moore, aged 86 years, cremation at Waveney Crematorium

30th August 2022, Robert Crawford, aged 86 years, funeral at St Margaret's Church, Topcroft



ACCOUNTS & BOOKEEPING

ALINE TURNER ACA - bookkeeping, accounts, tax returns, payroll - 01508 550403 or 07785 528069

AGGREGATE SUPPLIERS

CARRY ALL - Supplies of quality aggregates, to Trade & Public, Free delivery, No VAT - 01508 536182 or 07850 402845

CARPENTRY SERVICES

CARPENTER - Mark Whitbread, Free quotations, No job too small - 01508 532605

CARPET & UPHOLSTORY CLEANING

CARPET AND UPHOLSTERY CLEANING - Local reasonable rates - David - 01379 608529 or 07768 757308

CHIMNEY SWEEP

CHIMNEY SWEEP - Guild of Master Sweeps, Clean & Friendly, Smoke /test/Certificates - Dave 07835 757528

ELECTRICIANS

ELECTRICIAN - Bob Turner - Domestic & Commercial Electrical Contractor - 07899 794813

FARM SHOPS

FARM SHOP, CAFÉ & BUTCHERY, Norwich Road, Woodton for the best Raw Milk in Norfolk - 07900 814252

FUNERAL SERVICES

R. B. COPPING FUNERAL SERVICES, PORINGLAND - 01508 494434

ROSEDALE FUNERAL HOME - Beccles & Bungay, a family business - 01986 892790 or 01502 714445

GARAGE DOOR SUPPLIER

Garolla Roller Shutter Doors - GARAGE DOOR SUPPLIER & INSTALLER - Hempnall and surrounding areas – Mobile 07537 149 128 or 01508 320 038 / 01986 960 067

GROUNDWORK & GARDENING SERVICES

S. W. CONTRACTORS Groundwork, Gardens, Fences, Patios & Hedge Trimming - 01508 495528

HAIR & NAIL SALONS

EVIE CLARK HAIRDRESSING - Hairdresser & Barber, based in Hempnall - 01508 499934 or 07703 680443

FEET - Corns, calluses, nail cutting & more, treated in you home - Wendy - 01379 676872

OSTEOPATH

OSTEOPATH - Osteopathy for all-adults to babies, includes cranial, joints, spine, nerves, headaches, accidents-07818747776

PIANO TUTION

PIANO LESSONS - Bedingham - All ages welcome - Marian - 01508 482746

PARISH COUNCILS

HEMPNALL PARISH COUNCIL- Website Address www.hempnallpc.org

PEST CONTROL

SAFE & SOUND HYGIENE AND PEST CONTROL & GARDEN MAINTENANCE - 01379 788865 or 07809 226109

PLANT HIRE

PETER MATTHEWSON PLANT HIRE - Drainage & Groundworks - Please call for info. 01508 482655 or 07850 722094

PLUMBING SERVICES

PLUMBER - David Milward - Over 30 years' experience all plumbing work - 07763 359313 or 01508 498005

CHRIS CLARKE OIL BOILER SERVICES - Servicing: 07912 146619, Breakdowns: 07377 516660

TRANSPORT

CHRIS BAKER TRANSPORT - Man & Van -
01508 531738 or 07821 923489

WINDOW CLEANING

WINDOW WONDERLAND - Window
cleaning services - Contact Sammy Raynes
- 01508 482679 or 07975 579292

IN THE EVENT OF FLOODING

0344 800 8013
Norfolk's new one stop number
for flooding in our county

or visit

www.norfolk.gov.uk/flooding
If you are in immediate danger call 999



Canine Cared For

If I pass away.
If I receive a life-changing diagnosis.
If I move to a care home.

Call Paige on
01953 497912 or email
paige.pope@dogstrust.org.uk
for more information

Feel reassured with our **FREE Canine Care Card service**

Registered charity numbers: 227523 & SC037843

FREE



Talks
for Community & Social Groups

We can offer an online version or socially distanced talks - please get in touch to discuss options.



Contact Paige at
Dogs Trust Snetterton
E: paige.pope@dogstrust.org.uk
T: 01953 497912



Registered charity numbers: 227523 & SC037843

Contact us...

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Our website: www.hempnallgroup.co.uk

Items for the next issue...

Items for the Village News should be
Delivered, Posted or Emailed to:
Group Office, The Rectory,
The Street, Hempnall, NR15 2AD
Email:
hempnallgroup.office@btinternet.com

before 15th OCTOBER

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