

Village News



May 2021

Produced by The Hempnall Group of Parishes

Thought for the month...



Hops are graceful but vigorous climbers. They reach a long way, with their tough square stems always twining in a clockwise direction. The strong aroma of their cone-shaped flowers both flavours beer and helps to preserve it. Apparently one of the duties of churchwardens in former times was to brew “Whitsun ales”, not just to drink but also raise money for

their church. I discover you can buy a beer called “Churchwarden”.

“Whitsun” is a name for the Christian festival of Pentecost, marking the gift of the Holy Spirit to the church bringing wisdom, strength and courage to the followers of Jesus. This year Whitsunday falls on May 23rd. The name Whitsun is thought to derive from the Anglo-Saxon word “wit”, meaning “understanding”.

Like the humble hop, when we work together, all moving in the same direction, (as the hop grows), we reach further than we could on our own. Over the past months churches and communities have worked together for the good of all, helping and supporting each other in many and various ways. At the heart of our villages, literally in some cases, stands the parish church, some dating back to 12th century, each a sign of God’s presence in our midst in the changes and challenges of life, always open to whoever needs a moment’s peace and quiet.

Together church and community have been serving and caring for each other down through the centuries, today, and into the future.

Thank you.

With love

Handwritten signature 'Liz'.

From the Revd Keith James

May. A time, like the evenings, to lighten up; the gardens have shown us all their Spring colours and even the Covid restrictions are easing, and we can all look forward to a brighter future.

So, this month a little poem that I hope will make you smile; I like to think that it would have made the Duke of Edinburgh smile too.

A Little Mistake

I studied my tables over and over, and
backward and forward too;
But I couldn't remember six times nine,
and I didn't know what to do,
Till sister told me to play with my doll,
and not to bother my head,
"If you call her "Fifty-four" for a while,
you'll learn it by heart," she said.

So I took my favourite Mary-Ann (though
I thought 'twas a dreadful shame
To give such a perfectly lovely child such a perfectly horrid name),
And I called her my dear little 'Fifty-four' a hundred times, till I knew
The answer of six times nine as well as the answer of two times two.

Next day, Elizabeth Wigglesworth, who always seems so proud,
Said, 'Six times nine is fifty-two,' and I nearly laughed out loud!
But I wished I hadn't when teacher said, "Now, Dorothy, tell if you can,
For I thought of my doll, and -----oh dear me----I answered "Mary Ann".

~Anna M Pratt - (1830-1896)~



Woodton United Charities AGM

This will be a zoom meeting, to which the public are invited, and will take place on **Thursday, 6 May 2021 at 7 pm**. If you would like to attend, please contact Daphne Littleboy (01508 494318) who will be able to provide you with the login details.

Our Services May

Sunday 2nd May

Fifth Sunday of Easter

10:00am Group Eucharist at Bedingham Church

Family Praise

Sunday 2nd May at 4pm via zoom

Login 424 564 8959 | Password Hempnall

Sunday 9th May

Sixth Sunday of Easter

8:00am BCP Communion at Morningthorpe Church

9:30am Eucharist at Hempnall Church

11:00am Eucharist at Topcroft Church

11:00am Matins at Hardwick Church

Thursday 13th May

Ascension Day

10:00am Eucharist at Hempnall Church

Sunday 16th May

Seventh Sunday of Easter

10.00am Group Eucharist at Topcroft Church

With Bishop Alan

Sunday 23rd May

Pentecost Whit Sunday

9:30am Eucharist at Woodton Church

9:30am Morning Worship at Hempnall Church

11:00am Eucharist at Fritton Church

11:00am Morning Praise at Topcroft Church

Sunday 30th May

10:00am Group Eucharist at Shelton Church

Please see The Hempnall Group Website for details on booking seats for our services

<https://www.hempnallgroup.co.uk/>

MAY WALK - Sunday 23rd May

A gentle stroll along part of the Rivers Chet and Yare (3¼ miles). Please meet at **Hardley Staithe, NR14 6BU** at 2.30pm where there is room to park.

No refreshments will be provided on this occasion.

For further information please contact David and Margaret Ferre on 482562.

We have 3 walk books available from our churches or the church office, 01508 498157.

Let's Walk



12 Circular walks in South Norfolk

£2.00

Let's Walk Again



Circular walks in south Norfolk

£2.00

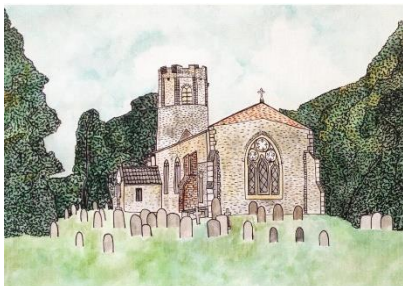
Let's Walk Further



Circular walks in south Norfolk

£3.00

POST CARDS



Fritton and Morningthorpe PCC is hoping to compensate in some way for loss of church collection monies during 2020 and 2021 by selling postcards of St. Catherine's, Fritton. Tilly Cooper has drawn a picture of the church which has been reproduced on good quality, standard sized postcards. These postcards

can be bought at a cost of 50p each, in bundles of 10s and 20s. If you would like to buy some, please contact Susanna Cooper -

frittonsusanna@gmail.com Tel: 01508 498297.

Please make your payment to the following bank account:

Sort code 20-26-34, Account number 20688533, Account name Fritton and Morningthorpe PCC. Please reference your payment "postcards"

OPERATION CHRISTMAS CHILD SHOEBOX CAMPAIGN 2020

Brenda Horden of Operation Christmas Child Shoebox Campaign recently emailed us to thank us for our contribution to last year's shoebox campaign. We thought you would be interested to know that from the UK last year 265,975 boxes were sent out to places such as: Albania, Belarus, Bosnia, Central Asia, Moldova, Nigeria and Serbia to name but a few. We will be supporting the campaign again in 2021. Details to follow.



CHRISTIAN AID WEEK 10TH - 16TH MAY 2021

Once again, we are unable to deliver the familiar Red Envelopes as part of the collection for Christian Aid Week, but the urgent need remains and now, more than ever, the poorest people are suffering. Please continue to give if you are able.



Either put your donation in an envelope marked “For Christian Aid” and leave at the church office at the Rectory, The Street, Hempnall or contact Christian Aid online or maybe try an” E Envelope”.
by visiting online: e-envelope.christianaid.org

THANK YOU.

FOOD BANK

Items for our Food Bank are still needed; we are very grateful to all who continue to contribute during this difficult time. Our next collection will be on **Sunday 2nd May - Any items can be left at Hempnall Church Office Mon-Thu, 9am-12:30pm. Please phone before arrival – 498157**

May

Summer is on its way!

As bulbs fade and herbaceous borders grow in leaps and bounds, it is now obvious that summer is approaching.



Sowing and planting out bedding can begin, depending on regional weather variations. You can take softwood cuttings too. It's also time to get back into the lawn mowing regime, as the lawn will love the warmer temperatures this month brings.

Ten top tips

1. Watch out for late frosts. Protect tender plants
2. Earth up potatoes, and promptly plant any still remaining
3. Plant out summer bedding at the end of the month (except in cold areas)
4. Water early and late to get the most out of your water; recycle water when possible
5. Regularly hoe off weeds
6. Open greenhouse vents and doors on warm days
7. Mow lawns weekly
8. Check for nesting birds before clipping hedges
9. Lift and divide overcrowded clumps of daffodils and other spring-flowering bulbs
10. Watch out for viburnum beetle and lily beetle grubs



LONG STRATTON MEDICAL PARTNERSHIP - 01508 530781

It is already May, fourteen months after a pandemic was declared and despite massive vaccination roll outs, we will only see the end of this pandemic when every country works together to ensure protection of its citizens, and at the same time citizens following their advice. Let us look forward to a refreshing summer and indeed better news of the pandemic.

Primary care has changed considerably in terms of the skill mix of staff that works together for patient care. The clinical team has now expanded in keeping with national changes and guidance. This change was essential to ensure good patient care. The reasons for this change are numerous. To name just a few – population growth, the greater longevity of people, increased health demands, increased number of treatments available and the list goes on.

In 2018, we took our first step toward looking at expanding our skill mix. Thomas (Tom) Crawshaw had joined our Practice Nursing team in 2017. He was with the HM Forces British Army from 2011 to 2016 and trained to be a Nurse during this period. He was keen to look at Advanced Nurse Practitioner (ANP) training – a three-year MSc course- with the support of the CCG and the practice. Hence in September 2018, he started his ANP training and is on course to complete it this September. He will be competent to see minor illness, manage complex chronic diseases, identify red flag symptoms, and appropriately refer for tests or to specialists. He will also be able to prescribe within set standards. All of us GPs have been mentoring him closely like we would with any junior doctor, and it has been a thoroughly enjoyable and satisfying experience. Tom can be described as exceptionally intelligent, professional in his interaction with patients and a keen learner.

Just before the pandemic hit us in 2020, we recruited Carl Thompson as an emergency practitioner to join our team at Long Stratton Medical Partnership. He had been a paramedic for fourteen years and also spent four years alongside his paramedic job, teaching health care practitioners at the University of Suffolk. He has a keen interest in emergency medicine and is competent to assess, diagnose and treat a range of conditions across the health care spectrum. With the support of the CCG and the practice, he has commenced his independent prescribing course which will enable him to prescribe appropriately. All of us GPs have been mentoring and supporting him closely and it continues to be a worthwhile experience. Carl can be described as extremely experienced, professional and a brilliant team player.

We are extremely lucky to have found two incredibly warm and approachable individuals Tom and Carl to have joined our team. With your support, they will definitely flourish in their jobs and attain greater heights. Stay safe - *Mini Nelson*

At **HEALTHWATCH NORFOLK** we are launching a project alongside Healthwatch Suffolk to find out how people affected by cancer have accessed their appointments during the pandemic. We are working with the people in charge of cancer services in Norfolk and Suffolk to help shape the way appointments are accessed in the future, so it is vital that we get as much feedback as possible to get an authentic sense of patient opinion. If you live in Norfolk or Waveney and have had a cancer diagnosis, referral or treatment since March 2020, Healthwatch Norfolk and Suffolk would love to hear from you. If you would like to participate, please contact Healthwatch Norfolk by calling 0808 1689669, or emailing enquiries@healthwatchnorfolk.co.uk. Alternatively, the survey can be completed online by visiting www.smartsurvey.co.uk/s/cancerappointments/ Healthwatch Norfolk and Healthwatch Suffolk are the independent voices for patients and service users in our counties. We gather your views of health and social care services to ensure they are heard by the people in charge. For more information about what we do, visit our websites www.healthwatchnorfolk.co.uk and www.healthwatchesuffolk.co.uk.”



Borderhoppa are pleased to say that we are continuing to help people to reach the vaccination centres for people who have an appointment but do not have a family member or friend who is able to transport them to their appointment.

Answers to last month's General Knowledge Quiz

1. A Murder
2. Four – Kenya, Uganda, Tanzania and Somalia
3. Ox
4. Hamlet
5. Blue
6. New Zealand
7. McDonald's
8. The Bible
9. Jaws
10. The Good Friday Agreement
11. John Lennon
12. 1992

Happy Birthday to....

Teenage

Happy Birthday to Archie Wood who will be 16 on the 26th May.



Thank You from Jane!

I just wanted to say a really big thank you so much for the wonderful send-off I had from the Hempnall Group and the amazing gifts I received – thank you! I have so enjoyed working with Liz, Michael and Maggie for the past 8 ½ years. I couldn't have asked for a more lovely group of people to work amongst, and I really enjoyed meeting people in the office and over the telephone during my time there. It has been a privilege and a pleasure, and I couldn't have wished for a more lovely place to spend my last working days!

~With much love Jane x ~

From the Registers

Funerals

22nd March 2021, Anthony Lee Patrick Smith, aged 66 years, at Waveney Crematorium.

23rd March 2021, Ivy Kirkby, aged 90 years at Waveney Crematorium.

30 March 2021, Barbara Quantrill, aged 93 years burial of ashes at Wymondham.

14 April 2021, June Pauline Alexander, aged 88 years at Hardwick Church.



Need Help?....

All numbers **01508** unless stated otherwise.

- ALINE TURNER ACA - bookkeeping, accounts, tax returns, payroll - 550403 or 07785 528069
- ART WARTERCOLOURS FOR BEGINNERS / IMPROVERS - gill@gilly-marklew.co.uk - 499070
- BLACK CAT CYCLES - Mobile repairs and service - service@blackcatcycles.co.uk Phone 07996 403794
- CARPENTER - Mark Whitbread - Free quotations - No job too small - 532605
- CARPET AND UPHOLSTERY CLEANING - Local reasonable rates - David 01379 608529 or 07768757308
- CARRY ALL - Supplies of quality aggregates, to trade & public free delivery no VAT - 536182 or 07850402845
- CHESS - Teaching at all levels - Martin Walker - martinwalker723@gmail.com - (01508) 492471
- CHIMNEY SWEEP - Guild of Master Sweeps-Clean & Friendly-Smoke Test/Certificates - Dave 07835 757528
- CHRIS BAKER TRANSPORT - Man & Van - 531738 or 07821 923489
- CHRIS CLARKE OIL BOILER SERVICES - Servicing - 07912 146619, Breakdowns - 07377 516660
- DAVID HEWETT FRICS Chartered Building Surveyor CAD drawings & surveying services - 499761
- ELECTRICIAN Bob Turner – Domestic and Commercial Electrical Contractor - 7899794813
- FARM SHOP, CAFÉ & BUTCHERY, Norwich Rd, Woodton for the best Raw Milk in Norfolk - 07900 814252
- FEET – Corns, calluses, nail cutting and more, treated in your home - Wendy 01379 676872
- GARAGES TO LET - Long Stratton area, Secure, dry, insulated, power - David 07770 587981
- HEMPNALL PARISH COUNCIL - Website Address www.hempnallpc.org
- NEW SALON - Hempnall - Gel/acrylic nails, lashes, brows, waxing, hairdresser/barber - 07872 366756
- NORFOLK WOODBURNERS, Hempnall. Woodburner Supplier and Installer - 498393
- OSTEOPATH - Cranial-accidents, back, headache - reception@norfolkost.co.uk - 01953 789629
- OIL, GAS HEATING AND PLUMBING SERVICES – Alan Bell - 07710 515775 or 532393
- PAINTING, DECORATING, FLOORING and floor restoration, wood painting & stripping - Seb - 07821 973612
- PAUL CLARRY PLUMBING & HEATING - for all your requirements - 07887485676 or 550519
- PETER MATTHEWSON PLANT HIRE Drainage & Groundworks. Please call for info 482655 or 07850722094
- PIANO LESSONS- Bedingham - All ages welcome - Marian - 482746
- PLUMBER David Millward. Over 30 years' experience all plumbing work - 07763 359313 or 498005
- R.B. COPPING FUNERAL SERVICES, PORINGLAND - 494434
- ROSEDALE FUNERAL HOME Beccles & Bungay, a family business - 01986 892790 or 01502 714445
- SAFE & SOUND HYGIENE AND PEST CONTROL + garden maintenance - 01379 788865 or 07809226109
- S.W. CONTRACTORS Groundwork, Gardens, Fences, Patios & Hedge Trimming - 495528
- TK GARDEN MAINTENANCE -Hedge trimming, Tree care, Lawn mowing, Garden clearance - 07858 723357

TUTOR - Maths & Science to G.C.S.E. Contact Storm Roberts - fayre@me.com - 07771 857255 or 482621
UPHOLSTERY & SOFT FURNISHINGS, Woodton - outoftheburrrough@gmail.com - 07771 857255 or 482621
WINDOW WONDERLAND window cleaning services - Contact Sam Raynes - 482679 or 07975579292

More adverts inside back cover...

BALLROOM & LATIN DANCING (Adult Class)

Fancy a weekday session of dancing fun? Join Sadie for a class of Ball & Latin dancing.

A perfect opportunity to learn some new dance moves, that's also great exercise.

Every Wednesday 1:15-2:15pm, £7 per person.

Starts Wednesday 19th May 2021 at Hempnall Village Hall.

Contact Sadie if you wish to join, limited availability, so be quick to book your space.

07850 826916 s.rosembert@outlook.com

Contact us....

Liz Billett – Team Vicar 07891 854219 or 01508 482366

Church Office, open Mon-Thurs 9am-12.30pm

Telephone: 01508 498157

Our email: hempnallgroup.office@btinternet.com

Our website: www.hempnallgroup.co.uk



Items for the May issue of Village News should be delivered/posted to:
Group Office, The Rectory, The Street, Hempnall, NR15 2AD
before 15th May
or e-mail: hempnallgroup.office@btinternet.com