



December 2020

Produced by The Hempnall Group of Parishes

Thought for the month...

Dear Friends,

"Oh tidings of comfort and joy Comfort and joy Oh tidings of comfort and joy Oh tidings of comfort and joy"



Comfort and Joy These are two words to hold onto over this Christmas season

Many of the characters in the Christmas story faced changing times: Mary was frightened and bewildered at the way her life was going: Joseph had doubts about taking on the responsibility of a "mother- to- be" and her child. In the midst of their doubts and fears the message to them was, "Do not be afraid." These young people found themselves taking God's messenger at his word. They found a way forward with courage and hope.

This year Christmas will feel different. Family gatherings may well be smaller, but it will still be – as always – a time to care for one another and to be together, in person or online. A time to look back on a year when so much has changed. To remember those who have died, to support those who have lost jobs, to be thankful for all who have cared for us.

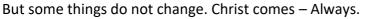
What has not changed is the story and the meaning of Jesus' birth. God is with us. With us in the disappointments and the difficulties, in sorrows and in celebrations. Christmas is good news. After a tough year, "Do not be afraid," says our God. God, who comes to us, walks with us and stays with us always, is is our comfort and our joy.

Blessings of comfort and joy to you and yours this Christmastide.

With my continuing love and prayer

From The Revd Keith James:

What will Covid Christmas be like for you? In a time when everything seems to change almost from day to day no doubt it will probably be "different."



May you know God's love in Christ surrounding you this Christmas, and always.

At Christmas

Always in the dark centre of this season the birth occurs noiseless and marvellous the seers move on their journeys there are gestures of wonder, and at midnight a resting star. Always. It is amazing that the mountains do not relinguish their momentary grandeur, bend to the stable. let the ermine tremble there where the oxen and angels are.



Jean Kenward

Remembrance Sunday 2020

Remembrance Sunday was different this year - quite unique; here are some of the ways people in The Hempnall Group of Parishes marked this time.



In Woodton Betty and Hector drew these pictures and put them in their window for everyone to see after having their own service at home.

In Bedingham Miles painted

these stones and laid them on his war memorial.





At Hardwick Airfield David Woodrow recalled American lives lost in Norfolk and at Hardwick. The bugle sounded and was heard in The Street at Topcroft.

At Shelton, Fritton, Topcroft and Woodton there was an Act of Remembrance and laying a wreath on behalf of the villages.

Some people stood on their doorsteps at 11am. Others looked out of their window or over their garden wall to see the Act of Remembrance in their village.





A couple went into their garden standing under a cherry tree. All was still. At 11am a light breeze fluttered the fallen leaves around, then all was still again.

Another couple put poppies in a vase on their windowsill with medals alongside and played hymns we

would have had in church.

Many visited their local war memorials at a time of their choosing to pay their respects.

The Royal British Legion Festival of Remembrance echoed the isolation many felt.

Sylvia and I watched the Remembrance Day service at the Cenotaph, on the TV. Very moving and so well conducted at this difficult time. Also Sylvia did an arrangement of poppies below the Roll of Honour in St Margaret's Church a few days earlier, and at 0800 hrs on Remembrance Sunday I stood and read out the names of those who gave their all for us.



November's News from Woodton Primary



This past month has been another busy one for us as we have been working very hard to help other people. After half term we were lucky enough to have a non-uniform day where we dressed up as our favourite Halloween characters and raised money to support our PTA. They are finding it a bit more difficult than usual as they can't fundraise as they normally would due to COVID restrictions. We didn't stop there though as we have also raised money for the BBC Children in Need. We recognise that we are really quite fortunate and there are many children around the world and even in this country that are much worse off than us. On the theme of thinking of others we created a variety of art work, poems and poppies to remember all those who have lost their lives ensuring we can continue to live free and in safety. We also listened to the Last Post and observed a two minute silence to show our respect.

OUR DECEMBER SERVICES

ADVENT PRAISE

4.00pm-4.45pm in Hempnall Church

An informal service for all the family with songs, story and carols. On Sundays 6th, 13th, 20th

Sunday 6th – Second Sunday in Advent

8.00am BCP Communion at Fritton Church 9.30am Eucharist at Bedingham Church 9.30am Gift Service at Hempnall Church 11.00am Eucharist at Topcroft Church



Sunday 13th – Third Sunday in Advent

9.30am Eucharist at Hempnall Church 11.00am Eucharist at Morningthorpe Church

Sunday 20th - Fourth Sunday in Advent

10.00am Group Eucharist at Woodton Church



CHRISTMAS EVE with a difference-24th December



Come and gather **Round the Christmas Crib** with your family.

Liz will meet you at the church door, take individual families to the Christmas stable, say a short prayer and then as you leave you will be given a special Christmas gift.

For **Topcroft Church p**lease book your 10 min slot from 4pm with **Mrs Jackie Leggett 01508 4822267.**

For **Bedingham Church** please book your 10 minute slot from 5.30pm with **Mrs** Jane Bond 01508 518007.

All Covid safe, and socially distanced. Please come on time and remember to wear a face mask, unless you are 11years or under.

11.30pm Midnight Eucharist at Hempnall Church

CHRISTMAS DAY – 25th December



9.30am Family Eucharist at WoodtonChurch9.30am Eucharist at Hardwick Church11.00am Family Eucharist atMorningthorpe Church

Sunday 27th December

10.00am Group Service at Topcroft church

If you would like to attend our services it is ESSENTIAL to let us know for seating purposes so nobody will be disappointed, please phone 01508 498157 or email: <u>hempnallgroup.office@btinternet.com</u> Mon-Thurs 9am-1pm or telephone 01508 482366.



WILL YOU BE MISSING THE CHRISTINGLE SERVICE THIS YEAR?

You are invited to feel the magic of Christingle on a grand scale, by joining the nationwide online service.

The Christingle Service will be on **Sunday 13th December ONLINE** at 9am.

The service will also be streamed onto Facebook and You Tube.

Further details can be found on the website – churchofengland.org/comfortandjoy The Christingle Service supports the work of The Children's Society.

FOOD BANK

We have had such an amazing response for food bank collections the last few months and we are so grateful to all who have contributed. Our next collection will be on **Sunday 6th December;** any items can be left at the Hempnall Church Office, 9am-1pm Mon-Thurs.



MILL CENTRE LUNCH DELIVERIES

The last lunches for this year will be delivered on Wednesday Wednesday 23rd December and will begin again on Wednesday 6th of January 2021. We would like take this opportunity to thank the volunteers who turn up each week to do the deliveries.

Finally, a very Merry Christmas and Happy New year and we hope 2021 will bring renewal and optimism for the future.

All Our Love, Margaret, Simon, Andy and all members of Hempnall Trust xx

JINGLE ALL THE WAY

Friends of Hempnall School have organised for Father Christmas to ride through the villages of Topcroft, Hempnall, Hempnall Green and Fritton on



Saturday 12th December from 5pm. Listen for the bells and come out onto your doorsteps for a wave as we ride past.

Please visit the 'Jingle All the Way'

Facebook event for the most up to date details (see link or scan QR Code for more information) and if you would like to donate to the FOHS Charity, any small amount is appreciated. Details will be released on the event page closer to the time - so that we adhere to the safest and most up to date Covid regulations!

A NEW QUIZ - Words, Films and Christmas Music

Something to enjoy with all the family over the Christmas period. Available now from Church Office, Mon-Thurs 9am-1pm or telephone 498157 or Pat Westley 499418. £1 each, money raised to St Margaret's Church, Hempnall. Deadline for returning the quiz is 10th January.



HEATING GRANT

Charity Registered Number : 1074433 If you are finding heating costs a real problem this year, please do apply to the Hempnall Trust for assistance. The Trust is meeting in early February and will consider applications then, and any grants issued will be sent in March 2021.

You can apply by completing a grant application form which are available from

Jackie Jackson, School View, The Street, Hempnall, Norwich. NR15 2AD

or visit our website <u>www.hempnalltrust.org.uk</u> or email jackson.jc@btinternet.com Deadline for all heating grant applications 31st January 2020.

GARDENING TIPS FOR DECEMBER

Winter frost

As we approach the shortest day of the year in December you will need work to keep you warm outside, such as digging and tree pruning. Check your winter protection and if you have a greenhouse make sure the heater is working. Hopefully there are not too many jobs left to do this year so you will have time for some fireside garden planning.

10 Jobs for this month:

- 1. Check your winter protection structures are still securely in place
- 2. Check that greenhouse heaters are working
- 3. Insulate outdoor taps and prevent ponds from freezing
- 4. Prune open-grown apples and pears (but not those trained against walls)
- 5. Prune acers, birches and vines before Christmas to avoid bleeding
- 6. Harvest leeks, parsnips, winter cabbage, sprouts and remaining root crops
- 7. Deciduous trees and shrubs can still be planted and transplanted
- 8. Take hardwood cuttings
- 9. Keep mice away from stored produce
- 10. Reduce watering of houseplants

DEFIBRILLATOR AT FRITTON A fully-automated Defibrillator (AED) has now been installed in the telephone box by the village sign on Fritton Common. It is used for suspected cardiac arrest. **The cabinet is not locked and defibrillator is ready for use now** even if you have not attended a training session. Untrained adults and children aged about 12 have used them successfully. There will a training session about it when circumstances allow, and details will be circulated when a date is fixed.

In the meantime the most important things are:

Call 999 anyway.

If you know how to do Cardio-Pulmonary Resuscitation (CPR), start CPR and apply the AED pads.





If you don't know CPR, then just use the AED. **Do not delay**. Open the defibrillator case and follow the simple voice instructions Put two pads on the chest as shown in the diagram inside the case. There are no buttons to press. The AED will do the rest, and it tells you what it is doing. **You can never cause harm**. It will not produce a shock unless its computer has worked out that one is needed.

Thank you....

THE LEMON TREE TRUST

We are so grateful to everyone who contributed to our Harvest Appeal, we have collected 186 packets of seeds which will be sent on to the charity to be distributed.

Thank you to the children of Woodton School who also made a generous contribution to our seed collection.

We also raised £282, which has been forwarded to the charity

BOOKS FOR SALE

Now Christmas is fast approaching, if you need further ideas for gifts or stocking fillers - how about buying one of our very popular Walks Books; Let's Walk, Let's Walk Again, The Parish Churches of the Hempnall Group are £2 each. The Buildings of the Hempnall Group is £15 - all available from Jill Turner 499344.





What's happening in January....

Hempnall WEA

The Autumn art history course on-line was a great success. It was easy to interact with the tutor and work together. Branch members were joined by students from other parts of Norfolk and across the country. We missed the half-time cup of tea, but most of us Zoomed in early enough to have a quick chat before sessions started. Please join us for the Spring course:

A Jolly Good Murder with popular local tutor Dr Kate Jewell Course Ref: C2227754 Starts: Wednesday 13/01/2021 at 1.00- 2.30pm Ends: Wednesday 10/03/2021 (half-term break: 17/02/2021) Fee: £38.40 for 8 sessions (Free for those on income related benefit)

Kate's course explores the rise of crime as a form of entertainment during the 19th and early 20th centuries. It starts with real life killings sensationalised by the press. Then we look at songs, penny dreadfuls and melodramas that grew from the public obsession with gruesome crimes. The course concludes in the 1920s and 30s with crime fiction from Golden Age authors such as Agatha Christie and Dorothy Sayers. Why does the public so much enjoy 'a jolly good murder'?

Enrol using your postcode and the Course Ref. at <u>www.enrolonline.wea.org.uk</u> or by phone on 0300 303 3464 (office hours).

When you enrol you will be given links to access Canvas and Zoom. Please do look at the information you are given when you enrol and register on Canvas and Zoom ahead of the first session.

The Workers' Educational Association is a charity registered in England and Wales (number 1112775) and in Scotland (number SCO39239) and a company limited by guarantee registered in England and Wales (number 2806910). Registered office: 4 Luke St, London EC2A.

BEDINGHAM 59 CLUB – LATEST WINNERS

17/10, No.46 N Eastell, 24/10, No.44 M Hooton, 31/10, No.35 F Miles, 07/11, No.44, M Hooton, 14/11 No.13 J Howman

Thank you to every member of the Bedingham 59 Club for your support his year, it has been more than ever needed and we thank you for this.

You should have hopefully had communication from us asking if you wish to subscribe again for 2021 (if you haven't please get in touch) and if you are wanting to support us again in 2021. If you haven't already done so, could you now please either put the payment through Margaret's door or if you would prefer to pay by

BACS get in touch with Rachel. There are some spare numbers so if you would like to join please also do get in touch. Wishing you all a very Merry Christmas and hoping 2021 is a happier and healthier year for us all! *Rachel 01508 499128, Margaret 482421*

Happy Birthday to....

Children Siraya Stokes who will be 3 on the 12th Neeve Cooper who will be 12 on the 28th

Teenage Edward Burrough who will be 15 on the 17th Jessica Keeler who will be 16 on the 18th Leanne Pretty who will be 17 on the 25th



From the Registers



Funeral

2nd Oct Jeanne Priest, aged 92 at Waveney Crematorium 17th Oct Fiona Clarke, aged 77 at Bedingham Church 19th Oct Judith Giffard, aged 86 at Bedingham Church



CHRISTMAS TREES FOR SALE please call Trevor Tel. 01508 482268, mobile: 07768 668571



Need Help?....

All Nos 01508 unless stated otherwise

ACRYLIC AND GEL NAILS, coming soon spray tans and eyelash extensions Alice 498655 / 07872 366756 ALINE TURNER ACA - bookkeeping, accounts, tax returns, payroll Call 550403 or 07785 528069 ARCHITECTURAL SERVICES Call Mark Woods for advice and free quotation 498805 ART WATERCOLOURS FOR BEGINNERS / IMPROVERS from JAN 2018 gill@gilly-marklew.co.uk 499070 CARPENTER Mark Whitbread Free guotations. No job too small 532605 CARPET AND UPHOL STERY CLEANING Local reasonable rates David 01379 608529 or 07768757308 CARRY ALL Supplies of quality aggregates, to trade & public free delivery no VAT 536182 or 07850402845 CHESS Teaching at all levels. Martin Walker (01508) 492471 email: martinwalker723@gmail.com CHIMNEY SWEEP-Guild of Master Sweeps-Clean & Friendly-Smoke Test/Certificates Dave 07835 757528 CHRIS BAKER TRANSPORT - Man & Van 531738 or 07821 923489 CHRIS CLARKE OIL BOILER SERVICES, servicing & breakdown repairs 07912146619 & 536573 CLEANERS R US since 2003 provide affordable friendly reliable CRB fully insured cleaners 490808 CUNNINGHAM GARAGE A range of services for all motoring needs, cars and commercials 499232 499761 DAVID HEWETT FRICS Chartered Building Surveyor CAD drawings & surveying services ELECTRICIAN Bob Turner – Domestic and Commercial Electrical Contractor 07899794813 FARM SHOP, CAFÉ & BUTCHERY, Norwich Rd, Woodton for the best Raw Milk in Norfolk 07900 814252 FEET – Corns, calluses, nail cutting and more, treated in your home 01379 676872 Wendv GARAGES TO LET. Long Stratton area, Secure, dry, insulated, power. Call Paul 07803 927303 GREENDALE GARDENING SERVICES Grass & Hedge Cutting, Fencing Andy 07802702602 / 531168 HARDWOOD LOGS Collect Hemphall £50/m3 or can deliver 07802 706826 HEMPNALL PARISH COUNCIL website address: www.hempnallpc.org KITCHEN / BATHROOM Refurb/Doors/ Skirting/ Architrave/ Flooring/ Painting Call Gary 07717 174617 LOCAL SKILLED HANDYMAN AVAILABLE only £17.50per hour Call Mike 07534694673 or 494547 NORFOLK WOODBURNERS, Hempnall. Woodburner Supplier and Installer 498393 OSTEOPATH, Cranial-accidents, back, headache. 01953 789629 e-mail reception@norfolkost.co.uk OIL, GAS HEATING AND PLUMBING SERVICES – Alan Bell 07710 515775 or 532393 PAINTER & DECORATOR Graham Bull over 25 years experience grahambull071@btinternet.com 482409 PAUL CLARRY PLUMBING & HEATING for all your requirements 07887485676 / 550519 PETER MATTHEWSON PLANT HIRE Drainage & Groundworks. Please call for info 482655 / 07850722094 PIANO LESSONS Bedingham All ages welcome Marian 482746

PROTECTIVE FACE MASKS -Local made 100% cotton £3.50 or 3 for £10 collect or post £1.25 07848463344 R.B. COPPING FUNERAL SERVICES. PORINGLAND 494434 RICH WALPOLE ROOFING, specialist in new roofs, re-roofs and leadwork 07747 784742 01986 892790/ 01502 714445 ROSEDALE FUNERAL HOME Beccles & Bungay, a family business SAFE & SOUND HYGIENE AND PEST CONTROL + garden maintenance 01379 788865 / 07809226109 SMALL LICENSED BOARDING CATTERY Established 1987 Reasonable rates 530580 S.W. CONTRACTORS Groundwork, Gardens, Fences, Patios & Hedge Trimming 495528 TREE SURGEON NTPC gualified. Alan Bell Call 532393 or 07710 515775 TUTOR Maths and Science to G.C.S.E. Contact Storm Roberts: fayre@me.com 07939 242262 VETERINARY SERVICES IN YOUR OWN HOME. Less Stress for your pet - Let Rosie come to you. 498718 482679 or 07975579292 WINDOW WONDERLAND: window cleaning services contact Sam Raynes

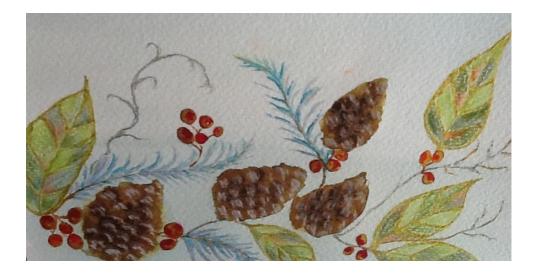
Contact us....

Liz Billett – Team Vicar 07891 854219 or 01508 482366

Church Office, open Mon-Thurs 9am-1pm 01508 498157 Our email: <u>hempnallgroup.office@btinternet.com</u> Our website: <u>www.hempnallgroup.co.uk</u>

Items for the January issue of Village News should be delivered/posted to: Group Office, The Rectory, The Street, Hempnall, NR15 2AD <u>before</u> 15th December or e-mail: <u>hempnallgroup.office@btinternet.com</u>





Wishing you a peaceful and blessed Christmas

with love

