

Village News



June 2020

Produced by The Hempnall Group of Churches

Thought for the month...

Hello Everyone

A couple of weeks ago, after some lock down restrictions were lifted, Maggie and I took a trip to Southwold. We anticipated lots of people and difficulty in parking. However, a trip to the seaside was important for us.

We arrived into an empty town and a place to park a few minutes from the pier. We walked along the sea front, past the beach huts, saw the sun glistening on the sea, smelt the salt in the air from the moderate south easterly breeze, passed dog walkers, children paddling and even one brave soul swimming – a seasonal swimmer no doubt.

We walked along the harbour, listening to the gulls squawking and over the old railway bridge into Walberswick – the quietness was overwhelming. Where there were cars, now empty spaces and wildlife. There was a take away cafe open and it was wonderful to sit on the green admiring the cottages and surroundings before walking back along the river's edge to Southwold. We even heard our first Cuckoo of the year. The fish and chip shop would be open at tea time and the bus from Lowestoft came to a halt outside the Kings Head that was spot on time.

We ate our picnic lunch by the pier. It is amazing how often it is not the big things, but the little things we miss most and take for granted.

How fortunate we are living where we do with access to so many beautiful places. Let's remember those in high rise flats, those worried about their jobs, those suffering from mental health difficulties. Also let's give thanks to our shop workers, those who collect our rubbish and others who have quietly been beavering away during this epidemic. Yet there seems a difficulty of getting going again.

I'm aware that the end of May/ beginning of June is the 80th anniversary of the Dunkirk evacuation where a flotilla of small boats evacuated over 320,000 from the beaches and the grip of the Germans. What an incredible effort by all those involved. May that 'Dunkirk Spirit' help us through our present crisis and let us take comfort from some words in psalm 29 *'the lord gives strength to his people; the lord blesses his people with peace'*.

With love.

Michael

Maggie

Our Villages.....



FOOD BANK



The Waveney foodbank are so grateful for all the donations received at this difficult time as the need for the Foodbank increases. The most popular items that are needed are: cereals, tinned soups and stew, pasta, rice and pasta sauce, tinned meat and fish, tinned beans and vegetables, tinned fruit, condiments and spices, canola and olive oil sprays. *Please check use-by dates.* Personal hygiene items would also be appreciated. Our next collection will be on **SUNDAY 7TH JUNE** any items can be left at the Hempnall Church Office at Hempnall Rectory, or tel: 01508 498157 to arrange for a collection.

LET'S HAVE SOME FUN!

Don't forget to have a go at our Breakfast Cereal Quiz in last month's Village News. The answers will be in our next issue– it will give you a bit longer to have a go!!

26-WORD GAME

Have you had a go at the 26-word game, you have to write something using each letter of the alphabet in sequence, here are just a few – why not have a go?



Abraham's brain created dangerous, enigmatic, freshly growing, heinous ideas. Jess kept less magnificent neurological opinions preternaturally queuing round Sainsbury's to unprecedented views with xenophobic young Ziggy.

A bountiful country does everything for good health in January; kingfishers live mostly near open ponds quite rightly so they usually visit when Xenophon yearly zaps

Alert:

*Big cuddly dogs eating frogs get horrible infections.
Just know, lots may **never** outwardly present quality 'ribbits'.
See this unusual, very worrying x-ray....
Yours zookeeper*

A brazen cat dumped everything from garden hedge into Jill's kitchen, letting mice naughtily onto plates quite regularly so that unbelievably voles were xylophoning your zebras.

Have a go and send us your results!

POND WILDLIFE

At this time of year, if you're lucky enough to have a wildlife pond in your garden, you may see dragonflies emerging from the water.

The larvae or nymphs as they are called overwinter in the pond, using gills to breathe.



In the Spring they emerge from the pond climbing up plant stems where the larval skins splits - stage 1,

the adult crawls out, stage 2,



pumps up its crumpled wings, stage 3, and flies away to find food and a mate.

WALKING

Some people have been keeping tabs on roughly how far they have walked over these weeks. Our individual miles added together mean we have just passed Bangkok and headed towards Kuala Lumpur, 6,113 miles!



Just pottering around at home each day would mean you walk about a mile. Why not add all our miles to the total, and see how far we have walked. Then we could sponsor or donate a sum of money and give to a local charity such as the Air Ambulance. Let Jill Turner know your mileage tel: 01508 499344 or email jillemturner@yahoo.co.uk
Please note: Our June church walk has been postponed.

PLANT SALE



My neighbour Lesley and I have been selling surplus plants at my gate on the Bungay Road, Hempnall, in aid of the East Anglian Children's Hospice. So far we have raised £60 – can you help to make it £100?

Pat Westley

The next meeting of the **HEMPNALL TOWN ESTATE EDUCATIONAL FOUNDATION** is during July 2020. Completed applications for grants by JULY 1st to Alison Harris, Clerk to the Trustees, 34 Roland Drive, Hempnall, NR15 2RB. Application forms are available in Hempnall Village Hall, Hempnall Mill Centre, Hempnall Surgery, 34 Roland Drive or by email.

Any queries or requests for forms to Alison Harris -

hteefclerk@gmail.com Tel : [01508 498258](tel:01508498258).

PLEASE NOTE - WE ARE UNABLE TO ACCEPT COMPLETED APPLICATIONS BY EMAIL

LONG STRATTON MEDICAL PARTNERSHIP

We want our patients to know that we are here for you to provide medical care when needed.

Thank you for working with us and for supporting our new ways of functioning. A big thank you too goes to those who have given us practical support by supplying us with scrub bags, hats, visors and of course those very tasty treats, really has been appreciated. Stay safe everyone. *Dr Lara Douglass*

Thank you...

DENTAL MAVERICK CHARITY

Our Lent Charity this year was the Dental Mavericks, we were able to send a donation of £521.55. Thank you so much to everyone who contributed to help raise this amazing amount.

Happy Birthday to....

Children

Tia Louise Rodger who will be 3 on the 20th



Teenage

Jake Dye who will be 18 on the 2nd

Grace Ellen Collison who will be 18 on the 5th

Ollie Woodrow who will be 13 on the 26th

BEDINGHAM 59 CLUB WINNERS

18/04 - No.26 P Mariner, 25/04 - No.36 N Goulbourn, 02/05 - No. 47 Z Ratcliffe, 09/05 - No. 59 S Osman-Davies, 16/05 - No. 34 P Nicholson

WOODTON VILLAGE HALL TOTE

April winners: £20 - No: 42 - J Garner, £10 - No: 32 - D Stennet, £5 - No: 11- B Walpole

May Winners: £20 - No: 26 - C Futter, £10 - No: 77 - C Mariner, £5 - No: 38 - I Butler

Need Help?....

All Nos 01508 unless stated otherwise

ACRYLIC AND GEL NAILS, coming soon spray tans and eyelash extensions Alice 498655 / 07872 366756

ALINE TURNER ACA - bookkeeping, accounts, tax returns, payroll Call 550403 or 07785 528069

ARCHITECTURAL SERVICES Call Mark Woods for advice and free quotation 498805

ART WATERCOLOURS FOR BEGINNERS / IMPROVERS from JAN 2018 gill@gilly-marklewo.co.uk 499070

CARPENTER Mark Whitbread Free quotations. No job too small 532605

CARPET AND UPHOLSTERY CLEANING Local reasonable rates David 01379 608529 or 07768757308

CARRY ALL Supplies of quality aggregates, to trade & public free delivery no VAT 536182 or 07850402845

CHESS Teaching at all levels. Martin Walker (01508) 492471 email: martinwalker723@gmail.com

CHIMNEY SWEEP-Guild of Master Sweeps-Clean & Friendly-Smoke Test/Certificates Dave 07835 757528

CHRIS BAKER TRANSPORT - Man & Van 531738 or 07821 923489

CHRIS CLARKE OIL BOILER SERVICES, servicing & breakdown repairs 07912146619 & 536573

CLEANERS R US since 2003 provide affordable friendly reliable CRB fully insured cleaners 490808

CUNNINGHAM GARAGE A range of services for all motoring needs, cars and commercials 499232

CURTAIN MAKER – Bespoke hand made curtains, own fabric made into quality curtains 07848 463344

DAVID HEWETT FRICS Chartered Building Surveyor CAD drawings & surveying services 499761

ELECTRICIAN Bob Turner – Domestic and Commercial Electrical Contractor 07899794813

FARM SHOP, CAFÉ & BUTCHERY, Norwich Rd, Woodton for the best Raw Milk in Norfolk 07900 814252

FEET – Corns, calluses, nail cutting and more, treated in your home Wendy 01379 676872

FLORIST – Bouquets, Sympathy, Workshops. Local delivery Victoria info@petiteverte.co.uk 07703 728738

FOOTCARE Home visits for the treatment of nails, dry skin, corns etc Ring Nicky 0771 9727581

GARAGES TO LET. Long Stratton area, Secure, dry, insulated, power. Call Paul 07803 927303

GREENDALE GARDENING SERVICES Grass & Hedge Cutting, Fencing Andy 07802702602 / 531168

HARDWOOD LOGS Collect Hempnall £50/m3 or can deliver 07802 706826

HEMPNALL PARISH COUNCIL website address: www.hempnallpc.org

KITCHEN / BATHROOM Refurb/Doors/ Skirting/ Architrave/ Flooring/ Painting Call Gary 07717 174617

LOCAL SKILLED HANDYMAN AVAILABLE only £17.50per hour Call Mike 07534694673 or 494547

NORFOLK WOODBURNERS, Hempnall. Suppliers and Hetas installers. 498393

OSTEOPATH, Cranial-accidents, back, headache. 01953 789629 e-mail reception@norfolkost.co.uk

OIL, GAS HEATING AND PLUMBING SERVICES – Alan Bell 07710 515775 or 532393

PAINTER & DECORATOR Graham Bull over 25 years experience grahambull071@btinternet.com 482409

PAINTING, DECORATING, FLOORING and floor restoration, wood painting & stripping. Seb 07821 973612

More Adverts inside back cover

PAUL CLARRY PLUMBING & HEATING for all your requirements	07887485676 / 550519
PETER MATTHEWSON PLANT HIRE Drainage & Groundworks. Please call for info	482655 / 07850722094
PIANO LESSONS Bedingham All ages welcome	Marian 482746
PLUMBER: David Millward. Over 30 years' experience all plumbing work	07763 359313 / 498005
PLUMBING, HEATING, BATHROOMS and More. Here to help with every 'Chore'. Alan	499689/07973967570
R.B. COPPING FUNERAL SERVICES, PORINGLAND	494434
RICH WALPOLE ROOFING, specialist in new roofs, re-roofs and leadwork	07747 784742
ROSEDALE FUNERAL HOME Beccles & Bungay, a family business	01986 892790/ 01502 714445
SAFE & SOUND HYGIENE AND PEST CONTROL + garden maintenance	01379 788865 / 07809226109
SMALL LICENSED BOARDING CATTERY Established 1987 Reasonable rates	530580
S.W. CONTRACTORS Groundwork, Gardens, Fences, Patios & Hedge Trimming	495528
TREE SURGEON NTPC qualified. Alan Bell	Call 532393 or 07710 515775
TUTOR Maths and Science to G.C.S.E. Contact Storm Roberts: fayre@me.com	07939 242262
VETERINARY SERVICES IN YOUR OWN HOME. Less Stress for your pet - Let Rosie come to you.	498718
WINDOW WONDERLAND: window cleaning services contact Sam Raynes	482679 or 07975579292

Contact us....

Michael Kingston – Team Rector 01508 498157

Liz Billett – Team Vicar 07891 854219

Church Office, open Mon-Thurs 9am-1pm 01508 498157

Our website: www.hempnallgroup.co.uk

Please note our Village News is available on our website -
address as above.

Items for the July issue of Village News should be
delivered/posted to:
Group Office, The Rectory, The Street, Hempnall, NR15 2AD
before 15th June
or e-mail: hempnallgroup.office@btinternet.com