

Village News



May 2020

Produced by The Hempnall Group of Churches

Thought for the month...

Hello Everyone

Here we are in the fifth week of these strange and challenging times where many of our freedoms have been taken away. Lock down, we are told, will be reduced, but it is going to be some time before normality, whatever this will return.

There is a lot of bleak and dismal news. We thought it would be a good idea to mention some good news stories:

People's houses have been decorated with rainbows, all different shapes and sizes. This started in Suffolk, an idea from Italy, and represents happiness, hope and togetherness.

Emily Caffrey, seven, who has cerebral palsy walked 10 miles for the NHS.

6 month old Erin has open heart surgery, but also contracted Coronavirus, she is making good progress – cheered and clapped by medical staff.

The All Hallows Trust has donated a significant sum of money to The Priscilla Bacon Lodge Appeal to build a new hospice at the Norfolk and Norwich Hospital. The donation has resulted in the appeal reaching its half way stage. Thank you.

Do stay safe, look after yourselves and be uplifted by the words of Joshua as he was to take over from Moses and lead the people into the promised land: 'Be strong and courageous. Do not be terrified, do not be discouraged for the Lord your God will be with you.' Joshua 1:9

We hope to resume Village News in its usual format as soon as practically possible.

Don't count the days, make the days count! With love.

Michael

Wiz

Let's have some fun!!!

Breakfast cereals quiz

1. Kim the most important of them all?	
2. Tear up and then it goes	
3. French designer's dad	
4. Grain perhaps for Hoy and Pukka	
5. Add nine to small bill	
6. Broken corn	
7. Many snowmen	
8. Lyra's tool loses direction but gains information	
9. Au revoir and goodbye	
10. EARN FLOCKS	
11. Half century for Greene, Swann and Norton?	
12. Tail end of tall numb veteran	
13. RIFF TURBINE	
14. Apple rings?	
15. Black cat and horseshoe	
16. This Lord smokes	

17. Not smooth -Brazil?	
18. Black raven tells all	
19. Horse feed peels	
20. Initially a long path, ending nowhere	

Things to look and listen out for on a walk....

A spider's web	Blossom on a tree
A dandelion clock	A letter box
A bird on a wire	A white flower
A shadow bigger than you	A butterfly
A five-bar gate	A hole in a tree
A bird singing in a tree	Bluebells
A doc leaf	A Hedge with 3 differ types of leaf in it
The number 3	A triangle
Something metal	A rainbow

FROM A GARDEN IN TOPCROFT

Last week we saw the following birds:

- *Blue Tits *Chaffinches *Collared Doves *Blackbirds
- *Dunnocks *Greater Spotted Woodpecker *Great Tits
- *Greenfinches *Goldfinches *House Sparrows *Pheasants
- *Robin *Starling *Wren

In the field at the back of the house we also have a pair of Greylag Geese,

a pair of Red-legged Partridge and Skylarks. Circling overhead we see Buzzards

What birds do you see?



Our Villages.....

FOOD BANK

The Waveney foodbank are desperately in need, as more and more people turn to the Food Banks at this time. Any help we can give is very much appreciated – every little helps! Our next collections will be on **SUNDAY 3rd MAY** and **SUNDAY 7TH JUNE** any items can be left at the Hempnall Church Office.



Adapting to change is something we have all had to do as individuals and businesses. **THE KING'S HEAD WOODTON** have sold off their beer, from the proceeds have collected £140, at the time of writing. Tracey and Bob, are donating the monies to the NHS. They are now offering take away meals on Thursdays and Saturdays.

As we enter our sixth week of self isolation and/or social distancing we have to remain positive and seek help if needed.

Coronavirus has changed all our lives in so many ways, affecting vulnerable people the most. The government has been stretched to provide support for businesses and individuals and our local councils have set up structures to help local communities. But by far the biggest scope to give help is through informal local effort.

In our area, we have set up a WhatsApp Group of Neighbours to offer support for shopping, information, advice and a bit of fun. Those needing help with shopping or collecting medication have been able to let us know. Availability of supermarket delivery slots has been shared as well as excess food stock available to share. But also fun things like setting a daily challenge of photographing plants coming out in the garden and sending them to each other and nominating someone to do the same the next day. 'Dad' jokes appear or antics of pets.



Many more people are taking a healthy walk or cycle each day. I have found there is a very good App called 'Picture This' on smartphones which identifies plants within seconds. Ideal when walking in the countryside if you are interested in wild flowers. Please stay safe and well.

HEMPNALL MILL CENTRE

Simon, the Chef at Hempnall Mill Centre is busy cooking meals for people in the community and volunteer drivers are carrying out deliveries to people, 30 meals are being delivered on Wednesdays and Thursdays.

NEWS FROM TOPCROFT

Spring is here. Fresh shoots on trees and shrubs. So many shades of green, so much to see. Primroses, bluebells, wood anemones, cowslips and listening to the dawn chorus. A delicate re-awakening of life.

Now in these difficult times, anxious times for the wonderful people who are taking care of us in many different ways. These are the people who with dedication and stoic courage keep our country going.

Do we stand outside at 8pm every Thursday evening? You bet we do, with heartfelt thanks, we clap, we shout our appreciation. We bang our saucepan lids and we pause to hear the sound drifting along Topcroft Street and beyond.

We thank God for where we live, in a relatively safe environment. We look after each other in many different ways.

Many have commented on how life for them has changed. The pace has slowed giving time to notice so many different things, and to see the things our countryside has to offer.

The anxiety of everyday busyness and the stress of achieving so much in a day are slowly subsiding.

Now they can take stock, re-evaluate what is really important in their lives. To stop and listen and be kind to each other. Keep safe.

TOPCROFT OPEN GARDENS

Sunday 24th and Monday 25th May. Unfortunately, this event has been cancelled.

CHURCH WALK

A new date has been arranged for the walk scheduled for 31st May, this will now take place on **Sunday 6th September.**



How thrilled I was to have this “angel choir” singing songs of praise on Mothering Sunday. Their beaming smiles were worth more than gold! The day was suddenly brightened and more bearable. *Yvonne Davy*

(This was before lock-down and social distancing and all safety precautions were taken)

HARDWICK

That Monday in March felt very strange;
when we learned just how much our life was to change.

The overnight loss of our freedom seemed grim;
no school, no gym, no friends, no swim.

Queues in the shops, not a bean to be seen,
hugs with our loved ones, lost to a dream,
Holiday cancelled, big birthday postponed,
but is there some gain to this time we've been loaned?

We've seen stages of spring that so often pass by;
daffodils to bluebells; larks in the sky,

We've walked and we've talked and we've laughed and we've ridden;
discovering joys so easily hidden.

We're finding home school can be lots of fun;
when else can times tables be learnt in the sun?

Our garden is blooming – the first time in ages;
time to observe newt life-cycle stages,

Though news can be dark, there is much to inspire;
doctors and nurses who work and don't tire.

Captain Tom walking, and songs being sung;
humanity learning to value each one.

Most precious of all is the hope that is given,
in Jesus, our Lord when our sins are forgiven,

Though churches were closed, Easter is real;
a God who will keep in this current ordeal.

Jonathan & Hannah

If anyone is interested, we have an informal church event via Zoom each Sunday at 4pm. Please send us a text or give us a ring if you would like to join us (07801 355758).



HEMPNALL CINEMA CLUB



At this time, until we get through the current period we will not be meeting for our film nights.

Ned and the organisers would like to say a heartfelt thank you to all of the Patrons who have regularly supported us. Over the past 9 years, after paying our Film hire and running costs the residue has been put into our charity account, from which we

have been able to help local causes. We have sent £1,000 to the Norfolk and Norwich University Hospital Charity Fund to help provide for Personal Protection needs for the doctor/nurses and support staff at the hospital.

Thanks to all who helped to make this possible by supporting our Cinema Club.

A MESSAGE FROM CHRISTIAN AID

Christian Aid Week is NOT cancelled!

This year's Christian Aid Week will undoubtedly be a different experience, but we know supporters like you will do all you can to make it the same life-changing and joyous week we've run since 1957. In fact, **now more than ever our gifts, prayers and action are desperately needed.** However, in-person events, such as house-to-house collections and Big Brekkies will not go ahead this year.

We are moving Christian Aid Week online! We have some exciting ways to help you join together in fun and fellowship as a community this May.

Deliver an e-envelope

You can't put real envelopes through letterboxes this year, but you can deliver them to inboxes! We are creating an **e-envelope** that you can send by email, as well as share on social media. You can send a personalised message (see below) and will be able to find out how much your e-envelope has raised.

Help us raise vital funds for Christian Aid Week by sending your friends and family a personalised message in an **e-Envelope**. It's easy to use – just go to <http://envelope.christianaid.org.uk>, create your message and send it by email or share the link on social media. If you're viewing the envelope on mobile, you can also share the envelope to your favourite WhatsApp friends and groups!

<https://www.christianaid.org.uk/appeals/key-appeals/christian-aid-week>

LONG STRATTON MEDICAL PARTNERSHIP - Tel: 01508 530781 As I write this in early April we are in the midst of the Covid-19 pandemic which has impacted hugely on all of our lives. The NHS, indeed the country as a whole, is under a huge strain and at the surgery we have had to significantly change the way we work to keep our patients and ourselves safe. You will be aware that we have shifted our workload to remote working via telephone or video consultation wherever possible and have made practical changes to our working practices to keep people safe when attending for necessary face to face appointments or collecting medications.

We would like to thank our patients for their overwhelming support during this very difficult time. We are all continuing to adapt to rapid changes and by the time you read this I am sure the situation will have changed again. It has been wonderful to receive so many messages of support and thanks. It made such a big difference to staff morale, especially when we were all working during the very early days before and during the lockdown. Thank you to those who have offered practical support for medication deliveries. We have also received practical help for example provision of masks and protective visors from local school and companies from which we are very grateful.

Dr Lara Douglass

Message from our Patient Participation Group

We hope to bring you our “Heart Heath” evening later in the year, date to be arranged.

SUMMER'S ON ITS WAY As bulbs fade and herbaceous borders grow in leaps and bounds, it is now clear that summer is approaching. Sowing and planting out bedding can begin, depending on regional weather variations, and you can take softwood cuttings. It's also time to get back into the lawn mowing regime, as the lawn will be loving the warmer temperatures this month brings

Top 10 jobs this month

1. Watch out for late frosts. Protect tender plants
2. Earth up potatoes, and promptly plant any still remaining
3. Plant out summer bedding at the end of the month
(except in cold areas)
4. Water early and late to get the most out of your water, recycle water when possible
5. Regularly hoe off weeds
6. Open greenhouse vents and doors on warm days
7. Mow lawns weekly
8. Check for nesting birds before clipping hedges
9. Lift and divide overcrowded clumps of daffodils and other spring-flowering bulbs
10. Watch out for viburnum beetle and lily beetle grubs



WOODTON UNITED FOOTBALL CLUB

Would you be willing to help run a successful club and continued the work already done by the current management team.

It is the first club in Norfolk F.A. to be L.G.B.T. affiliated. With good sponsors.

If you would like to know more about the club and positions please feel free to contact us on: woodton.united@gmail.com or call on 07753 831689

Happy Birthday to....

Beth Todd who will be 18 on the 18th

Archie Wood who will be 15 on the 26th



Thank you...

JULIE PARKER AND FAMILY

Thanks to all who sent cards and messages during Roger's illness and passing. The good wishes we received made us realise just how many friends and family helped us out at such a sad time.

Also, special thanks to all those who wrote and read tributes to Roger, you made his funeral such a special occasion.

Love to you all *Julie, Simon, Richard & Sue*

BEDINGHAM 59 CLUB WINNERS

15/02 - No 18. Loames, 22/02 - No 17. T Gunson, 29/02 - No 09. P Clitheroe, 07/03 - No 42. A Binks, 14/03 - No 14 B Stennett, 21/03 - No 41. J Felton, 28/03 - No 11. N Taylor, 04/04 - No 25. D Brinded, 11/04 - No 50. J Read

From the Registers.....



Funerals

3rd April Melvyn Gooch, aged 75 at St Faith's Crematorium

15th April Rex Pechey, aged 93 at Earlham Crematorium

22nd April Carol Whiteland, aged 67 at Hempnall Church

23rd April Sidney (Stevie) Stevens, aged 98 at Hempnall Church

Need Help?....

All Nos 01508 unless stated otherwise

ACRYLIC AND GEL NAILS, coming soon spray tans and eyelash extensions Alice 498655 / 07872 366756

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GREENDALE GARDENING SERVICES Grass & Hedge Cutting, Fencing Andy 07802702602 / 531168

HARDWOOD LOGS Collect Hempnall £50/m3 or can deliver 07802 706826

HEMPNALL PARISH COUNCIL website address: www.hempnallpc.org

KITCHEN / BATHROOM Refurb/Doors/ Skirting/ Architrave/ Flooring/ Painting Call Gary 07717 174617

LOCAL SKILLED HANDYMAN AVAILABLE only £17.50per hour Call Mike 07534694673 or 494547

NORFOLK WOODBURNERS, Hempnall. Suppliers and Hetas installers. 498393

OSTEOPATH, Cranial-accidents, back, headache. 01953 789629 e-mail reception@norfolkost.co.uk

OIL, GAS HEATING AND PLUMBING SERVICES – Alan Bell 07710 515775 or 532393

PAINTER & DECORATOR Graham Bull over 25 years experience grahambull071@btinternet.com 482409

PAINTING, DECORATING, FLOORING and floor restoration, wood painting & stripping. Seb 07821 973612

More Adverts inside back cover

PAUL CLARRY PLUMBING & HEATING for all your requirements	07887485676 / 550519
PETER MATTHEWSON PLANT HIRE Drainage & Groundworks. Please call for info	482655 / 07850722094
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WINDOW WONDERLAND: window cleaning services contact Sam Raynes	482679 or 07975579292

Contact us....

Michael Kingston – Team Rector 01508 498157

Liz Billett – Team Vicar 01508 482366

Church Office, open Mon-Thurs 9am-1pm 01508 498157

Our website: www.hempnallgroup.co.uk

Please note our Village News is available on our website -
address as above.

Items for the June issue of Village News should be
delivered/posted to:
Group Office, The Rectory, The Street, Hempnall, NR15 2AD
before 15th May
or e-mail: hempnallgroup.office@btinternet.com