

Village News



September 2020

We are currently not delivering hard copies of the Village News to each house in our villages. If you have any friends or neighbours in our parishes who you know would like to receive an emailed copy- please send email details to the office: hempnallgroup.office@btinternet.com

Produced by The Hempnall Group of Churches

Thought for the month...

Hello Everyone

For some years I had the privilege of sometimes acting as Duty Chaplain at Norwich Cathedral; occasionally I came across children looking quite bored – not everyone enjoys being dragged round historic buildings when they are on holiday!

So I would go up to them and say “Have you seen our cat?”

“Do you have a cat in here?” they would ask.

“Oh yes, we have a cat. Let’s see if we can find him.”

And off we would go, and there in the beautiful stained-glass window we would find our cat – or rather Mother Julian’s cat.

Mother Julian was an anchorite, a holy woman, living in total isolation here in her cell in Norwich in around 1400. Her only companion was her cat.

Many people living alone during lockdown will have known, as Mother Julian did, the comfort of having a pet.

And so this month our poem written by an Irish monk in the 9th Century is a thank you to God for giving us our four-legged companions, especially during these difficult times.

With love

The Revd Keith James



PANGUR BAN *written by an Irish Monk in the 9th Century*

I and Pangur Ban my cat,
'Tis a like task we are at;
Hunting mice is his delight
Hunting words I sit all night...
'Tis a merry thing to see
At our tasks how glad are we,
When at home we sit and find
Entertainment to our mind...
'Gainst the wall he sets his eye,
Full and fierce and sharp and sly;
'Gainst the wall of knowledge I
All my little wisdom try...
So in peace our tasks we ply.
Pangur Ban, my cat and I;
in our arts we find our bliss
I have mine, and he has his.



Translated from Gaelic by Robin Flower

Public Notice from Norfolk County Council:



CORONAVIRUS

**GOT SYMPTOMS?
GET TESTED NOW**

**Play your part. Protect you friends and family.
Do not leave home, except to get a test.
Find out how to get a test at
nhs.uk/coronavirus or call 119**

PROTECT OURSELVES. PROTECT OTHERS. PROTECT NORFOLK.

FOOD BANK

We have had such an amazing response for food bank collections the last few months and we are so grateful to all who have contributed. Our next collections will be on **SUNDAY 6th September and SUNDAY 4th October**; any items can be left at the Hempnall Church Office, 9am-1pm Mon-Thurs or tel: 01508 498157 to arrange for a collection.



WALKS IN SEPTEMBER



Sunday 6th September 2.00pm, we will meet at Lopham Fen, Norfolk Wildlife Trust. Lopham and Redgrave Fen offer beautiful countryside along the river Waveney, and varying habitat for wildlife, grazing cattle and Konik ponies.

Walks vary in length from 4.5miles to 1 mile and it's all flat, so there is something for everyone. It may be wet underfoot in places. Then come and rest up for tea at The Rectory, 26 Mount Street, Diss IP22 4QG. If you are hoping to come please let Jill Turner know - 01508 499344. Do bring your binoculars.

Thursday 17th September, at Reydon/Southwold

Following the success of last year's walk in Sheringham, we thought another out of area walk would be a good idea, This year's walk will take place starting at 11am on Thursday 17th September meeting at the Old Hall Farm Cafe, Halesworth Road, Reydon, Southwold IP18 6SG. The plan is to walk some of the farm trails along the River Blyth and include some of the footpaths in Southwold before returning to the cafe for lunch. Please could you let David and Josephine (530453) know by 10th September if you are planning to join us, so we can let the Cafe know what number of people to expect.

SPONSORED, BIKE, WALK, DRIVE



Saturday 12th September 2020, 9am-5pm.

In the Norfolk Countryside – over 600 churches and chapels to visit near you!

A fun day out for all, stopping off at as many churches in Norfolk as you can.

We will be supporting with tokens to be collected from our church porches.

For more information see: norfolkchurchestrust.org.uk/bike-ride

HARVEST IN THE HEMPNALL GROUP

Our Harvest Charity is The Lemon Tree Trust



Amal and Ram Mourad live in a refugee camp in Syria. Amal says, *“My garden is my life. Gardens are important they keep the desert out. Honeysuckle spreads scent to the neighbours and they enjoy it too. When we look at our garden we feel better. The green*

relaxes our children. I grow mint and lettuce to share with my neighbours. The garden gives me a sense of peace.

The Lemon Tree Trust www.lemontreetrust.org is a charity that seeks to transform refugee camps through the provision of seeds and plants for people to grow in their plot. The Trust pilots agricultural businesses and garden initiatives creating employment, a sense of dignity and purpose in life. Something we all need.

The Trust has a shortage of flower and vegetable seeds.

There are keen gardeners in refugee camps willing to try anything.

Favourites include: courgette, broad beans, salad crops, radish, chard, tomatoes, sweetcorn, carrots, leafy herbs (parsley, coriander etc), rocket plus all manner of ornamentals including snapdragons, violas, petunias, sunflowers, zinnias, lavender, geraniums, hollyhocks, mint, rosemary and thyme. Some gardeners are bee keepers, so anything you have for pollinators would be great.



Can we help them by collecting seeds, our own seeds or seed packets? If you do have any, please drop them off at Hempnall Rectory. As our harvest approaches wouldn't it be wonderful to help a harvest in another part of the world.

If you would like to support this charity please give either by:

a coin donation of £1 or £2, £ notes, a cheque (made out to Hempnall Group of Churches) in an envelope and leave at Hempnall Church office clearly marked 'The Lemon Tree Trust.'
Or pay by BACS transfer, please phone the office for details
– 01508 498157.

OUR SEPTEMBER SERVICES

Please let us know if you are hoping to attend any of our September Services, as we have limited seating in our churches, to adhere to Government guidelines

September 6th 10.00am Iona Eucharist at Topcroft Church

September 13th 9.30am Eucharist at Woodton Church
11.00am Harvest Thanksgiving at Morningthorpe Church

September 20th 9.30am Harvest Thanksgiving at Hempnall Church
11.00am Harvest Thanksgiving at Shelton Church
11.00am Eucharist at Topcroft Church

September 27th 9.30am Harvest Thanksgiving at Bedingham Church
11.00am Harvest Thanksgiving at Topcroft Church
11.00am Eucharist at Fritton Church

October 4th 10.00am Eucharist at Hempnall Church

HEMPNALL VILLAGE HALL IS OPENING AGAIN!

The Committee is glad to announce the opening of Hempnall Village Hall from **1st September**. Covid 19 rules will be strictly adhered to as we begin to slowly go forward in a more limited way and try to get back to “normal”. The timetable will need to be adjusted to allow for extra cleaning and less space availability but we hope our users will, once again, enjoy our wonderful facilities. For now we are opening for our regular users only and not allowing private bookings for the foreseeable future. However, we look forward to welcoming back private bookings as soon as we are able to. Bookings clerk Liz Bootman can be contacted on 01508 498750



Hempnall WEA via Zoom

ART AND SOCIETY IN 19TH CENTURY BRITAIN

Tutor Prasannajit de Silva. **Course Ref: C2227563**

Please join us to explore how British artists engaged with the huge social, political and technological changes of the 19th century. We shall be talking about painting, photography, printing and the applied arts. Major artists covered will include Turner, the Pre-Raphaelites, Frith, Whistler, Morris and Pugin.

**Wednesdays 1-2.30pm on Zoom
30th September – 18th November
(half-term break 28th October)**

Seven online sessions

Fee £33.60 (free to those on benefits)

For more local information phone 01508 500979.

WEA via Zoom from Saxlingham Nethergate

WILDLIFE AND HISTORY OF THE RUSSIAN FAR EAST: Tutor David Pryn

Discover a beautiful and little known part of the world.

Course Ref: C2227493

Thursdays 1 – 2.30 pm on Zoom

24th September – 26th November (Half term break 29th October)

Nine online sessions

Fee £43.20 (free to those on benefits)

For more information please call Cathy (01508 499126) or Harriet (499667).

Enrol for either course using your postcode and the Course Ref. at www.enrolonline.wea.org.uk or by phone on 0300 303 3464 (office hours).

When you enrol you will be given the necessary information to access the Zoom sessions.

The Workers' Educational Association is a charity registered in England and Wales (number 1112775) and in Scotland (number SC039239) and a company limited by guarantee registered in England and Wales (number 2806910). Registered office: 4 Luke St, London EC2A.



CHRISTMAS SHOE BOXES - OPERATION CHRISTMAS CHILD

The mission of Operation Christmas Child is to show God's love in a tangible way to children in need around the world, and together with the local church worldwide, to share the Good News of Jesus Christ.

A small shoebox can have a big impact. What goes into the box is fun, but what comes out of it is eternal. Be a part of changing children's lives all over the world through the power of a simple gift with Operation Christmas Child.

We will be collecting shoe boxes again this year, boxes are available from the church office.

GARDENING TIPS FOR SEPTEMBER



Late summer progresses into autumn:

September is generally a cooler, gustier month than August and the days are noticeably shorter. While there's not as much to do in the ornamental garden at this time of the year, if you have a fruit or vegetable patch, you'll be busy reaping the rewards of harvest. It's also time to get out and start planting spring-flowering bulbs for next year and you can collect seeds for next summer's colour too.

Make the most of the remaining warmth while you can!

TOP TEN TIPS

1. Divide herbaceous perennials
2. Pick autumn raspberries
3. Collect and sow seed from perennials and hardy annuals
4. Dig up remaining potatoes before slug damage spoils them
5. Net ponds before leaf fall gets underway
6. Keep up with watering of new plants, using rain or grey water if possible
7. Start to reduce the frequency of houseplant watering
8. Clean out cold frames and greenhouses so that they are ready for use in the autumn
9. Cover leafy vegetable crops with bird-proof netting
10. Plant spring flowering bulbs



THANK YOU

Thank you to everyone who helped us in donating £1,020 to **East Anglian Air Ambulance**. We sent our donation off and Air Ambulance said please pass on particular thanks to the 45 stalwarts who walked that staggering distance in miles – which was an average of 213 miles each!! “Your kind donation will make a big difference in helping us to save lives at this critical time”.

TWAM ~ Tools with a Mission

When our dear friend Keith Lane died Brian was glad to take over as local collector for tools.

If in your shed you have tools that you haven't used for a long time and keep meaning to tidy up or clear out maybe tomorrow! Twam could be your answer. This is a charity based in Ipswich that collects donated tools, refurbish and sorts them into trade kits and sends them across the world for livelihood creation. They also take sewing machines knitting accessories, & haberdashery & IT equipment.

WIN WIN you have a tidy shed and people the other side of the world have a means of making a living, lifting their families out of poverty

If you feel you could help just give Brian Cutting a ring on 01508 499600.

Or email us on jjune@btinternet.com For more information visit www.twam.uk

Happy Birthday to....

Children:

Abigail Gray who will be 8 on the 10th

Samuel Alexander Johnson who will be

12 on the 21st

Daisy Gosling who will be 11 on the 24th



Teenage

Jasmine Pretty who will be 18 on the 15th

BEDINGHAM 59 CLUB – LATEST WINNERS

18/07 - No.30, B Fennell, **25/07** - No. 15, J Felton, **01/08** - No. 22, R Hadnam,

08/08 - No. 41, J Felton, **15/08** - No. 21, C Youngs

WOODTON VILLAGE HALL TOTE

June winners: £20 - No: 78 - M Day , £10 - No: 31 - C Warner,

£5 - No: 34- M Chapple

July Winners: £20 - No: 70 - M Phillips , £10 - No: 60 - S Rayner,

£5 - 11- B Walpole

August Winners: £20 - No: 43 - R Hebden, £10 - No: 86 - S Webb,

£5 - No: 45 L Rogers

From the Registers

Funerals



5th Aug Jill Tyler, aged 87 at Hardwick Church and
Earlham Crematorium

12th Aug Bill Clutten, aged 89 at Woodton Church

**Why not purchase one (or both) of our books and
enjoy some lovely walks in the area!**



**Let's Walk
COST: £2.00**

**Let's Walk
Again
COST: £2.00**



These are available from Hempnall Church Office
01508 498157

We are currently working on Book 3 – watch this space.....

Need Help?....

All Nos 01508 unless stated otherwise

- ACRYLIC AND GEL NAILS, coming soon spray tans and eyelash extensions Alice 498655 / 07872 366756
- ALINE TURNER ACA - bookkeeping, accounts, tax returns, payroll Call 550403 or 07785 528069
- ARCHITECTURAL SERVICES Call Mark Woods for advice and free quotation 498805
- ART WATERCOLOURS FOR BEGINNERS / IMPROVERS from JAN 2018 gill@gilly-markle.co.uk 499070
- CARPENTER Mark Whitbread Free quotations. No job too small 532605
- CARPET AND UPHOLSTERY CLEANING Local reasonable rates David 01379 608529 or 07768757308
- CARRY ALL Supplies of quality aggregates, to trade & public free delivery no VAT 536182 or 07850402845
- CHESS Teaching at all levels. Martin Walker (01508) 492471 email: martinwalker723@gmail.com
- CHIMNEY SWEEP-Guild of Master Sweeps-Clean & Friendly-Smoke Test/Certificates Dave 07835 757528
- CHRIS BAKER TRANSPORT - Man & Van 531738 or 07821 923489
- CHRIS CLARKE OIL BOILER SERVICES, servicing & breakdown repairs 07912146619 & 536573
- CLEANERS R US since 2003 provide affordable friendly reliable CRB fully insured cleaners 490808
- CUNNINGHAM GARAGE A range of services for all motoring needs, cars and commercials 499232
- DAVID HEWETT FRICS Chartered Building Surveyor CAD drawings & surveying services 499761
- ELECTRICIAN Bob Turner – Domestic and Commercial Electrical Contractor 07899794813
- FARM SHOP, CAFÉ & BUTCHERY, Norwich Rd, Woodton for the best Raw Milk in Norfolk 07900 814252
- FEET – Corns, calluses, nail cutting and more, treated in your home Wendy 01379 676872
- FLORIST – Bouquets, Sympathy, Workshops. Local delivery Victoria info@petiteverte.co.uk 07703 728738
- FOOTCARE Home visits for the treatment of nails, dry skin, corns etc Ring Nicky 0771 9727581
- GARAGES TO LET. Long Stratton area, Secure, dry, insulated, power. Call Paul 07803 927303
- GREENDALE GARDENING SERVICES Grass & Hedge Cutting, Fencing Andy 07802702602 / 531168
- HARDWOOD LOGS Collect Hempnall £50/m3 or can deliver 07802 706826
- HEMPNALL PARISH COUNCIL website address: www.hempnallpc.org
- KITCHEN / BATHROOM Refurb/Doors/ Skirting/ Architrave/ Flooring/ Painting Call Gary 07717 174617
- LOCAL SKILLED HANDYMAN AVAILABLE only £17.50per hour Call Mike 07534694673 or 494547
- NORFOLK WOODBURNERS, Hempnall. Woodburner Supplier and Installer 498393
- OSTEOPATH, Cranial-accidents, back, headache. 01953 789629 e-mail reception@norfolkost.co.uk
- OIL, GAS HEATING AND PLUMBING SERVICES – Alan Bell 07710 515775 or 532393
- PAINTER & DECORATOR Graham Bull over 25 years experience grahambull071@btinternet.com 482409
- PAINTING, DECORATING, FLOORING and floor restoration, wood painting & stripping. Seb 07821 973612

More Adverts inside back cover

PAUL CLARRY PLUMBING & HEATING for all your requirements	07887485676 / 550519
PETER MATTHEWSON PLANT HIRE Drainage & Groundworks. Please call for info	482655 / 07850722094
PIANO LESSONS Bedingham All ages welcome	Marian 482746
PLUMBER: David Millward. Over 30 years' experience all plumbing work	07763 359313 / 498005
PLUMBING, HEATING, BATHROOMS and More. Here to help with every 'Chore'. Alan	499689/07973967570
PROTECTIVE FACE MASKS -Local made 100% cotton £3.50 or 3 for £10 collect or post £1.25	07848463344
R.B. COPPING FUNERAL SERVICES, PORINGLAND	494434
RICH WALPOLE ROOFING, specialist in new roofs, re-roofs and leadwork	07747 784742
ROSEDALE FUNERAL HOME Beccles & Bungay, a family business	01986 892790/ 01502 714445
SAFE & SOUND HYGIENE AND PEST CONTROL + garden maintenance	01379 788865 / 07809226109
SMALL LICENSED BOARDING CATTERY Established 1987 Reasonable rates	530580
S.W. CONTRACTORS Groundwork, Gardens, Fences, Patios & Hedge Trimming	495528
TREE SURGEON NTPC qualified. Alan Bell	Call 532393 or 07710 515775
TUTOR Maths and Science to G.C.S.E. Contact Storm Roberts: fayre@me.com	07939 242262
VETERINARY SERVICES IN YOUR OWN HOME. Less Stress for your pet - Let Rosie come to you.	498718
WINDOW WONDERLAND: window cleaning services contact Sam Raynes	482679 or 07975579292

Contact us...

Michael Kingston – Team Rector 01508 498157
Liz Billett – Team Vicar 07891 854219

Church Office, open Mon-Thurs 9am-1pm 01508 498157
Our website: www.hempnallgroup.co.uk

Please note our Village News is available on our website -
address as above.

Items for the October issue of Village News should be
delivered/posted to:
Group Office, The Rectory, The Street, Hempnall, NR15 2AD
before 15th September
or e-mail: hempnallgroup.office@btinternet.com